



Caregiving and Dementia Training

Caregiving Track

The materials in this track provides education and tools for professionals supporting family and friends.

Caregiver Coaching Basic Training:

- The Basic training as well as additional caregiving topics are available on demand. The in-person training components are available through your local Area Agency on Aging.

Caregiver Assessment:

- Complements the process piece in the Caregiver Coaching Basic training. These assessment modules train to the MBA Title IIIE CG Assessment form.

Dementia Track

The material in this track provides information about Alzheimer's disease through three levels of knowledge.

Audience: Service Providers and Healthcare personnel.

Dementia capability:

Level 1 is an overview for professionals about dementia, Alzheimer's disease and the related dementias.

- These sessions provide a description of dementia, risk factors, progress of dementia and resources for people with dementia, family care partners and professional care partners.
- Designed for professionals and volunteers who provide support over the phone or are first contacts and as initial training for those going on to higher levels.

Level 2 provides a higher level of knowledge and skills.

- Describes the types of dementia, the disease process, approaches to handling difficult behaviors, advanced communication skills and care planning.
- Designed for professionals who provide direct services to people with dementia and their caregivers such as adult day care coordinators, respite care, senior center or nutrition program staff and education providers.

Level 3 provides the highest level of knowledge and skills needed to offer clinic based care coordination or Caregiver Consultation.

- Provides instruction on dementia screening and advanced care planning
- Understanding the diagnostic process and the tools to engage in care coordination with a physician or clinic.
- Designed for professionals who provide care coordination for or closely with physicians and clinics and Caregiver Consultants.

Cultural responsiveness:

Provides background on the norms and values of specific cultures. Audience: Service Providers and Healthcare personnel. It aids the learner in becoming more culturally responsive to the diverse persons that are to be served. The principles of health equity and person-centered care become a standard of services provided to persons offering care and persons with dementia.

- Tools for your practice when caring for African American older adults
- Tools for your practice when caring for American Indian elders
- Tools for your practice when caring for Hmong older adults
- Tools for your practice when caring for Latino older adults
- Tools for your practice when caring for Somali older adults