



2023 Minnesota School Behavioral Health Conference Schedule

Wednesday, Nov. 1st

Start Time	End Time	Activity
8:00	6:00	Registration
11:30	6:00	Exhibit Tables
9:30	10:30	Coffee & Conversation (Optional)
The Centre	A1	Opportunity to connect & socialize with other conference attendees before the start of sessions.
10:30	11:30	Opening Plenary Session
The Centre	B1	School Behavioral Health in Action – A Panel Discussion
11:30	1:00	Lunch/Exhibit Tables
1:00	2:30	1.5-hour sessions
Room TBD	C1	Interrupting Bias and Bullying - Empowering Staff to Find their Voice. Audience: Educator. Content Level: Basic. Presenters: Sheila Dokken, Rachel Hilyar, & Nicole Stottlemire (ISD 728)
Room TBD	C2	<i>Early Childhood & Kindergarten Mental Health Supports.</i> Audience: Educator. Content Level: Intermediate. Presenters: Shannon Avenson, Londa Wagner, MS, LMFT, IMH-E, & Leah Jacobs, LSW (ISD 742)
Room TBD	C3	<i>Improving Therapeutic Outcomes - Relationship, Progress Monitoring and Technology.</i> Audience: Clinical. Content Level: Intermediate. Presenters: Michael Thomas, PsyD, LP (NorthPoint Health and Wellness Center) & Jody Nelson, Ed.D., LMFT (Change, Inc.)
Room TBD	C4	<i>Language for Joining: Supporting Students in Distress.</i> Audience: All. Content Level: Basic. Presenters: Lauren W. Nietz, MSW, LICSW (Washburn Center for Children)

Start Time	End Time	Activity
Room TBD	C5	<i>How new legislative changes can make it easier to access Medicaid reimbursement for mental health services provided to students with disabilities.</i> Audience: Educator/Community. Content Level: Basic. Presenter: Julie Neururer, MSW, LICSW (MDE), Jennifer Whitcomb, MAM, OTR/L (Minneapolis Public Schools) & Robert Arnold MA, CCC-SLP (St. Paul Public Schools)
Room TBD	C6	<i>Tiny Humans, Big Questions: Discussing Sex, Sexuality, and Identity with Elementary-Aged Children.</i> Audience: All. Content Level: Basic. Presenters: Ana Lewis, MA, LMFT & Karrie Ruedy, MS, LMFT (Change Inc.)
Room TBD	C7	<i>Scattered and Worthy: Self-Acceptance as Self-Care for Neurodiverse Professionals.</i> Audience: All. Content Level: Intermediate. Presenter: Jamie-Sue Peterson, MSW, LICSW (Central Minnesota Mental Health Center)
Room TBD	C8	<i>Healing Justice - A Framework for All Youth to Reach Optimum Wellbeing.</i> Audience: All. Content Level: Intermediate. Presenter: Brandon Jones, MA, CPPM (MACMH)
2:30	3:00	Break/Exhibit Tables
3:00	4:00	1-hour sessions
Room TBD	D1	<i>Innovative Groups in Alternative Educational Settings.</i> Audience: Clinical. Content Level: Basic. Presenter: Virginia E. Suarez, MSW, LICSW (Canvas Health)
Room TBD	D2	<i>In-School Social Emotional Support: Incorporating Youth Perspective.</i> Audience: Community & Educator. Content Level: Intermediate. Presenter: Dr. Tracine Asberry, PhD (St. Paul Youth Services)
Room TBD	D3	<i>Reduce Chronic Absenteeism through an Innovative School-Based Wraparound Model.</i> Audience: Clinical & Community. Content Level: Basic. Presenter: Jason F. Keppe, LMFT (Seneca Family of Agencies)
Room TBD	D4	<i>A Mind-Body Approach for Anxiety and Sleep.</i> Audience: All - Includes Clinical Content. Content Level: Basic. Presenter: Kathy Flaminio, MSW, LGSW, E-RYT 200. (movemindfully)
Room TBD	D5	<i>Behavioral Threat Assessment.</i> Audience: All. Content Level: Basic. Presenter: Denise Moody, LICSW (Resilience Impact LLC)
Room TBD	D6	<i>Navigating the Behavior Healthcare System: A Caregiver's Perspective.</i> Audience: All. Content Level: Basic. Presenter: Sarah Washington (Parent Advocate)
Room TBD	D7	<i>What are Teens Using and Why?</i> Audience: All. Content Level: Basic. Presenters: Colleen O'Neil, LADC, CPP (Mounds View School District) & Jennifer Funk, LADC (White Bear Lake School District)

Start Time	End Time	Activity
Room TBD	D8	<i>Beyond Band-Aids: Student Mental Health Care by School Nurses.</i> Audience: All. Content Level: Basic. Presenters: Denise Herrmann, RN, DNP, CPNP, FNASN & Heather Hedin, MSN, RN, LSN, NCSN (Minnesota Department of Health), Leah Bancroft, MSN, RN, LSN, NCSN (Rochester Public Schools), Tracy Princivalli, BSN, RN, LSN, NCSN (Pequot Lakes District & Sourcewell Services Cooperative), Megan Borkenhagen, BSN, RN, LSN (South Central Services Cooperative)
4:00	6:00	Exhibit Tables
The Centre	6:00 - 8:00	Heavy Appetizers/Networking

Thursday, Nov. 2nd

Start Time	End Time	Activity
6:45	8:15	Breakfast
8:00	2:00	Registration
10:00	4:00	Exhibit Tables
8:30	9:45	Welcome & Keynote
The Centre	E1	<i>Keynote Presenter: Jamil Stamschror-Lott, MA, LICSW (Creative Kuponya)</i> The intersection of DEI and mental health as it relates to holistic mental wellness for educators centering Oppressive Trauma Informed Care
10:00	11:00	Break/Exhibits
11:00	12:00	1-hour sessions
Room TBD	F1	<i>Support over suspension: Approaches to commercial tobacco and vaping prevention and education in the school setting.</i> Audience: Community & Educator. Content Level: Basic. Presenters: Molly Schmidtke, CHES & Katie Engman, MCHES (Association for Nonsmokers-Minnesota) & Nicki Linsten-Lodge (Pine River-Backus Family Center)
Room TBD	F2	<i>Gambling and Gaming: What are the harms?</i> Audience: Community & Educator. Content Level: Basic. Presenter: Sonja Mertz, MLIS, CPP (Minnesota Alliance on Problem Gambling)
Room TBD	F3	<i>Substance Use Disorder and Stigma.</i> Audience: Community. Content Level: Basic. Presenter: Allie Carey (Steve Rummeler HOPE Network)

Start Time	End Time	Activity
Room TBD	F4	<i>The Use of Origami in School-Based Therapy.</i> Audience: Clinical. Content Level: Basic. Presenter: Philip McDonald, MA (Associated Clinic of Psychology)
Room TBD	F5	<i>Suicide Assessment in Schools using the CSSRS.</i> Audience: All - Includes Clinical Content. Content Level: Intermediate. Presenter: Denise Moody, LICSW (Resilience Impact LLC)
Room TBD	F6	<i>Integrating Mental Health, Transitions, and Employment services in schools to support student success achieving competitive employment.</i> Audience: All. Content Level: Basic. Presenter: Austin DeCock, LPCC (Stellher Human Services)
Room TBD	F7	<i>Working together on Teen Mental Health: The School-Based Health Center Team Approach.</i> Audience: All. Content Level: Basic. Presenters: Shawna Hedlund, MPH & Connie Sheehan (MN School-Based Health Alliance)
Room TBD	F8	<i>The boys are not alright: research and application in working with school-age boys.</i> Audience: All. Content Level: Basic. Presenter: Max Utterberg, MA, LPCC (Washburn Center for Children)
12:00	1:30	Lunch/Exhibits
1:30	3:30	2-hour sessions
Room TBD	G1	<i>Supporting Staff Wellbeing Panel Discussion: Solutions and Strategies from the Field.</i> Audience: Educator. Content Level: Basic. Presenters: Kathryn Lewandowski (ISD 622), Pam Ryan Mejia, M.Ed, CDTLF (Better Together Cubed), Sara Daniel, MSW, LCSW (Daniel Educational Services), Nathan Eklund (Vital Network), Bruce Cross, LMFT (People Incorporated), Aubrie Hoover (Northeast Service Cooperative), Cheryl Holm-Hansen, PhD (Midwest Center for School Mental Health)
Room TBD	G2	<i>The Practice of Gender Affirming Mental Health Care.</i> Audience: Clinical. Content Level: Intermediate. Presenters: Caitlin Baldwin, MSW, MBA, LICSW & Ryan Fouts (RECLAIM)
Room TBD	G3	<i>Assessing Risk and Planning for Safety in Schools.</i> Audience: Clinical & Educator. Content Level: Intermediate. Presenters: Julia Messenger, MSW, LICSW & Megan Lagasse, MSW, LICSW (Anoka-Hennepin Schools)
Room TBD	G4	<i>Working With Youth About Dating/Domestic Violence.</i> Audience: All. Content Level: Intermediate - Includes Clinical Content. Presenter: Brad Hanson, LICSW (Loring Nicollet/MERC)
Room TBD	G5	<i>The Minnesota School-based Diversion Model for Youth with Co-occurring Disorders.</i> Audience: All - Includes Clinical Content. Content Level: Intermediate. Presenter: Dr. Charlene Myklebust, Psy.D (EQ Learn, LLC and Stone Arch Learning, LLC)
Room TBD	G6	<i>Sensory Processing and Mental Health: A Trauma Informed Approach.</i> Audience: All - Includes Clinical Content. Content Level: Intermediate. Presenter: Jess Villery, OTD, OTR/L (PrairieCare)

Start Time	End Time	Activity
Room TBD	G7	<i>Promoting and Affirming Autistic Identity.</i> Audience: All. Content Level: Basic. Presenter: Eric Ringgenberg, MA (Autism Society of Minnesota)
Room TBD	G8	Trauma-Informed Education: Shifting the Lens from Behaviorism to Relational Intervention. Audience: Educator. Content Level: Intermediate. Presenter: Elizabeth Szybatka, MA, LPCC, RPT-S™ (Lighthouse Child & Family Services, Inc.)
3:30	4:00	Break/Exhibits
4:00	5:00	1-hour sessions
Room TBD	H1	<i>Naloxone Training.</i> Audience: Community. Content Level: Basic. Presenter: Presenter: Alicia House (Steve Rummeler HOPE Network)
Room TBD	H2	<i>Substance Use Support and Prevention in the School Setting.</i> Audience: Educator. Content Level: Basic. Presenters: Colleen O'Neil, LADC, CPP, Mallory Fuchs, LADC & Jennifer Funk, LADC. (Mounds View School District)
Room TBD	H3	<i>Minnesota Suicide Prevention Regional Coordination.</i> Audience: Community & Educator. Content Level: Basic. Presenters: Meghann Levitt (Carlton County Public Health and Human Services) & Stephanie Hamlin, MPH (Canvas Health)
Room TBD	H4	<i>Interactive Data: ACEs prevalence with protective and risk factors for school districts.</i> Audience: Community & Educator. Content Level: Intermediate. Rachel Weber, MPH. (MDH)
Room TBD	H5	<i>School Refusal and Avoidance.</i> Audience: Clinical. Content Level: Intermediate. Presenters: Kelly Johnson, LMFT (Associated Clinic of Psychology)
Room TBD	H6	<i>Clinician and Educator Collaboration During TF-CBT Implementation in a School Setting.</i> Audience: Clinical & Educator. Content Level: Basic. Presenter: Tawnya Ward, PsyD, LP (Scott County Mental Health Center)
Room TBD	H7	<i>Marijuana is legal - Two case examples of interventions for teens.</i> Audience: All - Includes Clinical Content. Content Level: Basic. Presenters: Judson Bemis & Dr. Ken Winters, PhD (Gobi Support, Inc.)
Room TBD	H8	<i>Connecting Students to (Free and Anonymous) Online Resources and Support.</i> Audience: All. Content Level: Basic. Presenter: Shannah Mulvihill, MA, CFRE (Mental Health Minnesota)
5:00	6:00	Break
6:00	8:00	Dinner - Dining Room Social Events: Bonfire, Karaoke, Games

Friday, Nov. 3rd

Start Time	End Time	Activity
6:45	8:15	Breakfast
8:15	9:45	1.5-hour sessions
Room TBD	11	<i>Mandated Reporting: Using an ethical decision-making tool to assess risk and responsibility to report abuse or neglect.</i> Audience: Community & Educator. Content Level: Basic. Presenter: Jennifer Bertram, MSW, LISW (Jennifer Bertram Consulting)
Room TBD	12	<i>Child Trafficking And Exploitation Prevention Curriculum: Not A Number by Love 146.</i> Audience: All. Content Level: Basic. Presenters: Anne LaFrinier-Ritchie (Someplace Safe) & Kate LePage (Lutheran Social Service)
Room TBD	13	<i>Working with Adolescents: DBT Skills to address Mental Health & Substance Abuse.</i> Clinical. Content Level: Intermediate. Presenters: Natalie Atchison, MSW, LICSW, Maddie Geislinger, MS & Amanda Wroge, MSW, LICSW (Mental Health Systems)
Room TBD	14	<i>Breathwork as a Proactive Approach to Youth Mental Health.</i> Audience: All - Includes Clinical Content. Content Level: Basic. Presenter: Stephanie Esser, MAEd, RYT200, Certified Breathing Coach (Balancing Elephants, Inc.)
Room TBD	15	<i>Decolonizing Mental Health Care: The Journey of Personal Reflections for Inclusive Care.</i> Audience: All - Includes Clinical Content. Content Level: Intermediate. Presenters: Presenters: Henrietta Couillard, MSW, LICSW & Cecilia Hardacker, MA (City of Minneapolis: School Based Clinic)
Room TBD	16	<i>More Than Emotions: Identifying Root Causes to Address Substance Abuse Disorder.</i> Audience: All - Includes Clinical Content. Content Level: Intermediate. Presenter: Dr. Nakumbe, PhD, LPCC, LADC (779 Riverside Recovery & Counseling Services)
Room TBD	17	<i>Where Have the Workers Gone?! Leading Them Back to School Behavioral Health.</i> Audience: All. Content Level: Intermediate. Presenter: Steven Lutes, MSW, LICSW, MPP (Northeast Youth and Family Services)
Room TBD	18	<i>What You Need to Know About the State Medical Review Team (SMRT).</i> Audience: All. Content Level: Basic. Presenters: Carly Pederson, EDPNA & Emily Olson (MN DHS)
9:45	10:00	Break

Start Time	End Time	Activity
10:00	12:00	2-hour sessions
Room TBD	J1	<i>School-Based Play Therapy: Navigating Play Therapy Approaches in a Variety of School Settings.</i> Audience: Clinical. Content Level: Intermediate. Presenter: Elizabeth Szybatka, MA, LPCC, RPT-S™ (Lighthouse Child & Family Services, Inc.)
Room TBD	J2	<i>Using an Applied Neuroscience Approach at the micro, mezzo, and macro level.</i> Audience: All - Includes Clinical Content. Content Level: Basic. Presenter: Alicia L. Dick, LGSW (St. Louis County School District)
Room TBD	J3	<i>Escitalo-what? A Medication Review for the Non-Prescriber.</i> Audience: All - Includes Clinical Content. Content Level: Basic. Presenter: Joshua Stein, MD (PrairieCare)
Room TBD	J4	<i>Developing a Hub of Collective Resiliency: Building Effective School Linked Mental Health Partnerships.</i> Audience: All - Includes Clinical Content. Content Level: Intermediate. Presenters: Sheri Tesch, MS, LMFT, Jeanna Miller, Ed.S., and Andree Iden, M.Ed. (Central Minnesota Mental Health Center & Buffalo Hanover Montrose Schools)
Room TBD	J5	<i>Safe(r): Healing from Trauma & Building Engaged School-Community Ecosystems.</i> Audience: All. Content Level: Basic. Presenters: Elexis Trinity Williams, MHR, Marnita Schroedl, Lauren Williams & Sammie Ardito Rivera (Marnita's Table)
Room TBD	J6	<i>Four Areas to Support, Modify, and Adapt for Meaningful Inclusion and Regulation.</i> Audience: All. Content Level: Basic. Presenters: Elizabeth Duffy, MS, OTR/L & Santanna Ficken, MHP (Minnesota Neurodivergent Education Advocacy and Therapy Services)
Room TBD	J7	<i>Healing Centered Engagement: Building Resiliency and Empowerment.</i> Audience: All. Content Level: Intermediate. Presenters: Allan Bakke, MDiv, CCAP (Southwest Crisis Center), Anne LaFrinier-Ritchie (Someplace Safe), Andrea White (Olmstead County Victim Services), Anishaa Kamesh (YMCA) & Kamrie Ericson (Cornerstone MN) Note: This is a 90-minute session
Room TBD	J8	Session One: <i>The Irreducible Grace Foundation presents IGF Kids and VYB.</i> Audience: Educator & Community. Content Level: Basic. Presenter: Natalia Gaston-Davis (Irreducible Grace Foundation) Session Two: <i>Dean of Students: Impact & Purpose.</i> Audience: Educator. Content Level: Basic. Presenters: Karla Beck, MAT & Kristina Bucholz (Redwood Area School District) Note: This breakout consists of two 60-minute sessions
12:00	1:00	Lunch
	1:30	Depart Cragun's