



Health Services Advisory Council
October 11, 2023

1. Welcome and Housekeeping

- Confirming September Minutes

2. Chiropractic Care

- Additional Information
 - Extraspinal
 - Prior Auth / Utilization data
 - Question Clarity + Discussion
- American Physical Therapy Association – MN Chapter
 - Kathleen Picard PT, DPT
- Public Comment
 - Chuck Sawyer
 - Bonnie Bolash

3. Council Discussion and Recommendations

- Evaluations / Re-evaluation per year
- Therapeutic exercise, Manual Therapy
- Neuromusculoskeletal conditions, Acute, Chronic pain
- PA for members under 12.

4. Conclusion and Adjournment

- Next meeting date
- Next meeting tentative agenda
- Adjournment

- September Minutes Vote
- Meeting format for Chiropractic Expansion
 - Introduction
 - Field expert presentations
 - Additional Information
 - Public comment
 - Discussion and recommendations
 - Legislative Proposal



Picking up here tonight

Additional Information Requested

- There were a few questions proposed that we wanted to address
 1. Can we look at increasing chiropractic treatment to include treatment for extremities, not just spinal care?
 2. Can we increase the monthly limit from 6 to 8 visits per month?
 3. Can we increase the number of evaluations per year to 3 instead of 2?

The Code of Federal Regulations

The Code of Federal Regulations (CFR) is a codification (arrangement of) the general and permanent rules published in the *Federal Register* by the executive departments and agencies of the Federal Government.

This rule applies to Medicare and all state Medicaid programs.

§ 440.60 - Medical or other remedial care provided by licensed practitioners.

(a) “Medical care or any other type remedial care provided by licensed practitioners” means any medical or remedial care or services, other than physicians' services, provided by licensed practitioners within the scope of practice as defined under State law.

(b) Chiropractors' services include only services that—

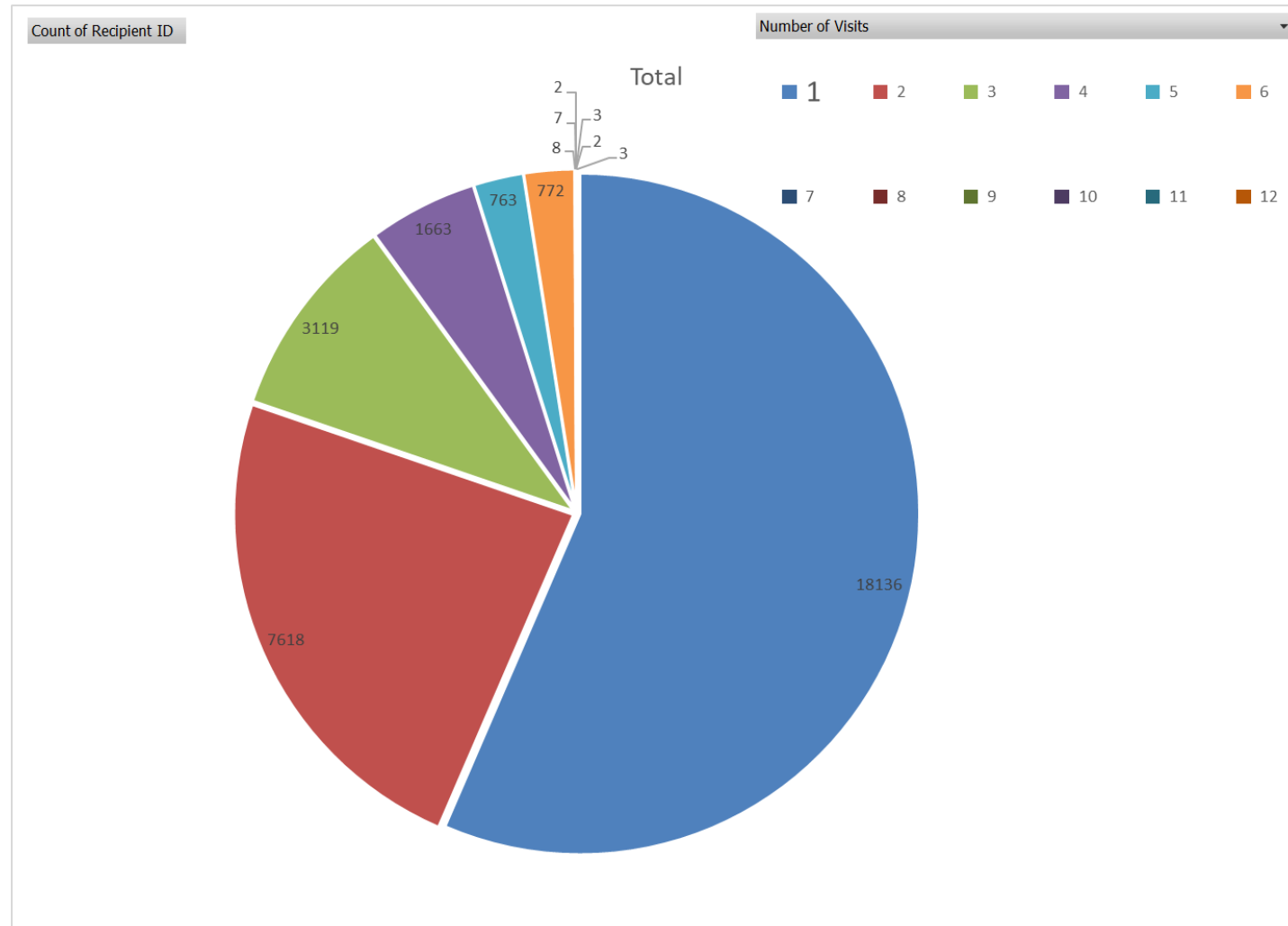
(1) Are provided by a chiropractor who is licensed by the State and meets standards issued by the Secretary under § 405.232(b) of this chapter; and

(2) Consists of treatment by means of **manual manipulation of the spine** that the chiropractor is legally authorized by the State to perform.

Number of Visits Per Month

- **MHCP Data from Chiropractic treatment claims 1/1/2022-8/31/2023**

- 32096 claims submitted
- Average number of visits/month = 1.81 visit



Number of Prior Authorizations Per Month

- **MHCP Data from Chiropractic Prior Authorization (PA) requests 12/1/2022-8/31/2023**
 - 37 total PA requests submitted
 - 17 were denied (rejected)
 - 81% approval rating

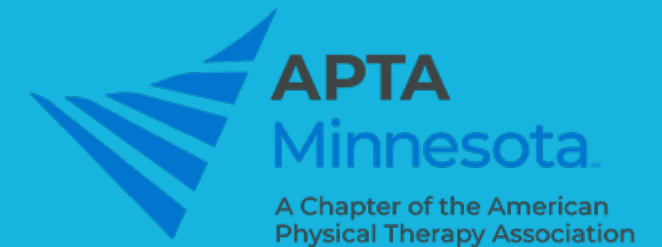
Increasing Number of Evaluations

- After further evaluation we would like to propose increasing the number of evaluations to an unlimited number, to be consistent with our PT, OT, SLP policies.

**Chiropractic Benefit
under the MN Health Care Program
(MHCP):**

**Comments on behalf of the American Physical
Therapy Association - MN Chapter**

Kathleen Picard PT, DPT



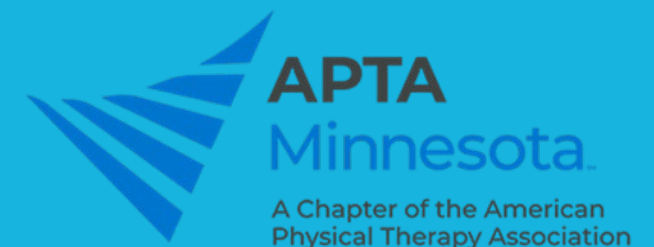
Conservative Management of Spinal Conditions

- Agree with the benefits of prudent expansion of chiropractic care for spinal conditions
- Value= outcome/cost
- Not enough DCs and PTs to meet the demand
- Research: cost effective, safe and efficient
- Successful acute spinal care prevents chronic conditions

The Four Questions:

Q1. Is one evaluation per year sufficient for coverage or should MHCP increase to 2 evaluations per year?

- APTA MN supports
- Recognizes distinct and different spinal conditions (cervical, thoracic, lumbar)
- Recognizes the importance of a solid physical evaluation prior to creating an effective plan of care



The Four Questions:

Q2. Should MHCP cover chiropractic treatment for:

a. Acute spinal pain (support)

b. Chronic spinal pain (support)

c. Neuromusculoskeletal conditions related to the spine (this just doesn't seem clearly enough defined)

? Would musculoskeletal conditions be a better term?

The Four Questions:

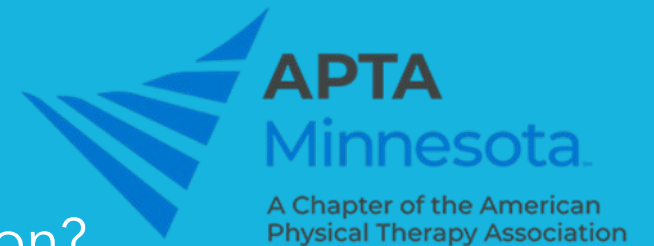
Q3. Should MHCP cover the following treatment options in addition to spinal manipulation and acupuncture?

a. Therapeutic exercise (97110)

b. Manual therapy (97140)*

Support: This is adherent with spinal care clinical guidelines, however...

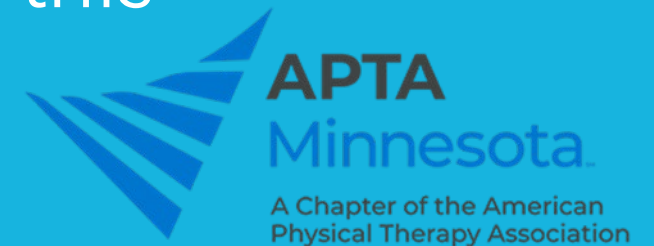
- * 97140 includes spinal mobilization/manipulation.
- * Should not be used to describe a chiropractic manipulation.
- * Could it be provided in addition to a chiropractic manipulation?



The Four Questions:

Q4. Should MHCP require prior authorization for chiropractic treatment for members ≤ 12 years old?

- Seems reasonable to assure adherence with policy on spinal conditions
- Is there research on the safety and efficacy of chiropractic spinal manipulation for this population?



Other Considerations:

1. Use of Chiropractic Assistants – not licensed in MN
2. Reliance on the American College of Radiology's (ACR) Appropriateness Criteria for imaging
3. Recommend use of the CPT definitions of terms such as:
 - Manual therapy – includes joint/spinal mobilization/manipulation (duplicative?)
 - Spinal manipulation – should include spine only and should not include “joint”
4. 24 manipulations/year (assuming at least 24 visits) seems generous compared to a major payer of PT services that seeks to have no more than 6 visits per patient on average (for any/all conditions)

Thank You!



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- Chuck Sawyer, DC – Northwestern Health Sciences University
- Bonnie Bolash, M.A.c, L.A.c
"as an acupuncturist I support the inclusion of chiropractic scope of practice to be available fully to the patients on Medicaid."

Question #1

	Is one evaluation for established patients per year sufficient for coverage or should MHCP increase to 3+ evaluations per year?
A	Current MHCP Policy – 1 evaluation per year
B	Increase to 3 evaluations per year
C	Increase to unlimited evaluations per year
D	Other – Council determined

Question #2

Should MHCP cover chiropractic treatment for:

1. Neuromusculoskeletal conditions related to the spine	2. Acute spinal pain	3. Chronic spinal pain
A. No - Current MHCP Coverage	A. No - Current MHCP Coverage	A. No - Current MHCP Coverage
B. Yes – Expand coverage	B. Yes – Expand coverage	B. Yes – Expand coverage
C. Other – Council determined	C. Other – Council determined	C. Other – Council determined

Question #3

Should MHCP cover the following treatment options, in addition to spinal manipulation and acupuncture?

1. Therapeutic exercise (CPT 97110)	2. Manual therapy techniques (CPT code 97140)
A. No - Current MHCP Coverage	A. No - Current MHCP Coverage
B. Yes – Expand coverage	B. Yes – Expand coverage
C. Other – Council determined	C. Other – Council determined

Question #4

	Should MHCP require prior authorization for chiropractic treatment for members 12 years of age and younger?
A	Current MHCP Policy – there is not a minimum age requirement
B	Add requirement for PA for members 12 and younger
C	Other – Council determined

Conclusion and Adjournment

- Next meeting date
 - Wednesday, November 8th, 2023, 5:30 – 7:30
- Next meeting tentative agenda
 - Chiropractic expansion finish or follow up
 - Topic selection presentation
- Adjournment



Adjournment

Thank you