### Social Security Disability

Who Gets It, Why, And Where It's Going

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### Agenda

- Applying for Social Security Disability
- Disability Criteria
- Why people are denied
- Working while being on SSI/SSDI
- Reviews of Disability Status
- Cultural Considerations
- Toughening Climate for Disability
- Tips and Strategies

# Applying for Social Security Disability



### True or False?

1. Applying for Social Security Disability is easy, requiring minimal paperwork.



### Answer

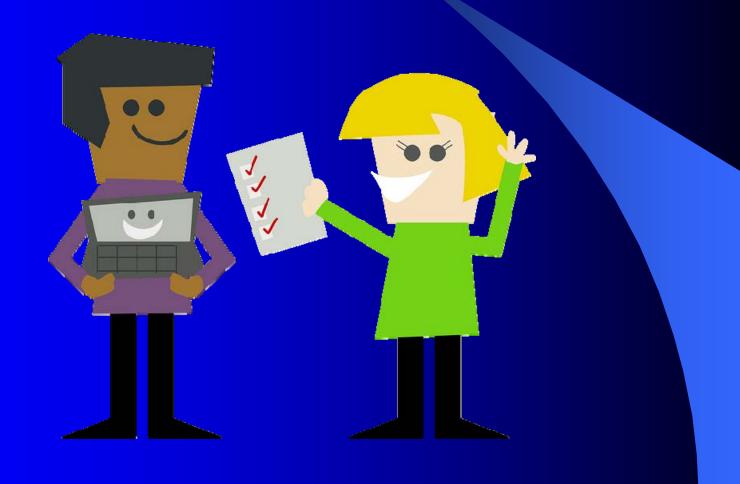
1. Filing for Social Security Disability is easy, requiring minimal paperwork? FALSE



## Filing for Social Security Disability

- Application (initial and reconsideration)
  - 4 months to 1 year to get decision
- Hearing in front of judge
  - 12 months to 16 months
     to get decision

### Disability Criteria



# True or False ?

 Having a diagnosis of a serious condition is enough to qualify for disability.

Age makes no difference in qualifying for disability.

### Answers

1. Having a diagnosis of a serious condition is enough to qualify for disability.

#### **FALSE**

2. Age makes no difference in qualifying for disability.





### Criteria for Disability

- Must have a severe mental or physical condition that prevents you from working full time for 12 months or more.
  - Gross income has to be less than about \$1,000/month.
  - Easier to get disability at age 50 or 55

# Reasons People Are Denied



### Denial True or False



- You can get disability for having a drug or alcohol problem.
- Seeing your doctor or therapist only on a yearly basis is ok.
- 3. A doctor's notes can make the difference in winning a Social Security case.

### Denial Answers

- 1. You can get disability for having a drug or alcohol problem? FALSE
- Seeing your doctor or therapist only on a yearly basis is ok. FALSE
- A doctor's notes can make the difference in winning a Social Security case. TRUE

### Reasons For Denial

- Condition is not severe enough.
- Drug or alcohol use.
- Not following through with the Social Security Disability process properly.

Reasons for Denial, lack of documentation

- Lack of documentation
  - No diagnosis.
  - Not seeing your doctor or therapist enough.
  - Not taking prescribed medications.
  - Lack of proper evaluations.
  - Not reporting symptoms.
  - Not reporting how disability is affecting daily life.



## Reasons for Denial, lack of documentation continued

- Household changes
- (for SSI only)
- Jail or prison
- Leaving the country
- (for SSI only)
- Unable to locate/address changes
- Earning too much
- Lack of documentation





### Qualifying for Medicare



#### SSDI and Medicare

SSDI recipients are eligible for Medicare 2 years after the first month they are eligible for their monthly disability benefits.

Note: this is for SSDI cases only. SSI clients are not eligible for Medicare.

# Working While On SSI/SSDI



### Working True or False



 You can't work and get disability at the same time.

 If I start working again, my disability payments will stop.

### Working Answers

 You can't work and get disability at the same time. FALSE

 If you start working again, your disability payments will stop. FALSE

### Working

- Trial Work Period Social Security has special rules on testing your ability to work while receiving disability payments.
- Gross earnings need to be less than \$1000/month.
- If you want to return to work, try gradually increasing your hours.



# What you need to know about Continuing Disability Reviews

 Disability reviews can be about every 18 months to 7 years.

- Termination Hearings
  - Hearing is in front of a disability officer.
  - Payments can continue while you're waiting for a decision (but you'll have to repay if denied).

### **Cultural Considerations**

- SSI generally for citizens only.
   Refugees/asylees can qualify for 7 years from date of entry.
- Some permanent residents are eligible for SSI based on their work history and/or their spouse's work history.



#### Other Considerations

Proving disability for persons of color or immigrant communities are a challenge because of complexity of cases that may include:

- Language barriers.
- Reluctance to seek mental health care.
- Lack of work history.
- Prevalence of chemical dependency.
- Criminal history.
- Perceptions about individuals on public benefits.

### Language Barriers

- Language barriers can conceal disabling problems such as cognitive disorders.
- Language barriers are big issue at hearings
   varied quality of interpreters, inadequate time at hearing, difficulties in translating.
- Illiterate or non-English speaking people qualify for disability if physical issues limit them to performing sedentary jobs.



### Other Cultural Factors

- Stigma against mental illness in some ethnic communities.
- Refugee populations dealing with PTSD physical manifestations of dizziness, weakness, headaches, stomach problems, seizures, chronic pain.
- "Chi-raq" Some American cities are war zones people witnessing, experiencing frequent violence from young ages. High prevalence of mental health issues.
- Communities of color in poor communities lack of documentation of developmental disabilities if from underfunded school districts such as Chicago or Southern states.
- Individuals with mental health issues should have recent (within six months) mental health evaluations by a licensed psychologist or psychiatrist.
- Challenging to test for cognitive disorders when language barriers. For Social Security, must use TONI test.
- Women from traditional cultures don't want to see male doctors or therapists and often have trouble opening up regarding rape.
- Homeless individuals often have engaged in prostitution; have incurred head traumas.

## Where it's Going: Toughening Standards, Downward Trend

- Recession + aging Baby Boomer population = skyrocketing Social Security applications – claims increased by 25%.
- Insufficient staff for adequate consideration of claims = more denials.
- Negative publicity with misleading information and focus on outlier fraud cases = more denials.
- Video hearings = more denials.
- Fears of Social Security Trust Fund running out = more denials.
- Fewer cases being approved at hearing level. In many states, average approval rates down to 40s. National average is 46%. In Minnesota 47% approval.

### SSDI Awards Per Year

- 2010: 727,033
- 2011: 732,660
- 2012: 675,122
- 2013: 550,085
- 2014: 327,351



 Future: tougher to get disability, more evidence required to prove disability.

## Tips and Strategies for Obtaining Disability

#### Documentation, Documentation, Documentation

- Regular visits to doctors, psychotherapists, other treating providers.
- Maintaining sobriety.
- X-Rays, MRIs, CT scans to document arthritis.
- Psychological evaluations by licensed psychologist or psychiatrist for depression, anxiety, etc.
- IQ or other cognitive testing for intellectual disabilities, head injuries, memory loss.
- Functional capacity evaluations to assess capacity for lifting, sitting, standing, walking.
- Education records documenting intellectual disabilities.
- Letters, opinion statements from treating providers.
- Third party function reports by family members or other third party.
- Urinalysis or other drug tests to confirm sobriety.
- Jail, prison records to document physical and mental conditions, sobriety.
- Vocational assessments to document work capacity.
- Letters from family members, friends, employers.
- Journal of symptoms of pain, fatigue, mental illness.

### For More Information, Call:

### Disability Partners

Phone: 651-633-4882

Toll Free: 1-866-577-9007

www.DisabilityPartners.net