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Supersedes:18-06 (15-14, 13-14, 11-04, 09-22, 06-12. 04-10, 02-22)

4.b. Early and periodic screening, diagnosis, and treatment services: (continued)

Fifteen hours must be face-to-face training in mental health services delivery and eight hours must be parent team training, which includes partnering with parents; fundamentals of family support; fundamentals of policy' and decision-making; defining equal partnership; complexities of parent and service provider partnership in multiple service delivery systems; sibling impacts; support networks; and community resources; and 20 hours of continuing education every two calendar years. Topics covered are those identified in subclause i., above.

- 1) a Level II mental health behavioral aide must:
  - 1) be at least 18 years of age;
  - 2) have an associate or bachelor's degree or 4,000 hours of experience delivering clinical services to children with in the treatment of mental illness or emotional disturbance concerning children or adolescents, or complete a certification program approved by the Department; and
  - 3) meet the preservice and continuing education requirements as a Level I mental health behavioral aide.
- B. A day treatment multidisciplinary team that includes at least one mental health professional <del>and one mental health practitioner</del>.

### Components of Children's Therapeutic Services and Supports

Persons providing children's therapeutic services and support must be capable of providing the following components:

- A. Psychotherapy: patient and/or family, family, and group. Family psychotherapy services must be directed exclusively to the treatment of the child. Psychotherapy services require prior authorization.
- B. Individual, family, or group skills training designed to facilitate the acquisition of psychosocial skills that are medically necessary to rehabilitate the child to an ageappropriate developmental trajectory that was disrupted by psychiatric illness.

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4.b. Early and periodic screening, diagnosis, and treatment services: (continued)

Crisis planning. Crisis planning services focus on crisis identification and prevention and is designed to address abrupt or substantial changes in the functioning ofthe child or the child's family as evidenced by a sudden change in behavior with negative consequences for well- being, a loss of coping mechanisms, or the presentation of danger to self or others. The services help the child, thechild's family and all providers of services to the child to:

- recognize factors precipitating a mental health crisis;
- 2) identify behaviors related to the crisis; and
- 3) be informed of available resources to resolve the crisis.

Crisis planning services must be coordinated with emergency services. Emergency services must be available 24 hours per day, seven days a week;

C. Mental health behavioral aide services means medically necessary one- on-one activities performed by a trained paraprofessional to <u>practice psychosocial skills and assist</u> a child retain or generalize psychosocial skills <u>according to the child's treatment plan that a mental health professional, clinical trainee, or mental health practitioner has previously taught to the child according to the child's treatment plan.</u>

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Early and periodic screening, diagnosis, and treatment

- services: (continued)
  C. direction of a mental health behavioral aide by a mental health professional, a clinical trainee, who assumes full professional responsibility, or direction of a mental health behavioral aide by a mental health practitioner working under the clinical supervision of a mental health professional who assumes full professional responsibility. Direction is based on the child's individualized treatment plan and means ensure performance of activities in guiding the mental health behavioral aide in providing services to a client and continuously evaluate the mental health behavioral aide's ability to carry out the MHBA activities in the individualized treatment plan. +
- 1) ongoing, on-site observation by a mental health professional ormental health practitioner for at least one hour during every 40hours of service ; and
- 2) immediate accessibility of the mental health professional ormental health practitioner to the mental health behavioral aidewhen the services are provided.
- D. mental health service plan development includes the development, review, and revision of a child's individual treatment plan;

-E. Functional assessment. A functional assessment is the administration and reporting of standardized outcome measurement instruments.

Components A-B, above, may be combined to constitute a mental health day treatment program, provided by a multidisciplinary staff under the clinical supervision of a mental health professional. A day treatment program consists of psychotherapy for three or more recipients and individual or group skills training. It is provided by an outpatient hospital accredited by the Joint Commission on the Accreditation of Healthcare Organizations, a community mental health center, or a county contracted day treatment provider. Day treatment is provided at least one day a week for a minimum two-hour time block (of whichone hour, is individual or group psychotherapy), but no more than three hours per day. A child may receive less than two hours per day of day treatment if the child is transitioning in or out of day treatment.

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# 4.b. Early and periodic screening, diagnosis, and treatment services. (continued)

development and use of parenting skills to help the recipient achieve the goals of the treatment plan, and promoting family preservation and unification, community integration, and reduced use of unnecessary outof-home placement or institutionalization. Family psychotherapy and skills training is directed exclusively to treatment of the recipient.

#### Covered services are:

- 1. Provided pursuant to an individual treatment plan based on recipients' clinical needs;
- 2. Developed with assistance from recipients' families or legal representatives; and
- 3. Supervised by a mental health professional who provides at least weekly face-to-face supervision either individually or as a group to staff providing program services to a resident.

## Provider Qualifications and Training

Members of the multidisciplinary team provide residential rehabilitative services within their scope of practice under the supervision of a mental health professional as defined in item 6.d.A.

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4.b. Early and periodic screening, diagnosis, and treatment services: (continued)

Fifteen hours must be face-to-face training in mental health services delivery and eight hours must be parent team training, which includes partnering with parents; fundamentals of family support; fundamentals of policy and decision-making; defining equal partnership; complexities of parent and service provider partnership in multiple service delivery systems; sibling impacts; support networks; and community resources; and 20 hours of continuing education every two calendar years. Topics covered are those identified in subclause i., above.

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  - 1) be at least 18 years of age;
  - 2) have an associate or bachelor's degree or 4,000 hours of experience delivering clinical services to children with mental illness or emotional disturbance, or complete a certification program approved by the Department; and
  - 3) meet the preservice and continuing education requirements as a Level I mental health behavioral aide.
- B. A day treatment multidisciplinary team that includes at least one mental health professional and one mental health practitioner.

# Components of Children's Therapeutic Services and Supports

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4.b. Early and periodic screening, diagnosis, and treatment services: (continued)

> B. Crisis planning. Crisis planning services focus on crisis identification and prevention and is designed to address abrupt or substantial changes in the functioning of the child or the child's family as evidenced by a sudden change in behavior with negative consequences for well-being, a loss of coping mechanisms, or the presentation of danger to self or others. The services help the child, the child's family and all providers of services to the child to:

- 1) recognize factors precipitating a mental health crisis;
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Crisis planning services must be coordinated with emergency services. Emergency services must be available 24 hours per day, seven days a week;

C. Mental health behavioral aide services means medically necessary one-on-one activities performed by a trained paraprofessional to practice psychosocial skills and assist a child retain or generalize psychosocial skills according to the child's treatment plan that a mental health professional, clinical trainee, or mental health practitioner has previously taught to the child according to the child's treatment plan.

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4.b. Early and periodic screening, diagnosis, and treatment services: (continued)

- C. direction of a mental health behavioral aide by a mental health professional, a clinical trainee, who assumes full professional responsibility, or direction of a mental health behavioral aide by a mental health practitioner working under the clinical supervision of a mental health professional who assumes full professional responsibility. Direction is based on the child's individualized treatment plan and means ensure performance of activities in guiding the mental health behavioral aide in providing services to a client and continuously evaluate the mental health behavioral aide's ability to carry out the MHBA activities in the individualized treatment plan.÷
  - 1) ongoing, on-site observation by a mental health professional or mental health practitioner for at least one hour during every 40 hours of service; and
  - 2) immediate accessibility of the mental healthprofessional or mental health practitioner to the mental health behavioral aide when the services are provided.
- D. mental health service plan development includes the development, review, and revision of a child's individual treatment plan;
- E. Functional assessment. A functional assessment is the administration and reporting of standardized outcome-measurement instruments.

Components A-B, above, may be combined to constitute a mental health day treatment program, provided by a multidisciplinary staff under the clinical supervision of a mental health professional. A day treatment program consists of psychotherapy for three or more recipients and individual or group skills training. It is provided by an outpatient hospital accredited by the Joint Commission on the Accreditation of Healthcare Organizations, a community mental health center, or a county contracted day treatment provider. Day treatment is provided at least one day a week for a minimum two hour time block (of which one hour, is individual or group psychotherapy), but no more than three hours per day. A child may receive less than two hours per day of day treatment if the child is transitioning in or out of day treatment.

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#### 4.b. Early and periodic screening, diagnosis, and treatment services. (continued)

development and use of parenting skills to help the recipient achieve the goals of the treatment plan, and promoting family preservation and unification, community integration, and reduced unnecessary out-of-home placement institutionalization. Family psychotherapy and skills training is directed exclusively to treatment of the recipient.

# Covered services are:

- 1. Provided pursuant to an individual treatment plan based on recipients' clinical needs;
- 2. Developed with assistance from recipients' families or legal representatives; and
- 3. Supervised by a mental health professional who provides at least weekly face-to-face supervision either individually or as a group to staff providing program services to a resident.

### Provider Qualifications and Training

Members of the multidisciplinary team provide residential rehabilitative services within their scope of practice under the supervision of a mental health professional as defined in item 6.d.