

YOU MATTER...

FREE 24/7
HELP

A black silhouette of a person's head and shoulders, facing forward. The person's face is obscured by two horizontal red bars containing white text. The silhouette is positioned on the right side of the image, with the text 'YOU MATTER...' and 'FREE 24/7 HELP' to its left.

AND YOU'RE

NOT ALONE.

CALL OR
TEXT TO
988

CHAT WITH US



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988 SUICIDE & CRISIS
LIFELINE

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The image features the silhouettes of two people, likely a man and a woman, embracing each other. They are positioned on the right side of the frame. Two horizontal purple bars are overlaid on the lower part of their silhouettes, containing white text.

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