

Behavioral health home (BHH) services information session: State Plan Amendment, Final Evaluation Report, Provider Cohorts, and more! Thursday, August 26, 2021, 1:00pm

Thank you for joining us today! Our presentation will begin shortly.

BHH services information session

Today's agenda:

- 1:00PM: Welcome
- 1:05PM: Review State Plan Amendment changes
- 1:15PM: Overview of BHH services final evaluation report; ongoing certification and performance measures
- 2:00PM: Questions and discussion
- 2:30PM: Wrap-up and thank you!

Please note/friendly reminders:

- All lines are muted to start (this helps prevent sound problems)
- If you would like to make a comment, please use the chat box; the DHS team will read your comment for the group
- When sharing with the group, please don't forget to take your line off mute ©

Objectives

- Review the changes to the BHH services SPA;
- Provide an overview of the BHH services evaluation report, discuss DHS' efforts to incorporate performance measures into an ongoing certification process for providers; and
- Hear from BHH services provider cohort representatives.

State Plan Amendment (SPA) updates

- Continued flexibility in the staffing ratio for providers serving 100 or fewer BHH services recipients; providers with 100 or fewer BHH services recipients may utilize a staffing ratio of a minimum of a .5 full time equivalent (FTE) integration specialist and a 1.0 FTE systems navigator.
- The six-month face-to-face requirement was replaced with the requirement to offer a face-to-face every six months. If the person declines the offer of a face-to-face visit, the visit may be completed by telephone contact or interactive video.
- For creation of the health action plan and health wellness assessment,
 DHS replaced the word "template" with "guidance."

BHH services 2018-2020 evaluation report:

puts the BHH services model in context with other MN programs

identifies trends in enrollment, quality, and cost

 recommends performance measures for an ongoing certification process for BHH services providers

The goals of BHH services are that each person:

- Has access to and utilizes routine and preventative health care services
- Has consistent care for mental illness and other health conditions
- Gains knowledge of health conditions and associated effective treatments
- Increases self-efficacy and improves health management practices
- Has access to and utilizes wellness and recovery resources
- Has access to and uses social and community supports to assist with meeting wellness goals

Expected outcomes of BHH services

Outcomes

- Improved utilization
- Improved experience
- Improved quality of life
- Reduced rate of increase in healthcare costs for Medicaid patients



BHH services in context

- 25 BHH services organizations
 - 10 IHPs/participate in IHP
 - 6 CCBHCs
 - 5 certified HCHs

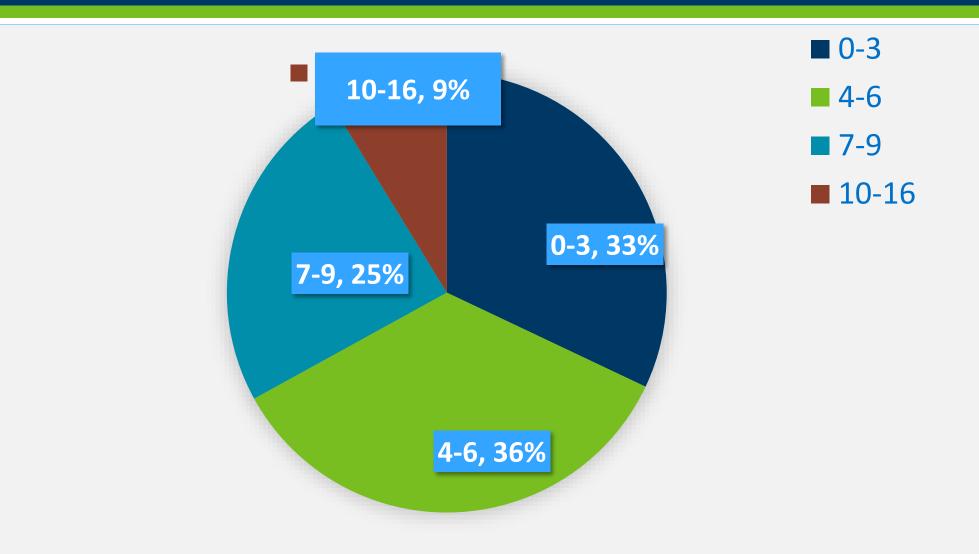


Enrollment

• 2017: 1,000 people served

• 2021: 7,500+ people served to date





Quality and costs

- Preventative care
- ED utilization
- Follow-up after hospitalization



- 1. Develop relationships across State agencies to address social drivers of health;
- 2. Develop relationships with other providers; and
- 3. Continue to provide learning opportunities for certified BHH services providers.

Provider input: how do providers know they are having a positive impact on a person's health/wellbeing?

- Self-assessments/gratitude
- Appointment attendance/HAP progress
- Decreased hospitalization/improvement in screening scores
- Navigation through crisis
- Connections to referrals



Ongoing certification process: performance measures

- Considerations and alignment
- Purpose and use
- Provider input
- Next steps

BHH services provider cohort updates

- Vikki Ebenhoh, South
 Central Human Relations
 Center
- Julie Plante, Vail Place





Questions and discussion



11/3/2021 16





Thank you!

Questions?

For more information please contact: Michaelyn Bruer at michaelyn.bruer@state.mn.us