



Funding projects to improve aging in Minnesota

Age-Friendly Minnesota Grants

Projected **6-7x**
return on investment
in health care savings

Age-Flourishing St. Cloud: City-wide effort to help people in St. Cloud flourish at every age. An AFMN grant helped the program reach 750 people, including over 500 older adults, through workshops and events.

Hennepin County Public Health

Hennepin County conducted a feasibility study to explore offering the CAPABLE program, which provides goal-based support from an interprofessional team in the home environment. Over the course of 10 home visits, the individual is empowered to set goals and improve their self-efficacy for daily living. The study concluded that CAPABLE is a good fit for Hennepin County and identified next steps.

Tri-County Action Program: Volunteer driver program that provides rides to rural, low-income older adults. In 2024, an AFMN grant helped their volunteer pool grow from 15 drivers to over 40 drivers.



1500 event attendees in 2025
70% attendees age 50 or older

Aitkin County Friends of the Arts

The Terrace is an age-friendly outdoor arts and entertainment venue in Aitkin's downtown. Construction was completed in 2024, transforming an empty lot into a thriving gathering space to connect neighbors of all ages and support local performing artists.



2070 riders in 2024

Cycling Without Age Alexandria

Cycling Without Age is a worldwide program that pairs volunteer "pilots" with older adults and people with restricted mobility for bike rides. The local chapter in Alexandria, MN began in 2023 and received an AFMN grant to purchase passenger-friendly bikes. Alexandria volunteers have given hundreds of rides at assisted living/care facilities, fairs, and parades.

Northspan: Created a toolkit to help employers offer "returnships" that help individuals re-enter the workforce. For people who took a break from work due to retirement or caregiving responsibilities, these positions provide training, mentorship, and on-the-job experience. The toolkit provides concrete advice on these job positions as well as background on ageism in the workforce.

