

## Agenda: Health Services Advisory Committee

Date: April 19<sup>th</sup>, 2023 – 5:00 – 7:00PM

To join the meeting virtually please use this link:

<https://minnesota.webex.com/minnesota/j.php?MTID=me4953a8fe5377eacf215a16d732d0a5f>

To join in person: 540 Cedar Street Saint Paul, Minnesota 55101 – Room 2370

### Welcome

- Welcome – grounding and group reminders

### Housekeeping -

- Voting for chair
- Voting to approve March Minutes
- Follow up from last meeting
  - Review of updated chart
  - Review questions at issue
- Guest participation guidelines – time for public comment

### Dr. Angela Kade Goepferd (Children’s Hospital)

Dr. Goepferd is the Chief Education Officer and the past Chief of Staff for Children’s Minnesota, the Medical Director of Children’s Minnesota Gender Health Program and a pediatrician in the Children’s Minneapolis Primary Care clinic. They are seen as a leader in the LGBT community as they are driving equitable care for LGBT youth, particularly transgender and gender diverse youth. They are a sought-after speaker and trainer on these topics. They were a member of the LGBT Standards of Care Advisory board, developing the first healthcare standards for LGBT people in the state of Minnesota.

Dr Goepferd will be presenting on their practice guidelines and recommendations for transgender care.

Following the presentation, there will be a time for questions and comments for committee members.

### MED Presentation (Medicaid Evidence-based Decisions Project)

MED is a collaboration of state Medicaid agencies providing research on Medicaid claims data to provide policymakers the resources they need to make evidence-based decisions. MED is run out of the Center for Evidence-based Policy at the Oregon Health & Science University.

Their presentation will focus on relevant clinical research available on gender affirming care.

Following the presentation, there will be a time for questions and comments for committee members.

## **Dr Eli Coleman (Chair of the World Professional Association for Transgender Health -WPATH- Standards of Care Revision Committee)**

Dr Coleman is a Professor Emeritus and former director of the Institute for Sexual and Gender Health at the University of Minnesota Medical School. He is one of the founding editors of the International Journal of Transgenderism and is the founding and current editor of the International Journal of Sexual Health. He is the current chair of the WPATH Standards of Care Revision Committee and is a former president of WPATH.

WPATH is an interdisciplinary, professional organization dedicated to the understanding and treatment of gender dysphoria by professionals in medicine, psychology, law, social work, counseling, psychotherapy, family studies, and other related fields. WPATH's mission is to promote evidence-based care, education, research, public policy, and respect in gender health. WPATH publishes the Standards of Care and Ethical Guidelines, which articulate the highest standards of care for transgender people.

Dr Coleman will be presenting on the current WPATH Standards of Care - version 8.

Following the presentation, there will first be a time for questions and comments from committee members, then a time for questions or comments from the public.

### **Conclusion and Adjournment**

- Any further information needed?
  - questions or concerns
- Next meeting date/time
  - Recurring meeting – Second Wednesday of the Month 5:30-7:30
- Next meeting tentative agenda
  - Anyone wishing to provide public comment at the next meeting should e-mail [hsac@state.mn.us](mailto:hsac@state.mn.us) by May 5<sup>th</sup>, 2023.
- Adjournment

	<b>Genital surgery age requirement</b>	<b>Chest surgery age requirement</b>
Minnesota Healthcare Programs Policy (MHCP)	Members <b>18 years and older</b> along with PA requirements (diagnosed with gender dysphoria, 12 months living in gender role, 2 written referrals from 2 independent clinicians with expertise in transgender health)	<b>No age criteria for mastectomy</b> ; 24 months hormone treatment for breast augmentation along with PA requirements
World Professional Association of Transgender Health standards (WPATH)	<b>Demonstrate emotional and cognitive maturity required to provide informed consent/assent</b> for treatment; 12 months of hormone treatment or longer; meets diagnostic criteria of gender incongruence; <b>gender incongruence marked and sustained</b> over time	<b>Demonstrate emotional and cognitive maturity required to provide informed consent/assent</b> for treatment and 12 months of hormone treatment or longer; meets diagnostic criteria of gender incongruence; <b>gender incongruence marked and sustained</b> over time
Endocrine Society standards	Delay gonadectomy and hysterectomy to <b>18 years of age</b>	16 years of age, but can be determined by medical team on <b>case-by-case basis</b>

	<b>Length of time living in gender role b/4 gender confirming surgery</b>	<b>Mastectomy hormone Treatment prior to surgery (breast removal surgery)</b>	<b>Breast Augmentation hormone treatment prior to surgery</b>	<b>Referral letters b/4 gender confirming procedures (from who and how many)</b>	<b>Should Hair removal be covered</b>
Minnesota Healthcare Programs Policy	12 continuous months	No criteria for hormone therapy: PA requirements must be met (diagnosed with gender dysphoria, 12 months living in gender role, 1 written referral)	24 months hormone therapy along with PA requirements	<b>Genital:</b> 2 referrals from 2 independent clinicians <b>Chest surgery:</b> 1 referral	Electrolysis or laser hair removal is not covered unless other hair removal techniques would be unsafe
World Professional Association of Transgender Health Policy	Marked and sustained gender incongruence over time	12 months of hormone treatment	12 months or longer of hormone treatment	1 referral from a qualified clinician	Hair removal necessary both for elimination of facial hair and in preparation for certain gender-affirming surgeries (vaginoplasty, phalloplasty, and metoidioplasty). Permanent preop hair removal required for any skin area coming into contact with urine.
Endocrine society standards	12 continuous months	12 months testosterone treatment	24 months estrogen treatment	Both medical and mental health professional agree surgery is medically necessary	N/A

### Common terms, definitions, and acronyms

Acronym	Meaning
DHS	Department of Human Services
HSAC	Health Services Advisory Committee
MHCP	Minnesota Health Care Programs -Medical Assistance (Medicaid), MinnesotaCare
WPATH	World Professional Association for Transgender Health
MHP	Mental Health Provider
Tx	Treatment
Term	Definition
Mastectomy	A surgery to remove all breast tissue from the breast <sup>1</sup> .
Breast Augmentation	A surgery to increase breast size <sup>2</sup>
Genital Surgery	<p>Encompassing surgeries done on genitals for gender affirming care. May include, but not limited to:</p> <ul style="list-style-type: none"> <li>○ Hysterectomy – surgical removal of the uterus</li> <li>○ Salpingo-oophorectomy – surgical removal of one, or both ovaries and fallopian tube</li> <li>○ Vaginectomy – surgical removal of all, or part of the vagina</li> <li>○ Orchiectomy – surgical removal of one or both testicles</li> <li>○ Vaginoplasty – any surgical procedure that results in the construction, or reconstruction of the vagina.</li> <li>○ Penectomy – Surgical removal of the penis</li> <li>○ Vaginoplasty – Surgery performed to create or repair a vagina</li> <li>○ Metoidioplasty: Surgical creation of a penis</li> <li>○ Phalloplasty: Lower body genital surgery for male</li> </ul>

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<sup>1</sup> <https://www.mayoclinic.org/tests-procedures/mastectomy/about/pac-20394670>

<sup>2</sup> <https://www.mayoclinic.org/tests-procedures/breast-augmentation/about/pac-20393178>