# DEPARTMENT OF HUMAN SERVICES

Adult Day License Stakeholder Group Wednesday, November 13, 10:00 a.m. - 12:00 p.m.

#### Agenda

- 10:00-10:15 Welcome, housekeeping, and ground rules
- 10:15-10:25 Review data on Adult Day Services in Minnesota
- 10:25-11:50 Discussion exercises on Adult Day vision and goals
- 11:50-12:00 Plans for our next meeting



#### Housekeeping and ground rules

Peter Spuit Aging and Adult Services Division

11/13/2019

#### Housekeeping

Based on your feedback from our first meeting...

- A DHS staff person will take meeting notes today, and each of our upcoming meetings
- We will be reviewing some basic data on Adult Day Services in Minnesota

# Proposed "Ground Rules" for our meetings

- Be engaged in the meeting, listen actively, and keep an open mind.
- Stay focused on the meeting agenda and the topics being covered.
- Give full attention to the person speaking.
- Be mindful of your level of contribution. Make sure there is enough time for others to provide input.
- Be understanding towards each other, and be respectful if you disagree with another person's perspective.
- Consider what would be best for the people we serve and for our state.



#### Review data on Adult Day Services in Minnesota

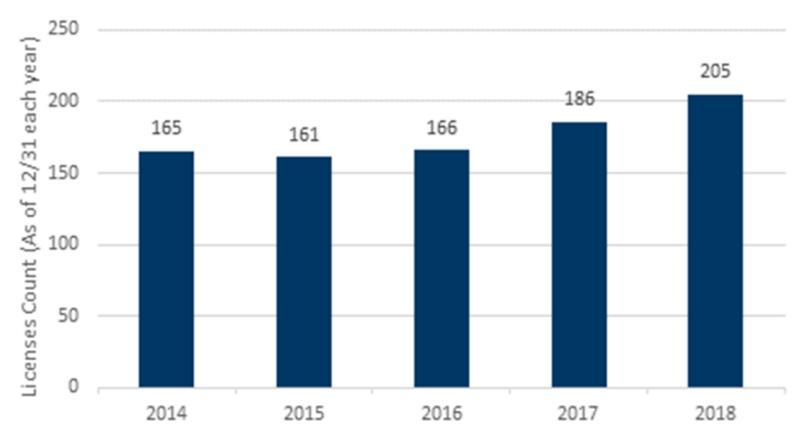
Rachel Shands Aging and Adult Services Division Christala Culhane Licensing Division

11/13/2019

### Adult Day Services utilization through Waiver programs and the Essential Community Supports program

Program		SFY 2018
		Participants Served
Alternative Care		172
Elderly Waiver		4,912
Essential Community Supports		7
Brain Injury		128
<b>Community Access for Disability Inclusion</b>		1,949
Developmental Disability		493
	Total:	7,661

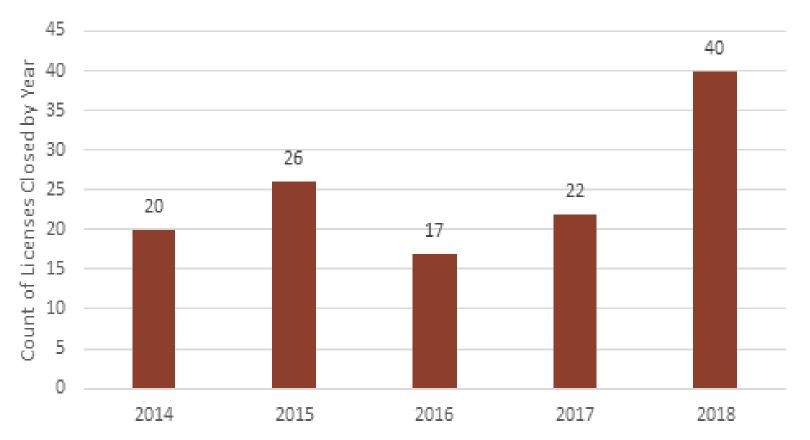
#### Adult Day Care License Count, 2014-2018



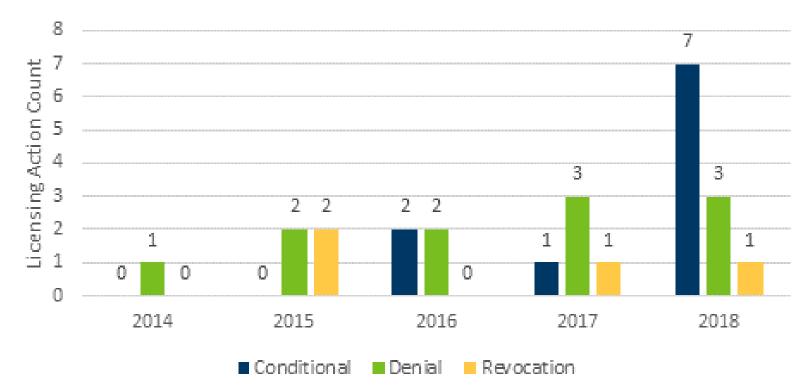
#### Adult Day Care Total Capacity, 2014-2018



#### Adult Day Care Licenses Closed by Year, 2014-2018



#### Licensing Actions for Adult Day Care Licenses, 2014-2018





#### Who utilizes adult day?

Jen Stevens Aging and Adult Services Division

11/13/2019

# Who utilizes adult day?

- Primarily people age 55 and older
- People who need support with Activities of Daily Living (ADLs)
  - Including people who need support with bathing
- People interested in social and community engagement
- People who want to continue to live in their community homes
- People who need or benefit from nutrition support, or other general health support

# Who utilizes adult day?

- People who are no longer interested in employment
- People with dementia and mental health concerns
- People of various cultures and backgrounds
- For people with family caregiver(s), provides respite or time to engage in other areas of their lives
- For people without family caregivers, provides a source of oversight and support



# Discussion on Adult Day vision and goals 10:25-11:50

Peter Spuit Aging and Adult Services Division

#### Exercise: Part 1

#### EXERCISE:

# What things would matter to you about an adult day service program if you were looking for a program for someone you love?

Take 8 minutes to write individual ideas on individual Post-it notes.

#### Exercise: Part 2

#### **EXERCISE:**

Take 5 minutes to post your Post-it ideas on one of the easel paper sheets around the room

- 1. Physical/Program Space
- 2. Staff
- 3. Services and Activities
- 4. Community Engagement
- 5. Participant Rights
- 6. Service Planning and Delivery
- 7. Other

#### Discussion

#### For each easel paper...

8-10 minutes per easel paper

- 1. Facilitator reads off Post-it ideas
- Stakeholders react
  Observations? Surprises? Anything missing from the list?

Let's go around the room person-by-person; then on the phone

3. DHS staff react Observations?



#### Plans for our next meeting

Peter Spuit Aging and Adult Services Division

#### Next meeting

- Wednesday, January 15, 1:00-3:00 p.m. DHS Lafayette Building, room 4146
- Project questions?

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