

Thursday Connections with SUD at DHS

Aug 17, 2023

[DHS webpage for monthly meeting](#)

Agenda

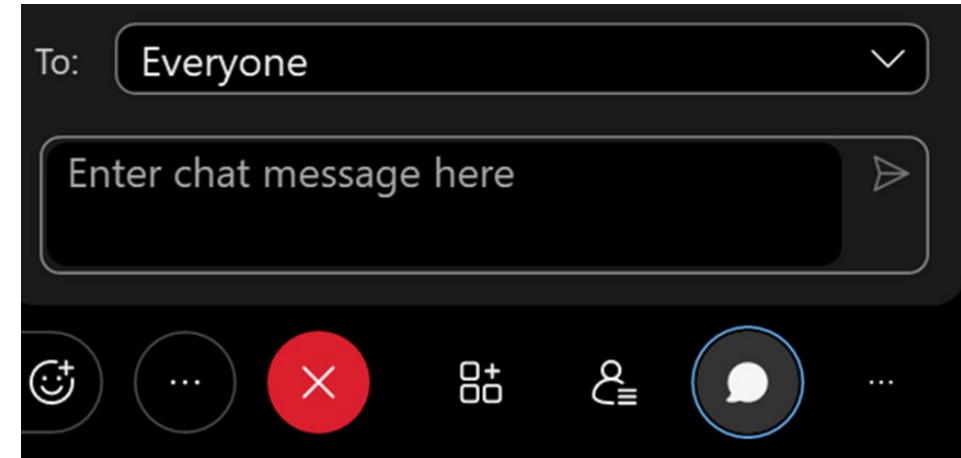
Time	Topic
3:00-3:05	Logistics and Introductions
3:05-3:20	Updates from SUD teams at DHS
3:20-3:30	Medium Intensity Care
3:30-4:00	Q&A

Meeting Logistics

- All attendees, except presenters, will remain muted
- Questions submitted via chat will be addressed during Q&A portion of meeting
- Post chat questions to everyone to allow for all attendees to see conversation
- Refrain from using chat during presentations to decrease distractions and side conversations
- To save bandwidth, please keep cameras off
- We will work to address all questions during the time allotted. If there are more questions than can be addressed or if the responses need further research, those responses will be posted on the meeting webpage.

Getting Connected

1. Submit questions in the Chat
2. DHS staff will address questions during the Q&A in the order they are received.
3. A summary of questions, comments and responses will be posted on the Thursday Connections with SUD webpage within two weeks of the meeting date.



Use chat feature to enter questions

SUD Unit Leadership at DHS

- **Jen Sather**, Deputy Director for Substance Use Disorder Services
- **Andrea Abel**, Supervisor, Promotion, Prevention and Early Intervention Team
- **Nathaniel Dyess**, Supervisor, SUD Reform and Redesign Team (formerly 1115 Demo Team)
- **Amelia Fink**, Supervisor, SUD Clinical Policy Team
- **Don Moore**, Supervisor, Behavioral Health American Indian Team
- **Jennifer Rennquist**, Supervisor, State Opioid Response Team

Updates: State Opioid Response Team

- \$20M RFP closed on 8/4 with 100+ proposals received
- The next OERAC meeting will be in Duluth on 8/18
- SAMHSA SOR RFP generated 7 new awards
- OERAC tribal consultations will begin 8/21
- Naloxone distribution well underway throughout the state

Updates: Reform and Redesign Team

- Application for extension of the 1115 SUD Reform Demonstration will be posting for public comment soon
- [SUD Community of Practice](#) meetings to begin soon see website for details
- Paperwork Reduction and System Improvement contract started moving again stay tuned
- [Register](#) for the upcoming ASAM 4th Edition webinar hosted by ASAM

Updates: American Indian Team

- American Indian SUD Summit Aug 2023
- Minnesota American Indian Institute on Alcohol and Drug Studies (MAIADS) Conference 2023

Updates: SUD Clinical Policy Team

- Legislative side by sides posted on Direct Access website
 - [Direct Access / Minnesota Department of Human Services \(mn.gov\)](#)
- Comprehensive Assessment Template
 - In development, look for opportunity to share feedback
- Updates to Behavioral Health Fund request form

Adoption of ASAM Levels of Care

Jen Sather, Deputy Director for Substance Use Disorder Services

Medium Intensity

Medium Intensity was a level of care created by Minnesota to find a middle ground for individuals who did not meet the 30 hour high intensity requirement or the 5 hour low intensity requirement. It is not an ASAM level of care.

Medium Intensity Removal:

- Implementation date is Jan. 1, 2024 or upon fed approval whichever is later
- As of July 1, 2023 medium intensity is still in statute, but it will not be in state law after Jan. 1, 2024 or upon fed approval (whichever is later)
- DHS is currently planning additional ASAM trainings opportunities in the coming months
- To determine if your program will implement 3.1, 3.5 levels of care or both, review the ASAM Criteria manual to determine the level of care provided
 - The 4th edition of the ASAM Criteria is expected to be available before the end of the year
- Rates for ASAM levels of care added to state plan will be determined upon federal approval

ASAM 3.1 – Low Intensity Residential

For individuals whose recovery is aided by a time spent living in a stable, structured environment where they can practice coping skills, relapse prevention and make connections to the community including work, education and family systems.

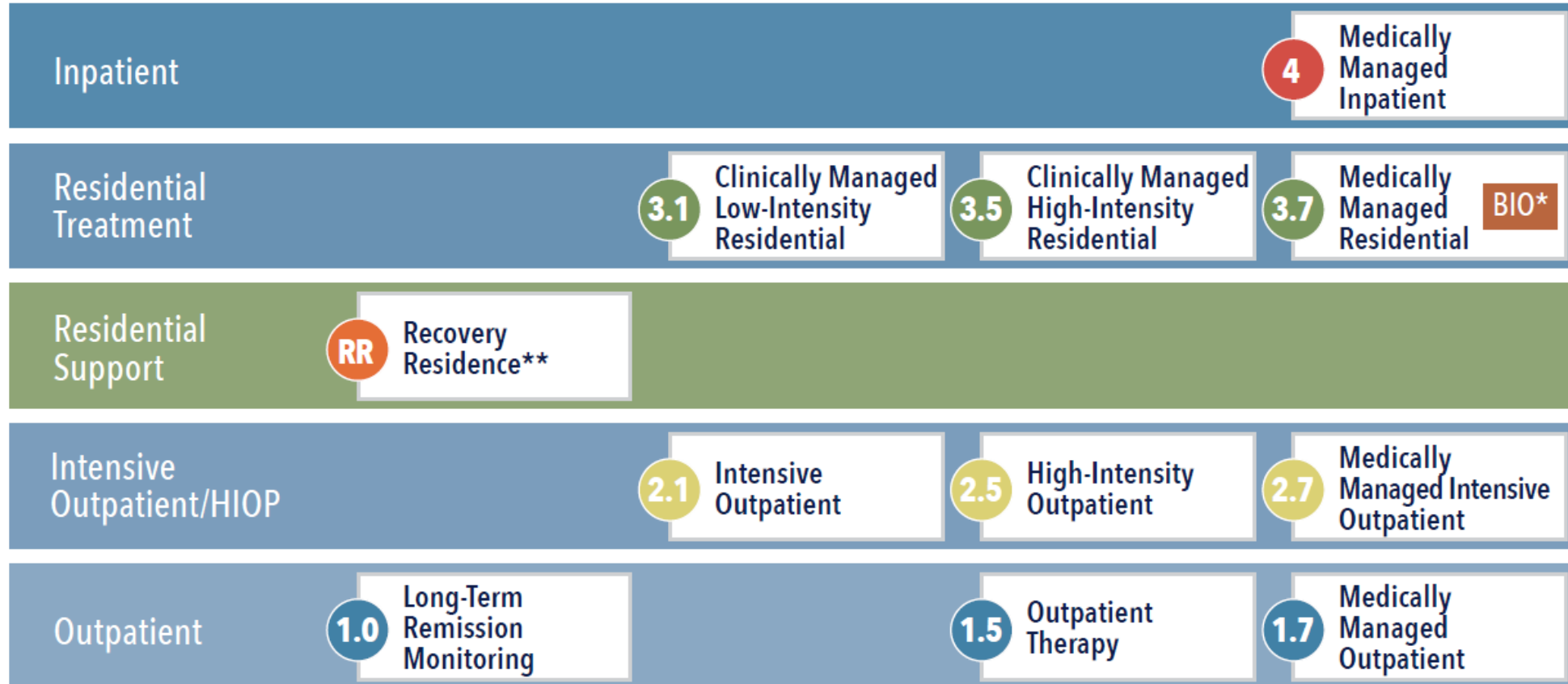
- **Setting:** Services provided in a structured environment with 24-hour staffing.
- **Staff Mix:** Team of appropriately credentialed medical, addiction and mental health professionals provide clinical services. Allied health professional staff including counselors and group living workers and some clinical staff knowledgeable about biological and psychosocial dimensions of SUD and psychiatric conditions support the recovery residence component of care.
- **Therapies:** Are designed to improve the individual's ability to structure and organize the tasks of daily living, stabilize the individual's substance use disorder symptoms and to help them develop and apply recovery skills.

ASAM 3.5 - High Intensity Residential

For individuals in some imminent danger with functional limitations who cannot safely be treated outside of a 24-hour stable living environment that promotes recovery skill development and deters relapse.

- **Setting:** The level of current instability is of such severity that the individual is in imminent danger if not in a 24-hour treatment setting.
- **Staff Mix:** Interdisciplinary team is made up of appropriately credentialed clinical staff including addictions counselors, social workers and licensed professional counselors, and allied health professionals who provide residential oversight. Telephone or in-person consultation with a physician is a required support, but -on-site physicians are not required.
- **Therapies:** The skilled treatment services include a range of cognitive, behavioral and other therapies administered on an individual and group basis; medication management and medication education; counseling and clinical monitoring; random drug screening; planned clinical activities and professional services to develop and apply recovery skills; family therapy; educational groups; occupational and recreational therapies; and related services

The ASAM Criteria Continuum of Care—Adult



* Separate standards are defined for Levels 3.7 and 3.7 biomedically enhanced (BIO).

** The Dimensional Admission Criteria may recommend a recovery residence in addition to an outpatient level of care.

Co-occurring enhanced (COE) care standards defined for x.5, x.7, and Level 4

ASAM 4th Edition – Continuum of Care

What questions do you have for the SUD Unit here today?

We will try to answer your questions at this meeting.

Questions that require more research will be posted within two weeks on the Thursday Connections with SUD at DHS webpage.



Thank You!

For updates about future meetings and responses to questions not answered during this meeting, please visit the [Thursday Connections with SUD at DHS webpage](#).