

Arrowhead Area Agency on Aging
and Age-Friendly Minnesota present



Arrowhead Age-Friendly Exchange 2026

Connect. Learn. Shape what's next. Explore what an age-inclusive future means for you or your organization. Discover innovative approaches, and collaborate on what comes next in Minnesota.

EVENT HIGHLIGHTS INCLUDE:

- **Move from *Strategic Planning* to *Strategic Doing*** in an interactive session with the University of Minnesota Extension. Explore how to move promising ideas and initiatives beyond the “aha” stage and into meaningful action.
- Attend a breakout session to learn more about Age-Friendly Businesses, Partnering with Public Libraries to Advance Age-Friendly Work, How to Be a Changemaker, and more!



**Wednesday,
October 28, 2026**

10:00am–3:00pm

Minnesota Discovery Center
Chisholm, MN

**Register by Friday, October 14,
2026. Space is limited!**

*Regional Exchanges are free
to attend and include lunch
with registration.*

Registration open!

Scan the QR code or visit the
[Arrowhead Exchange event page](#)
to learn more and register.



**Arrowhead Area
Agency on Aging**
A Division of ARDC

AGE FRIENDLY
minnesota

Please send requests for accommodations to Jess at
jlanger@ardc.org by Oct. 9th, 2026.

This year's Regional Exchanges also include a **virtual, statewide conference** on
Tues., Oct. 27, 2026! Visit <https://bit.ly/AFRE2026> for more information and to
register for this free event.