

Age-Friendly Minnesota and regional partners present



Metro Age-Friendly Exchange 2026

Connect. Learn. Shape what's next. Explore what an age-inclusive future means for your organization, your field, and your community. Discover innovative approaches, and collaborate on what comes next in Minnesota.

Join us for this dynamic event!

- Discover how cross-sector partnerships are shifting systems through the Multisector Blueprint for Aging
- Connect your work to opportunities and action—from housing and transportation to employment, social connection, emergency preparedness and more
- Explore how working differently—together—can create lasting change for how we age in Minnesota



Wednesday, October 28, 2026

Plymouth Community Center
14800 34th Ave N
Plymouth, MN 55447

8:30am: Register & Networking

9:00am–3:00pm: Event

**Register by Mon., Oct. 19, 2026.
Space is limited!**

*Free to attend and includes
lunch with registration.*

Registration open!

Scan the QR code or visit

<https://bit.ly/AFRE2026> to learn more
and register.



Please send requests for reasonable accommodations
to MN.DHS.AgeFriendlyMN@state.mn.us by Oct. 9., 2026.

AGE FRIENDLY
minnesota



**Metropolitan Area
Agency on Aging**

Morrison Family
College of Health



This year's Regional Exchanges also include a **virtual, statewide conference** on **Tues., Oct. 27, 2026!** Visit <https://bit.ly/AFRE2026> for more information and to register for this free event.