

# RAMSEY COUNTY PUBLIC HEALTH GOVERNOR'S COUNCIL FOR AN AGE-FRIENDLY MN

---

JOCELYN ANCHETA

PLANNING SPECIALIST

JUNE 24, 2020

## BACKGROUND

- Ramsey County Public Health
  - Minnesota Diverse Elders' Council
  - Filipino-American Community Member/Aging
  - Caregiver
-

## AGE-FRIENDLY EFFORTS

- Ramsey County efforts
  - Public Health network point-of contact
  - Create an Age-Friendly Ramsey County effort to inform planning that will build on the work that the Governor's Council is going.
  - Expertise in aging
  - Information & Communications Domain – Strength (Ramsey Co)
    - Roseville , White Bear Lake & St. Paul
-

## COMMUNITY BARRIERS/OPPORTUNITIES

- Lack of cultural competency in systems - hospital & long-term Care
  - Adult Day Care need to offer culturally specific activities
  - Isolation in home visiting
  - Filipino community action steps
    - Immigrants vs Refugees (impact on public programs)
    - Senior LinkAge Line as resource to adult children to assist in navigating the system
    - Wills & financial planning
-

## POLICY CONSIDERATIONS

### NATIONAL LEVEL

- Lack of culturally-specific assessments
- Adjust federal poverty level (updated to modern economic level)
- Caregiver Benefits (earned credits)

### STATE LEVEL

- Regulation/  
Training of Home care
- Small Grants

### COMMUNITY LEVEL

- Options for Aging in Place (e.g. accessory dwelling units)
  - Low interest loan for caregivers and older adults
  - Community response to build capacity
-

## RECOMMENDATIONS

- Resources in the form of Technical Assistance
  - Small Grants (Need funding for the planning process)
  - Listen to communities
  - Cultural Navigator
  - Periodic check-in & trainings
  - Credentialing of Community Health Worker and connect to Age-friendly work
  - Age-Friendly reimbursements
-