

STATE ADVISORY COUNCIL ON MENTAL HEALTH
and Subcommittee on Children's Mental Health

August 1, 2019: Meeting Minutes

Location: Elmer L Andersen Building, 540 Cedar Ave, St. Paul, MN 55101

Rooms: 2370 & 2380, Telepresence option: toll free 844-302-0362, access code 598 137 722

Children's Subcommittee – 10:40am-12:00pm

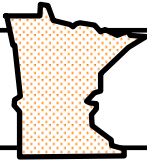
Attendees: Kim Stokes, Sue Benolken, Dave Lee, Sarah Cox, Renelle Nelson, Nick Vega Puente, Jeff Lind, Michelle Schmid-Egelston, Cynthia Slowiak, Dave Johnson, Richard Oni, BraVada Garrett-Akinsanya, Linda Hansen, Amy Lopez, Noah McCourt, Shelley White, Abigail Franklin, **By phone:** Joy Johnson-Lind, Kim Strand

Mental Health Day at the Minnesota State Fair – Beth Ringer, Dave Lee

- Monday August 26 is Mental Health Awareness day at the fair!
- 58 exhibitors this year, up from last year of 36 and full stage lineup. Claire Wilson will be DHS rep on Rural Mental Health Panel, MPR will provide emcee for the panel discussion
- Please sign up for shift to help: community connector role, resource table
<https://signup.com/go/EHTUSoA>
- If you work a shift at the fair, you may submit a vendor invoice to Abbie to be reimbursed for the ticket, travel, parking, and per diem.
- Kim Stokes = lead for subcommittee table, will have tree with leaves to write positive messages. Will have recruitment materials and basic info about the Subcommittee
- Please share State Fair Marketing blurbs with your organizations. Currently info is on Facebook and has gone out to 500 media contacts. Press release info included at end of meeting minutes

MDH updates – Amy Lopez, State Suicide Prevention Coordinator

- Resource across the state for suicide prevention; coordinate suicide prevention efforts using best practices from the Minnesota State Suicide Prevention Plan; provide training, education and technical assistance in local communities; manage state funding grants at MDH and co-chair the Minnesota Suicide Prevention Task Force. The Minnesota Suicide Prevention Task Force provides leadership and strategic direction on implementation of the State Plan.
- Until July 1 of this year, the Minnesota Department of Health had invested \$350,000 annually in State dollars and \$730,000 in federal dollars annually through a Garrett Lee Smith SAMHSA Grant, ending in 2021. The Legislature appropriated an additional \$5.46 million in FYS 2020 – 2021 and \$7.46 million FYS 2022 – 2023 through a comprehensive suicide prevention bill. New funding will create a National Suicide Prevention Lifeline network in Minnesota; Suicide prevention curriculum, which includes Social Emotional learning for school districts in Minnesota; and Expand Zero Suicide
- 7 suicide prevention staff throughout the state including tribal liaison providing technical assistance and capacity building of suicide prevention.



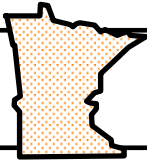
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- MDH's competitive suicide prevention grant review process occurs every four years. The last grant review process occurred this year (January 2019- June 2019). Of the 34 applications submitted, seven proposals were awarded grants. Funding began July 1, 2019 for:
 - St. Louis County Public Health and Human Services: Targeting white rural males, St. Louis County Public Health has been awarded to provide comprehensive suicide prevention in the Iron Range with schools, primary care, behavioral health services. They will be implementing the Zero Suicide model and the Man Therapy Program, and providing suicide prevention and postvention support in schools.
 - NAMI-MN (statewide) Evergreen Youth & Family Services (Beltrami County) and White Earth Mental Health are providing suicide prevention trainings including; ASIST, CALM, safeTALK and QPR.
 - Somali Resettlement Community Services are conducting a Community Readiness Assessment (CRA) in three southeast counties with Somali leaders.
 - The Lao Assistance Center (in Minneapolis, Worthington, St. Cloud and Warroad) are conducting listening sessions with the Lao community to create a common language for how to talk about mental illness and suicide prevention; developing community-driven solutions to decrease stigma and increase culturally appropriate mental health services.
 - Ain Dah Yung in St. Paul is providing culturally appropriate suicide prevention services to promote healing, resiliency and hope.
- All subcommittee members should sign up for the suicide prevention email updates and MDH/DHS RFP updates:
 - <https://www.health.state.mn.us/communities/suicide/>
 - <https://www.health.state.mn.us/about/grants/index.html>
 - <https://mn.gov/dhs/partners-and-providers/grants-rfps/open-rfps/>

DHS Leadership Updates – Nick Puente

- PRTFs: Northwoods in Duluth is operating with a 4-6 month waitlist, 2 more facilities will start operations next year: 52 beds in Grand Rapids and 60 beds in East Bethel. Cassandra Stewart will be responding to questions related to additional RFP to add 80 more beds.
- Thank you for those participating in uniform services and supports. Data collection has been ongoing since June, analysis will be presented in August. Follow up questions to Benjamin Ashley-Wurtmann.
- School linked mental health will be posting new positions and beginning to implement the work made possible by legislation
- Minnesota Life Skills Training Project = evidenced based SUD program geared toward middle schools, RFP open until November. Will fund approximately 25 projects
- More changes to our division: creating new unit - grants management and contracts teams will be combined under a financial manager
- Gary Travis, Housing Services Lead for DHS: primary grant = housing supports for individuals with serious mental illness. This project identifies individuals who are homeless or at risk of homelessness to link them with housing supports. RFP closes 8/23 would like reviewers, expect 20+ applications to review. \$4.9Million will fund grants. Contact gary.m.travis@state.mn.us for



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more information to become a reviewer. Grants capped at \$300,000 and will fund services such as: Housing transition, tenancy sustaining supports, and site based programming.

Call for New Co-chair Elections – Dave Lee

- Linda Hansen declined nomination, accepted nomination: Michelle Schmid-Egelson, Noah, Jeff Lind, Noah McCourt
- Congratulations to Jeff Lind and Michelle Schmid-Egelston as new Co-chairs!

Open Appointments – Abigail Franklin

- We currently have 12 open positions and are reviewing applications. If you know anyone interested in applying, please direct them to the Boards & Commissions website.
<https://commissionsandappointments.sos.state.mn.us/Agency/Details/153>
- Several seats expire January 2020. If you are interested in continuing your position on the Children's Subcommittee, please submit a new application by November 30. This will give the council time to review applications and make appointments to start in January 2020.

State Advisory Council – 1:00pm-3:00pm

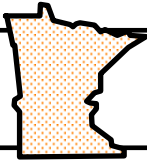
Attendees: Alison Wolbeck, Amy Lopez, Allison Stolz, Dave Lee, Sam Smith, Rozenia Fuller, Melissa Balitz, Jennifer Giesen, Anna Lynn, Shelley White, Abigail Franklin **On phone:** Mary Kjosling

Mental Health Day at the Minnesota State Fair – Beth Ringer, Dave Lee

- Sign up to volunteer on August 26, can sign up online, Community Connector will float around to have fun and troubleshoot, Staff the table to share info about SAC.
<https://signup.com/go/EHTUSoA>
- Stage line up: Cedar Creek Drummers, Yoga with Bryan Piatt, Fidgety Fairy Tales, North Star Therapy Animals, Music by the Renovators, Brains On!, Music with Elsa Lee, Rural Mental Health Panel, Proclamation from the Governor's Office, Music with Desdamona, Sewa-Aifw Inc, Music with Mark Mallman
- MHA@SF marketing materials: press releases have been sent out but more will come beginning of August, please share it with your agencies.
- T-shirt sales ended August 5. If you ordered and had it shipped to NAMI, it will be at the NAMI table at the State Fair.
- Alison Stoltz = lead for SAC table. Will have tree with leaves to write positive messages. Will have recruitment materials and basic info about SAC
- If you work a shift at the fair, you may submit a vendor invoice to Abbie to be reimbursed for the ticket, travel, parking, and per diem.

MDH updates

- Amy Lopez, State Suicide Prevention Coordinator – see Subcommittee notes above for update about suicide prevention in Minnesota.



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- MN THRIVES – Project of the Mental Well-Being and Resilience Learning Community. Submit info to tell your stories and please share the information with your partners.
<https://redcap.health.state.mn.us/redcap/surveys/?s=C4ADKRT8LH>

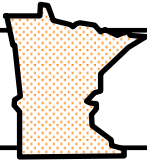
Open Appointments – Abigail Franklin

- I am waiting to hear from the governor's office about appointments to the council. Recommendations were sent to the Board & Commissions Appointment Coordinator the first week in July.
- Several appointments expire January 2020. If you wish to be considered for another term, please complete a new application on the Boards & Commissions website.
- Ideas for retaining members:
 - When recruiting, share the “products” of the council to emphasize the work that is being done.
 - Joint lunch meetings where food is available
 - Desire for more relevancy of the work the council is doing

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Other discussion: 2021 Legislative Report - how do we coordinate with the legislative network to get our reports and recommendations heard in a timely manner? Goal to have the report drafted by May 2020 for publication. NAMI willing to help council members host “House Parties” to meet with legislators, share the legislative report and tell the human stories.



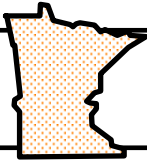
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Next Meeting: ***RSVPs required*******

September 5, 2019 will be a joint meeting with the State Advisory Council and Subcommittee on Children's Mental Health from 11am-2pm in telepresence room 5134. This will give us a chance to test out the telepresence technology for future meetings. If you plan to attend remotely, please contact Abigail Franklin by **August 15** with your name, email address, and phone number to be assigned a Vidyo account.

For those attending in person, you must be a registered visitor. Please RSVP to abigail.franklin@state.mn.us by **August 30**. Limited visitor parking is available and you must register your vehicle at the security desk upon arrival.

Thursday, September 5, 2019
11am-2pm
DHS – Lafayette Building, Room 5134
444 Lafayette Road
St. Paul, MN 55155
RSVP: abigail.franklin@state.mn.us



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Volunteer Sign-up for the State Fair! <https://signup.com/go/EHTUSoA>

The Children's Subcommittee and State Advisory Council members will have the opportunity to sign up for two different roles for August 26th. We have two roles to fill throughout the day:

- *Community Connector*
 - Help pump-up the crowd and draw traffic to Dan Patch Park. Engage participants in conversations/activities and serve as a way finder - pointing State Fair-goers to particular partners/activities. Assist with other errands and tasks as needed
- *State Advisory Council & Children's Subcommittee Exhibit Table*
 - Staff the State Advisory Council & Children's Subcommittee booth in Dan Patch Park. Help set-up and clean-up as needed

Please sign up online by August 15 for one or two time blocks if you are interested and able to volunteer!

- 7:00 AM – 11:00 AM
- 11:00 AM – 3:00 PM
- 3:00 PM – 7:00 PM

Stage performances include:

9:00AM: Cedar Creek Drummers
9:30AM: Yoga with Bryan Piatt
10:00AM: Fidgety Fairy Tales
10:45AM: North Star Therapy Animals
11:00AM: Music by the Renovators
12:00PM: Fidgety Fairy Tales
1:00PM: Music with Elsa Lee
2:00PM: Rural Mental Health Discussion with Minnesota State Commissioners of Health, Agriculture, Human Services, and the Minnesota Farmers' Union
2:45PM: Proclamation from Governor's office
3:00PM: Music with Desdamona
4:00PM: Sewa-Aifw Inc Youth Dancers
4:15PM: Music with Mark Mallman
5:30PM: Special message from NAMI Minnesota

The stage will feature emcee appearances by Bryan Piatt (Kare 11), Dr. Kaz Nelson (The Mind Deconstructed Podcast), Claire Wilson (Deputy Commissioner, Minnesota Department of Human Services), and a special guest appearance from The Current.