

# 2025 Minnesota School Behavioral Health Conference Schedule

## Wednesday, Nov. 5th

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| Start Time | End Time | Activity |
| **7:00** | **9:00** | **Breakfast** |
| **8:00** | **6:00** | **Registration** |
| **10:30** | **11:30** | **The Impact of Small Moments.** *Presenter: Matt Eicheldinger, New York Times bestselling author, speaker, and former educator* |
| **11:30** | **1:00** | **Lunch** |
| **11:30** | **6:00** | **Exhibit Tables** |
| **1:00** | **2:00** | **Youth Substance Use and the Developing Brain.** *Presenter: Sara Polley, MD, FAPA, FASAM*  |
| **2:00** | **2:15** | **Break** |
| **2:15** | **3:45** | **1.5-Hour Sessions**  |
|  | A1 | **Best Practices in Attendance for Student Support Personnel**. *Presenter: Megan Lagasse, MSW, LICSW (MDE)* |
|  | A2 | **Trauma’s Impact on Learning**. *Presenters: Karrie Ruedy, MS LMFT (Change Inc.) & Ana Lewis, MA LMFT (Change Inc.)* |
|  | A3  | **From Start to Finish: Supervising Mental Health Practitioners and Professionals providing direct service for mental health 3rd Party Billing in IEPs.** *Presenter: Julia Messenger, MSW, LICSW (Anoka Hennepin School District #11)* |
|  | A4 | **School Safety: Strategies to Identify and Respond to Concerning Behaviors.** *Presenter: Chris Thole, MA LMFT (Life Development Resources)* |
|  | A5 | **Frame the Story: Creative Narratives to Support Emotional Regulation in Students.** *Presenter: Vaughn Paradise, MS, LPCC (Lost Psychotherapy)* |
|  | A6 | **Regulate Before You Educate: Breath-Based Tools for Resilient Learning.** *Presenter: Stephanie Esser (Balancing Elephants)* |
|  | A7 | **Managing and Adapting Practice (MAP): Enhancing Evidence-Informed Care for Children and Adolescents.** *Presenter: Lisa Vaupel, MA LMFT* *(Washburn Center for Children)* |
|  | A8 | **Everyone Wins, When We're All on the Same Team! Nurturing family and community support for every student through MnMTSS and FSCS strategies.** *Presenters: Jackie Blagsvedt, MLIS (MDE), Suraya Driscoll (East Grand Forks Public Schools) and Michelle Johnson (Northwest Service Cooperative)* |
|  | A9 | **Cannabis, Vaping, and Levels of Care for Adolescents.** *Presenter: Sara Polley, MD, FAPA, FASAM (Vantage Mental Health)* |
| **3:45** | **4:00** | **Break** |
| **4:00** | **5:00** | **1-hour sessions** |
|  | B1 | **Understanding Autism.** *Presenter: Daren Howard (Autism Society of Minnesota)* |
|  | B2 | **Understanding East African Students: Somali 101 for Culturally Responsive Care.** *Presenter: Yussuf Shafie, MSW, LICSW, LADC (Alliance Wellness Center)* |
|  | B3 | **Escitalo-What? Medication Management Basics for Non-Prescribers and the School-Based Wraparound Psychiatry Model.** *Presenters: Brenna MacDonald, MSW, LICSW, EdS (Intermediate District 287), Dr. Claire Garber, DO (Vantage Mental Health)* |
|  | B4 | **Let's have a discussion about something that often goes unspoken: Burnout.** Presenters: *Brandy Fountain, M.A., LPCC (People Incorporated) & Sarah Washington (Parent Advocate)* |
|  | B5 | **Game On! Practice, Not Perfection: Using sports and sports metaphors to strengthen mental health practices and outcomes and connect with clients.** *Presenters: Marta Wilson, MA, LMFT (FamilyMeans) & Maureen Sanderson, MA (FamilyMeans)* |
|  | B6 | **I Am Safe: Portable Mind-Body Coping Skills to Support Adolescent Mental Health in Schools.** *Presenters: Chrissy Mignogna, E-RYT (movemindfully)* |
|  | B7 | **Addressing Burnout through Happiness: A Practical Approach to Restoring Wellbeing in Schools.** *Presenters: Anna Lynn, MPP (MDH) & Aubrie Hoover (Northeast Service Cooperative)* |
|  | B8 | **Adult Response Plans: A Consistent, Trauma-Informed Approach to Managing Maladaptive Behaviors in School Settings.** *Presenter: Susanna Fomby (PACT Charter School)* |
| **5:00** | **6:00** | **Exhibit Tables** |
| **6:00** | **8:00** | **Heavy Appetizers, Poster Sessions & Networking** |

## Thursday, Nov. 6th

| Start Time | End Time | Activity |
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| **6:45** | **8:15** | **Breakfast** |
| **8:00** | **2:00** | **Registration** |
| **10:00** | **4:00** | **Exhibit Tables** |
| **8:45** | **10:30** | **Welcome & Keynote****The Heart of the Work: Leading with Purpose, Sustaining What Matters.** *Presenter: Artika Tyner, Ed.D., M.P.P., J.D.* |
| **10:30** | **11:00** | **Break/Exhibits** |
| 11:00 | 12:00 | 1-hour sessions |
|  | C1 | **Intro to MDE's School Safety, Prevention & Response Team (SPRT).** *Presenters: Gregg Campbell (MDE)*, *Ginya Davis (MDE) & Rachel Saetre (MDE)* |
|  | C2 | **Supporting Students Through the SMRT Disability Determination Process.** *Presenters: Carly Pederson (MN DHS - State Medical Review Team) & Nicole Warren (MN DHS - State Medical Review Team)* |
|  | C3 | **The Collaborative for Immigrant & Refugee Children's Leadership & Experience: A novel and timely intervention from the conceptual framework of developmental resilience science.** *Presenters: Ashley Trepp (Watercourse Counseling Center), Catalina Zapata (Watercourse Counseling Center) & Jasmine Banegas (University of Minnesota)* |
|  | C4 | **900 SECONDS: Big impact in just 15 minutes.** *Presenters: Brina Ellison (Northern Minnesota Suicide Prevention Regional Coordination)**& Angela Graham (Hubbard in Prevention)* |
|  | C5 | **The Bigger Picture: Aligning School, Community, and Health Systems Through Medicaid.** *Presenters: Julie Neururer, BA, MSW, LICSW (Minnesota DHS) & Kathleen Stewart (Minnesota Department of Human Services)* |
|  | C6 | **Nervous System Repair: Care Practices Rooted in Body, Land, and Community.** *Presenter: Amber Hosie, MS, LMFT (Lighthouse Child & Family Services)* |
|  | C7 | **The Pygmalion Effect and How It Impacts Black Youth Suicide.** *Presenters: Triasia Yun-Robinson, MA, MAPL (Healing & Restoration Consulting LLC)* |
|  | C8 | **Brief Intervention Strategy for School Mental Health Clinicians (BRISC) - A Tier 2 Intervention that Empowers Youth.** *Presenters: Mark Sanders (Midwest Center for School Mental Health), Cheryl Holm-Hansen (Midwest Center for School Mental Health) & Cassandra Rogers (Midwest Center for School Mental Health)* |
| **12:00** | **1:30** | **Lunch/Exhibits** |
| **1:30** | **3:00** | **1.5-hour sessions** |
|  | D1 | **Empowered Voices: Using Public Narrative to Advocate for Mental Health Supports in Schools.** *Presenters: Sonya Kuznetsov Duffy, EdS., NCSP (MDE), Derek Emery (MDE) & Jackie Blagsvedt (MDE)* |
|  | D2 | **Bridging Support Systems: Integrating Interconnected Systems Framework and PBIS for School-Based Mental Health.**  *Presenters: Callie DeVriendt, MSW, LICSW (MDE), Angela Scott (MDE) & Brienne LaHaye, MA, LMFT (MDE)* |
|  | D3 | **Restorative Language and Connection Circles: Building Community and Supporting Student Well-Being - Restorative Solutions, Inc.** *Presenters: Sheila Dokken (ISD 728), Nicole Stottlemyre, PhD (ISD 728), Rachel Hilyar (ISD 728)* |
|  | D4 | **Trauma Focused Interventions in the School Setting.** *Presenters: Meghan Cain-Moss, MSW, LICSW (People Incorporated) & Jenna Seal, MA, LPCC (People Incorporated)* |
|  | D5 | **Connecting the Dots: Documenting Mental Health Services in Special Education.** *Presenters: Krista Moore, LICSW, LSSW (State of MN-DHS) & Jennifer Butler, MSW, LICSW (State of MN-DHS)* |
|  | D6 | **How did we get here? Non-Exclusionary Discipline and Restorative Practices in Schools.** *Presenters: Nuhu Sims* |
|  | D7 | **Equity-Driven Data: Empowering Teams to Use MTSS Data to Reduce Disparities in Behavioral Health Supports.** *Presenters: Megan Gruis, Ed.S., LSC (IgnitED! Consulting) & Terri Tchorzynski, M.A. (IgnitED! Consulting)* |
|  | D8 | **On The Street Where You Live: The Ethics of Small Town Work and Life.** *Presenters: Marah Walker, MSW, LICSW (Central Minnesota Mental Health Center) & Jamie-Sue Peterson, MSW, LICSW (Buffalo-Hanover-Montrose School District)*  |

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| **3:00** | **3:30** | **Break/Exhibits** |
| 3:30 | 4:30 | 1-hour sessions |
|  | E1 | **Strategies to Support Black Youth Digital and Mental Wellbeing.** *Presenter: Anna Lynn, MPP (MDH) & Rachel Warren, MSW*  |
|  | E2 | **Acknowledging Wounds Across Generations: Fostering an Environment of Compassionate Accountability and Shared Success.** *Presenter: Sam Simmons, AA, LADC (Samuel Simmons Consulting)* |
|  | E3 | **Resonant Language for Deeper Listening. Have you ever wondered why some people's presence, listening and support feels so good, while other people's so-called support doesn't seem to have much impact?**  *Presenter: Sasha Kuznetsov (Saint Mary's University of Minnesota)* |
|  | E4 | **Expanding Behavior Support Systems: How ISD 917 Leverages Registered Behavior Technicians Under the Supervision of BCBAs to Drive High Behavior Plan Fidelity and Student Achievement.** *Presenters: Kate Hulse, EdS, NCSP (Intermediate School District 917) & Tracie Anderson, BCBA, LBA (ISD 917)* |
|  | E5 | **Mental Health Medicaid Reimbursement in Schools - Listening Session.** *Presenters: Jennifer Butler, MSW, LICSW (State of MN - DHS), Krista Moore (State of MN - DHS), Julie Neururer (State of MN - DHS) & Kathleen Stewart (State of MN - DHS)* |
|  | E6 | **Supporting Mental Health for All Youth: Aligning Best Practices from a School to MDE and DHS - Partnership in Action.***Presenters: Mark Sander (Hennepin County), E.K Nelson (Osseo Public Schools), Jill Lesne (Osseo Public Schools) Angie Scott (MDE) & Kris Lofgren (MN DHS)* |
|  | E7 | **Understanding Indigenous Education for All (IEFA)** *Presenter: Cyndi Bergloff, Indigenous Educator (MDE)* |
|  | E8 | **Cannabis and Kids: Implications for Schools.** *Presenters: Lisa Hoogheem, MA, LADC (MDE) & Brian Rhoads (MDE)* |
| **6:00** | **8:00** | Dinner - Dining Room**Social Events** |

## Friday, Nov. 7th

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| 6:45 | 8:15 | Breakfast |
| 8:30 | 10:00 | 1.5-hour sessions |
|  | F1 | **Using Artificial Intelligence (AI) to Strengthen School Mental Health Systems.** *Presenters: Callie DeVriendt, MSW, LICSW (MDE) & Prashanth Brahmandam (Neural Web)* |
|  | F2 | **Supporting Children of Incarcerated Parents.** *Presenters: Rachel Weber, MPH (MDH) & Melissa Dau (Minnesota Department of Children, Youth, and Families)* |
|  | F3 | **Supporting Educator Well-Being.** *Presenter: Mandy Weinkauf, MSW, LICSW, LSSW (Agate Social Works)* |
|  | F4 | **From Ideas to Impact: Building Sustainable MTSS Practices to Support Behavioral Health.** *Presenters: Megan Gruis, Ed.S., LSC (IgnitED! Consulting) & Terri Tchorzynski, M.A. (IgnitED! Consulting)* |
|  | F5 | **Rethinking Screening: Aligning Mental Health Supports with Staff Capacity.** *Presenters: Sonya Kuznetsov Duffy, EdS., NCSP (MDE) & Cara McGlynn, MSW, LICSW (Intermediate 916 Schools)* |
|  | F6 | **Responding to School Tragedy.** *Presenter: Brian Skogen (Brian Skogen Consulting)* |
|  | F7 | **Restorative Practices: Circles and Other Best Practices for Student Healing, Voice, and Stakeholder Involvement After Suspension or Crisis.** *Presenters: Jennifer Modeen, LMSW (Area Special Education Cooperative) & Gabby Wavra, LMSW (Area Special Education Cooperative)*  |
|  | F8 | **Blended or Blurred: Ethical Rapport in School-Based Practice.** *Presenters: Jamie-Sue Peterson, MSW, LICSW (Buffalo-Hanover-Montrose Schools) & Marah Walker, MSW, LICSW (Central Minnesota Mental Health Center)* |
| **10:00** | **10:15** | **Break** |
| **10:15** | **11:15** | **1-hour sessions** |
|  | G1 | **Generation Alpha: Meeting the Next Generation Where They Are.** *Presenter: Anthony Turner (Brooklyn Center Community Schools ISD 286)* |
|  | G2 | **Supporting LGBTQ Youth: Challenges, Myths, and Strategies.** *Presenters: Jessi Robin, MSW, LGSW (Greater Minnesota Family Services) & Heather Oxendale, LMFT, ATR-BC (Greater Minnesota Family Services)* |
|  | G3 | **Sharing Student Perspective and Reducing Stigma in Schools Around Substance Use.** *Presenter: Mike Mader (Canvas Health)* |
|  | G4 | **Connecting the EDI Framework and Nonexclusionary Discipline.** *Presenter: Annie Esme (MDE)* |
|  | G5 | **Beyond Circles: Cultivating a Restorative Mindset.** *Presenter: Grace Yang (*MDE) |
|  | G6 | **Behind Every Absent Desk: Addressing Chronic Conditions and Mental Wellness Through Whole Child Care.** *Presenters: Leah Bancroft, MSN RN LSN NCSN (MDE) & Rhianon Herman, BSN RN PHN LSN (Elk River Independent School District 728)* |
|  | G7 | **Motivational Interviewing: Why it matters how you speak to your students.** *Presenter: Scott Nyegaard (Legacy Group, LLC)* |
|  | G8 |  |
| **11:15** | **11:30** | **Break** |
| **11:30** | **12:30** | **1-hour sessions** |
|  | H1 | **The Internet is Here to Stay: Positives and Pitfalls for our Children.** *Presenters: Bonnie I. Brunette, MSW, LICSW (Washburn Center for Children) & Max Utterberg, PhD, LPCC (Dr. Max Mental Health Services)* |
|  | H2 | **Beyond Tier 3: Innovative ways to collaborate with external school based mental health providers.** *Presenters: Amber Anderson, MSW, LGSW (Zumbro Valley Health Center) & Kelsey Kosberg (Zumbro Valley Health Center)*  |
|  | H3 | **Solution Focused BEARS: Discover Your Best Hopes.** *Presenter: Joe Pendleton, Ed.S (Mahtomedi Public Schools)* |
|  | H4 | **Creating Stronger Connections Across Minnesota: Practical Examples of Non-exclusionary Discipline from Beginner to Expert. *Presenter****: Tanya Misgen, M.Ed (MDE)* |
|  | H5 | **Fatphobia: The socially acceptable bias.** *Presenter: Nathalie Mahood, LICSW (Nathalie Mahood, LLC)* |
|  | H6 | **Nature as a Tool for Healing: Integrating the Outdoors into Mental Health, Education, and Equity Strategies.** *Presenters: Anna Lynn, MPP (MDH), Jennifer Salinas (Children and Nature Network) & Arielle Courtney (MN Department of Natural Resources)*  |
|  | H7 | **From Crisis to Connection: A Collaborative Model for Special Education and Mental Health Support*.*** *Presenters: Sara Antonson, MA LMFT (Washburn Center for Children), Natalie Sell, MA Special Education, licensed EBD/ABS (Eden Prairie School District) & Valdie Magstadt, MA Educational Leadership, licensed EBD/LD (Eden Prairie School District)* |
|  | H8 | **Elevating Hope in Prevention: The MN Prevention Support System**. *Presenters: Nicki Linsten-Lodge (Pine River Backus Family Center), Gina Schoenfeld (Project Turnabout) & Sheila Watercott (ANSR)* |
| **12:30** | **1:30** | **Lunch** |
|  | **1:30** | **Depart Cragun’s** |