

# Crisis Counseling Assistance and Training Program: Grantees

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## About the grants

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Crisis Counseling Assistance and Training Program (CCP) grants have been awarded to 11 community agencies across the state to help people struggling with stress and anxiety as a result of the pandemic.

CCP services include supportive crisis counseling, psycho-education, development of coping skills and linkage to appropriate resources, while assessing and referring those members of the community who are in need of intensive mental health and substance use treatment to appropriate community resources.

The CCP is a federally funded supplemental program administrated by the U.S. Department of Homeland Security Federal Emergency Management Agency (FEMA). The Center for Mental Health Services, within the Substance Abuse and Mental Health Services Administration, works with FEMA to provide technical assistance, consultation, grant administration, program oversight and training for state mental health authorities, U.S. territories and designated tribal authorities.

## Grantees

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### African American Child Wellness Institute

African American Child Wellness Institute (AACWI) is a nonprofit organization located in Hennepin County. AACWI conducts outreach and direct public education support to venues primarily located in

North and South Minneapolis. Individuals served by AACWI receive culturally-congruent individual, family and group counseling related to COVID19 as well as other mental health and community resources. Referrals come directly from a public education campaign, media blitz (such as newspaper articles, newspaper advertisements, electronic newsletters, podcasts, public service announcements, interviews on radio stations, social media), calls directly to our offices, and after-hour crisis line, as well as direct outreach activities such as healing circles and printed materials.

**Contact: 763-522-0100 After Hours: 1-800-325-7768**

**More Information: [www.aacwi.org](http://www.aacwi.org)**

### **Care Providers of Minnesota**

Care Providers of Minnesota offers a support line available to anyone who works in long-term care, as well as family members, who need to talk with someone about difficult situations during the COVID-19 pandemic. The long-term care support line is staffed with qualified, trained peer counselors who will provide supportive listening, skills-based consultation, and access to resources and referrals to mental health support services. The service is free, confidential, and also available via text, 7-days a week, from 2 P.M – 10 P.M.

**Call: 855-244-5050**

**More information: [www.careproviders.org](http://www.careproviders.org)**

### **Change Inc.**

Change Inc.'s Crisis Counseling Program will provide individual crisis counseling through a Community Support Line, offering basic support and educational for 600+ families. Mental health practitioners and professionals and community cultural specialists will offer assessments, referrals and resources through expanded social work support, development of educational materials and PSAs, and increased community networking. Program services will target children, youth, young adults and families in the Twin Cities challenged by poverty and transition. Staff are representative of targeted communities: African American, Native American, Cambodian, Karen, Hmong, and Latinx, with language proficiency in Spanish, Khmer, Karen, and Hmong.

**Call: 651-262-5858**

**More information: [www.thechangeinc.org](http://www.thechangeinc.org)**

### **LeadingAGE**

LeadingAge MN Foundation is offering a COVID-19 coping and support hotline available to caregivers, managers and leaders at nursing homes, assisted living and other senior care organizations. This hotline provides a 20-minute coaching session to callers, along with assistance in creating a coping roadmap to make healthy choices. Professionals from Associated Clinic of Psychology in Minneapolis are answering the calls.

Call 612-455-8656 or email [covidsupport@acp-mn.com](mailto:covidsupport@acp-mn.com)  
More information: [www.leadingagemn.org](http://www.leadingagemn.org)

### **Mental Health Minnesota**

Mental Health Minnesota, an 80+ year old statewide mental health advocacy and service organization and affiliate of Mental Health America, offers the Minnesota Warmline. The Minnesota Warmline provides peer-to-peer support to people living with a mental health condition, taking more than 12,000 calls from 73 counties across Minnesota in 2019. COVID-19 has resulted in increased demand for this service as people are isolated and feelings of stress, anxiety and depression have increased. Grant funding will help meet this increased demand by enabling expanded Warmline hours, currently 12 P.M. – 10 P.M., Monday through Saturday.

Call 877-404-3190 or text “support” to 85511  
More information: [www.mentalhealthmn.org](http://www.mentalhealthmn.org)

### **Native American Community Clinic**

The Native American Community Clinic (NACC) opened its doors in 2003 with a goal of reducing health disparities within the urban Native American community of South Minneapolis. NACC offers comprehensive care regardless of insurance status or background, providing more than 19,300 patient visits in primary medical, dental, and mental health care to more than 4,500 individuals each year, 75% of whom are Native American. The COVID19 pandemic required NACC to be creative and flexible to meet the increased demand for children and family crisis services, including visiting the homeless encampments and providing high quality strength-based and culturally responsive telehealth.

Call: 612-872-8086  
More information: <https://nacc-healthcare.org>

### **NorthPoint**

NorthPoint Health and Wellness Center is a community agency in North Minneapolis that provides various services such as medical, dental and behavioral health and a number of other social services to help support a healthy community. NorthPoint will provide help to people who are affected by COVID-19 or other community stressors. NorthPoint offers referrals for needed resources, such as food, housing, utilities and legal services, as well as emotional support to anyone who might need it.

Call: 612-767-9171 or 612-767-9151  
More information: [www.northpointhealth.org](http://www.northpointhealth.org)

### **Turning Point Inc.**

This grant will help address the individual needs, stresses and compassion fatigue often experienced by providers and first responders. This program also serves the crisis needs of the African American community through engagement, coping mechanisms, resource coordination and referrals.

Efforts include:

- Individual and group crisis counseling (By phone, WebEx, etc.)
- Basic supportive or educational contact
- Community networking and support
- Assessments, referrals and resources
- Development and distribution of educational material
- Media and public service announcements.

This grant will help serve African Americans, including those who may be single parents, low income families, children, elderly, homeless, young adults, individuals in recovery, people with serious mental illness, and people with pre-existing medical needs.

**Call: 612-520-4004**

**More information: <https://ourturningpoint.org>**

### **Twin Cities Recovery Project, Inc.**

Twin Cities Recovery Project, Inc.'s goal is to meet the needs of marginalized individuals and families living in homeless encampments and supportive housing, as well as those suffering from mental health and substance use disorder. Participants receive information about COVID-19, Housing 211, Q-Link wireless, as well as COVID 19 essentials (such as mask, sanitizer, toiletries) and much more. The grant will target North and South Minneapolis.

**Call: 612-886-2045**

**More information: [www.twincitiesrecoveryproject.org](http://www.twincitiesrecoveryproject.org)**

### **Watercourse Counseling Center**

Watercourse Counseling provides services in Minneapolis at our community clinic in South Minneapolis and at 12 schools across Minneapolis. Watercourse Counseling will offer:

- Two groups for parents: Parenting Children during COVID, and Dealing with the Challenges and Loss due to COVID
- Multiple skills groups for children, helping them deal with the isolation they are experiencing due to distance learning and providing opportunities to build coping skills
- Individual phone support (could switch to in-person at some point) to provide community resources and support.

In addition, Watercourse Counseling is expanding services in the schools to provide referral, resource support and crisis support to parents and students, focusing on the five schools that have the highest at-risk populations for the health and economic effects of COVID-19, including Latinx and East African refugee/immigrant communities and the African American community.

**More information: <https://watercoursecounseling.org>**

**Call:**

**Somali: 612-767-8659**

**Spanish: 612-767-4158**

**English: 612-767-8661**

### **Wellness in the Woods**

Wellness in the Woods is Minnesota's largest mental health consumer organization. All 40 employees identify as living with a mental health experience. We provide mental health education, advocacy and peer support services across Minnesota including a peer warmline and virtual peer support network. The Warmline is available from 5 P.M. – 9 A.M. The virtual peer support network is 10 A.M. – 4 P.M.

**Call or text: 844-739-6369**

**More information: [www.mnwitw.org](http://www.mnwitw.org)**