

Community Competency Restoration

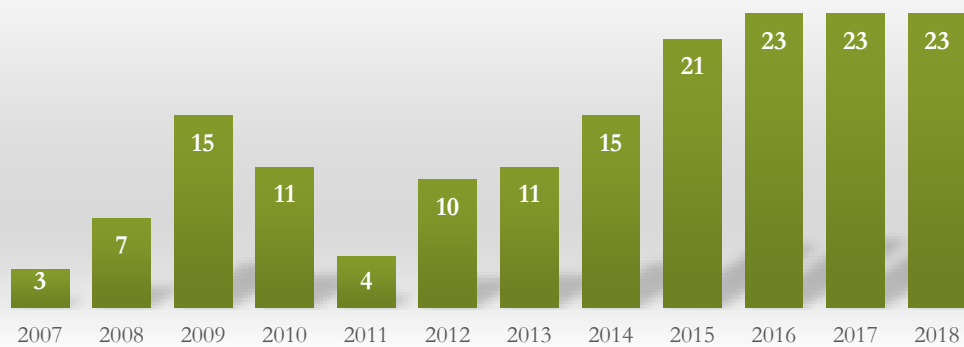
An Example of how Crow Wing County was able to successfully do this in the community.

By: Aimee Tagtmeier and Nathan Bertram

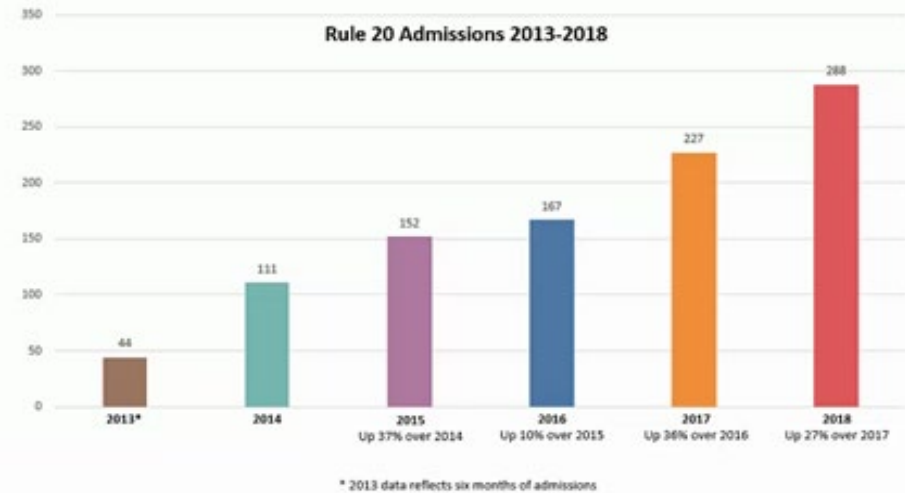
History of Competency Restoration

- The State did it! 😊
 - Not going to go into all the Statute of it, as we all know how it used to work...

Rule 20's Ordered by Court



Rule 20 Admissions 2013-2018



Training

“Necessity is the Mother of Invention” ~ Plato

- We were trained at the DHS Cambridge site to do Community Competency Restoration in 2015.
- We went two and a half years before we had our first Cases.
- First case was January of 2018.
- DHS Bulletin regarding Competency Restoration came out on December 18th, 2018.

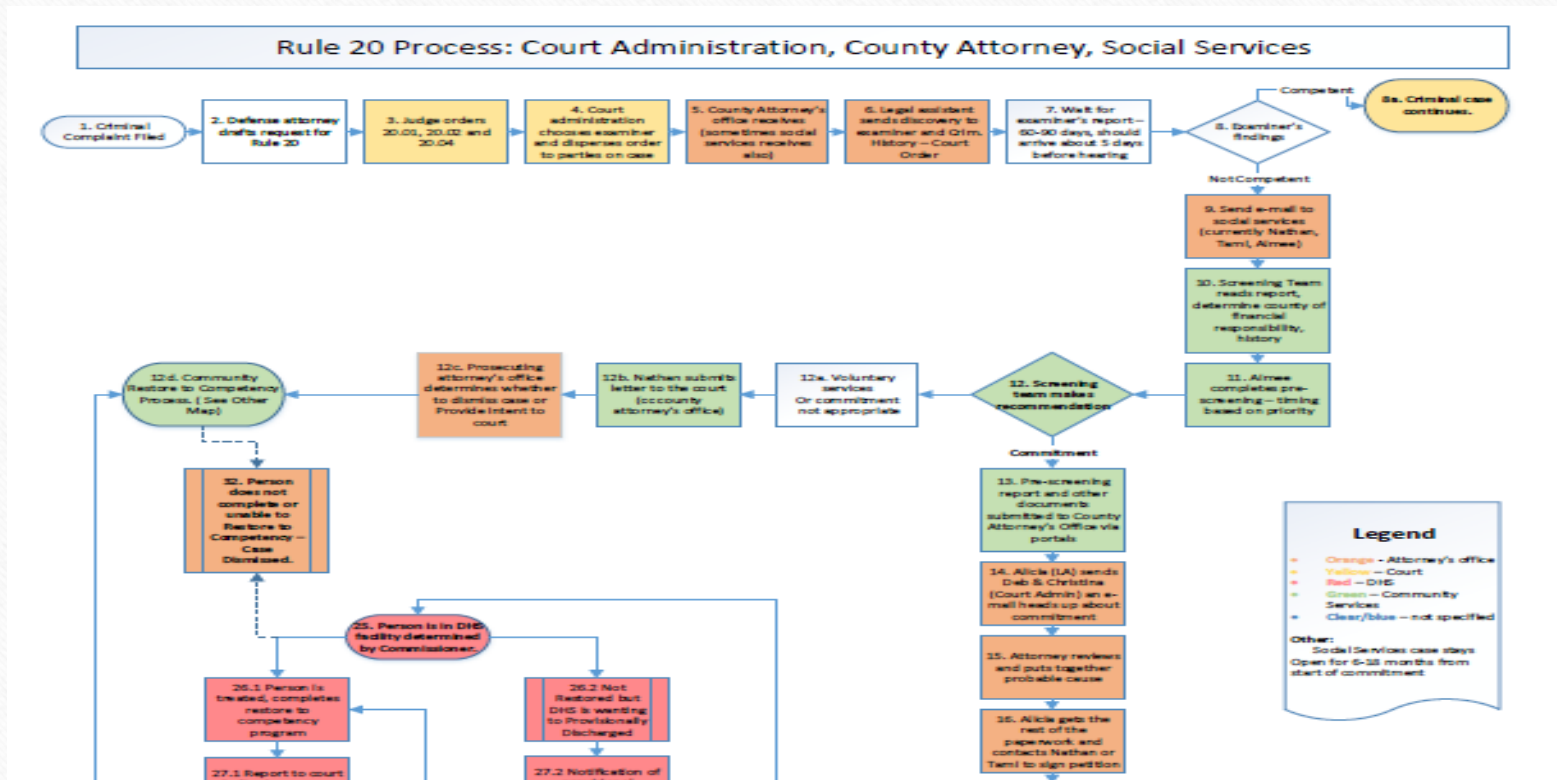
What is Competency Restoration

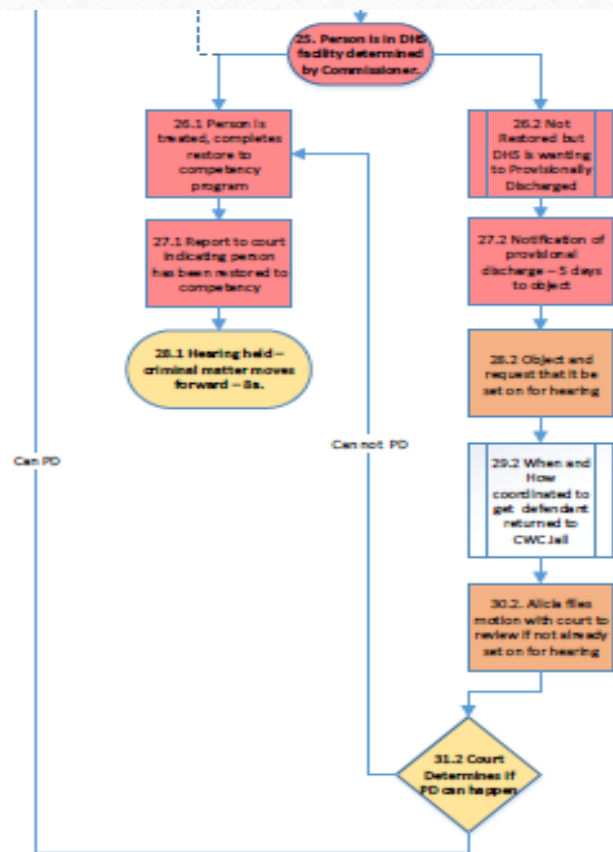
- From DHS's material Competency Restoration consists of two key components:
 - 1) Mental Health Stabilization
 - 2) Education that helps patients.
 - Know their legal rights
 - Understand the charges and penalties they face
 - Work with their lawyers and aid in their own defense
 - Behave appropriately in court

Who can provide competency education???

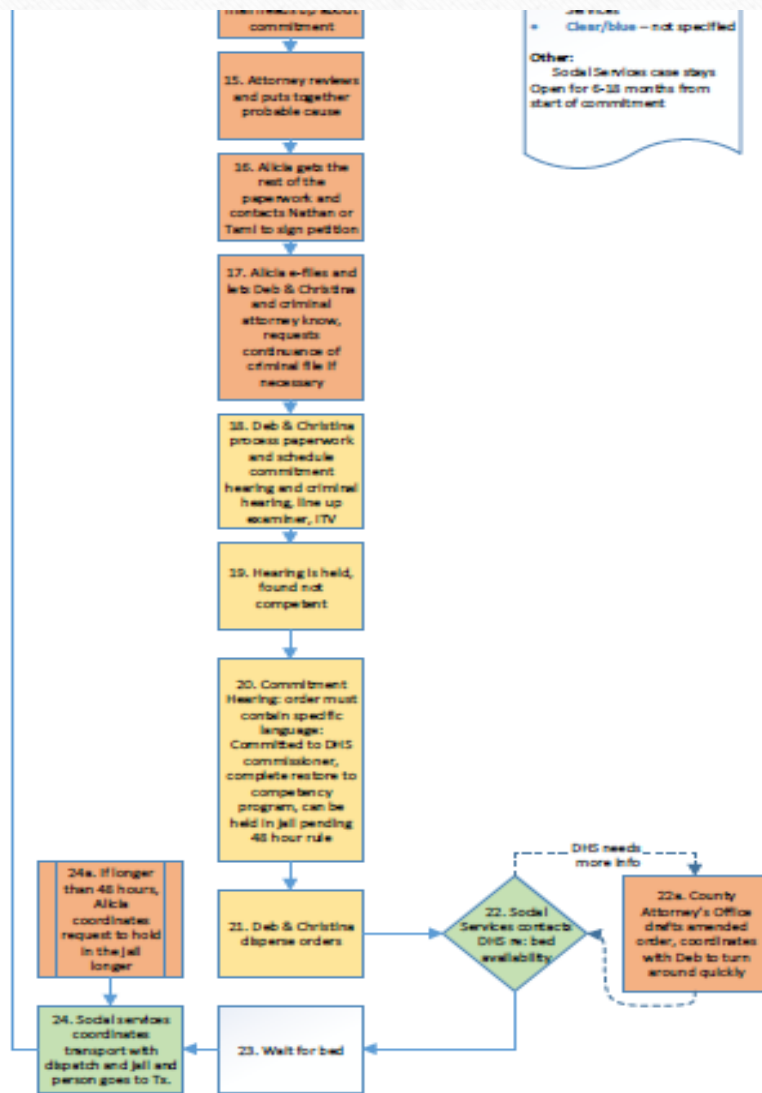
- There is no required level of training.
- You do not need to be a mental health professional.
- You do not need to be a teacher.
- Anyone who can read and follow a teaching guide and curriculum can provide competency education.

Crow Wing County Rule 20 Process

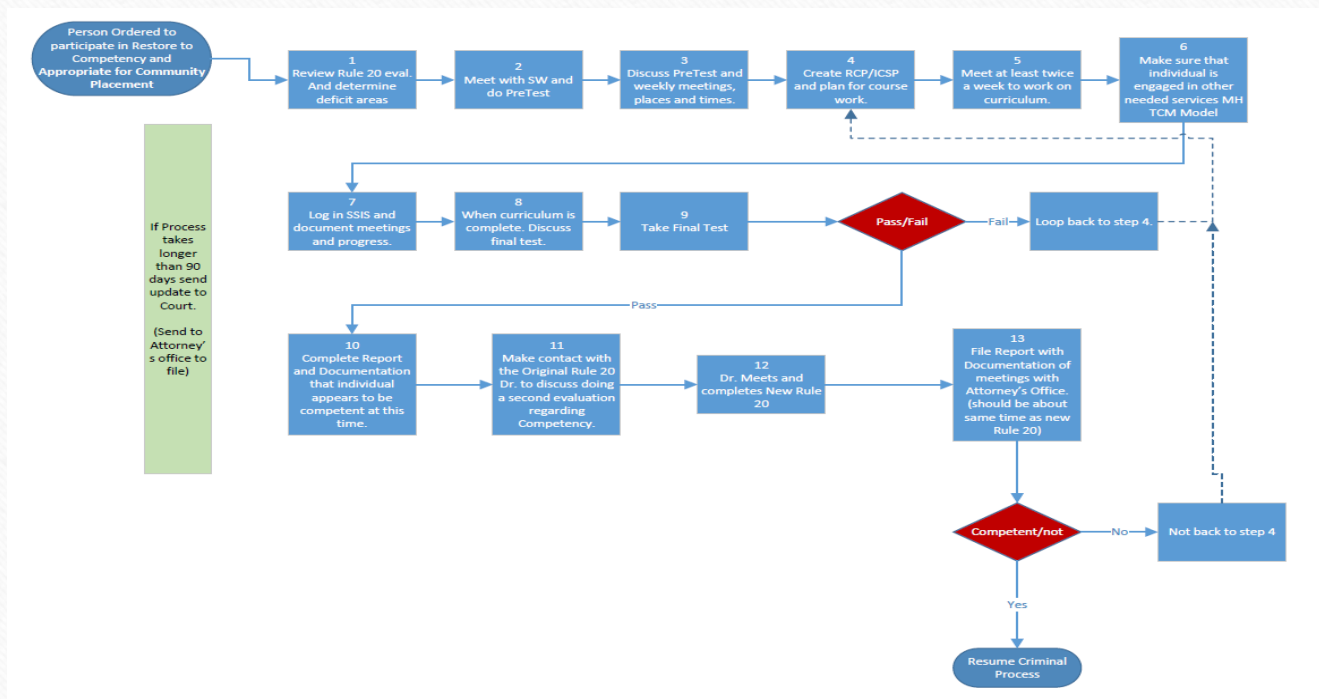




Draft 2/12/2019



Community Competency Restoration



Review Rule 20 evaluation

- Determine Deficit Areas
 - Mental Health?
 - Education?
 - Functioning?

Meeting with Client

- Doing the PreTest
- Discussing the PreTest
- Setting up the weekly meetings and times.
 - This is dependent on the individuals ability to process and retain the information.
 - At the 2015 training DHS recommended it should be 3 times a week.

Create RCP/ICSP

- Plan for course work
- Curriculum
- Add and support other MH services as needed and required.

Competency Restoration Plan

Individual Competency Restoration Plan

Date of Review: _____ Next Review: _____

Client Name: _____ DOB: _____ PMI: _____
Address: _____
Phone: _____ Email Address: _____

Court File #: _____
Date of Rule 20 Competency Evaluation: _____
Date of Diagnostic Assessment: _____
Date of next Court Hearing: _____

Competency Restoration Plan: _____

- I. Areas the evaluator the court and your treatment team have identified that interfered with your competence to stand trial.
- II. CRP treatment team has observed the following about that may affect your competence?
- III. The primary barriers to your competence to proceed at this time are:
- IV. What areas should you focus on during your treatment at CRP to help restore your Competence?
- V. How will you appear to the CRP Treatment Team when you are ready to be referred for another competency evaluation? (Questions to ask: Does my behavior interfere with my ability to interact with others? Is my speech rational and coherent? Are my thoughts organized? Are there any active signs/symptoms of mental illness that members of the treatment team observe...even if I disagree?)

Individual Community Support Plan: _____

Diagnosis:

- I. Goals of Client (short/long term):
- II. Services Needed:
 - a. Annual Physical by:
 - b. Advanced Health Directive:
 - c. Housing/Employment:
- III. Service Plan:
- IV. Crisis Plan:
Support team (with phone numbers):
Case Manager:
Therapist:
Psychiatrist:
Other:
Emergency Contact:

Individual Competency Restoration Plan

The following signatures indicate agreement on the development and content of the Individual Competency Restoration Plan:

Date of Plan: _____

Client: _____
Case Manager: _____
Clinical Supervisor: _____
ARMHS: _____ Title/Agency _____
CSP: _____ Title/Agency _____
Rehab Services: _____ Title /Agency _____
Residential: _____ Title/Agency _____
Prod. Alt: _____ Title/Agency _____
Other: _____ Title/Agency _____
Other: _____ Title/Agency _____

The frequency of face to face contacts between the client and the case manager will be: _____.

The Workbook – Which lessons and How to Organize.

1. What is Competency
2. People in the Courtroom
3. Roles of Attorneys
4. Charges, Pleas and Sentences
5. Plea Bargaining
6. Testimony and Evidence
7. Your Rights
8. Trials and Hearings
9. Aiding in your Defense
10. Individual Info
11. Review
12. Relaxation
13. Post Test

Edocs 7822 and 7822B

Lesson/Group Tracking

Minnesota Life Bridge

Date	Total Time	Code	Pages/Information Covered	Narrative Notes Staff name & title

Code
 HV = Home Visit
 R = Refused
 P = Participated

Program:
 Individual Name:
 MREC #:
 Birthdate:
 Sex:
 State:

DHS - 6609 (02/15)

RULE 20 COMPETENCY TRAINING TRACKING FORM

CRP - Group Attendance Roster

Group Name: _____
 Date: _____ Facilitator: _____

Attendance Key:
 A - Patient present for entire group
 I - Patient present for incomplete portion of group
 R - Patient refused to attend
 E - Patient was excused or this is not an assigned group for this patient

Participation Key:
 C - Contributor: patient participated and contributed meaningfully to session; asked appropriate questions; may have talked about some subjects not relevant to discussion but was able to be redirected;
 P - Participant: patient participated relevantly or appropriately; appeared attentive; non-disruptive; possibly joined in group discussion.
 O - Observer: attended group and did not talk; observed others interactions but did not engage
 D - Detractor: patient was disruptive and not able to be redirected, monopolizing, sleeping, unengaged, etc.

Date	Patient Name	Attendance Level	Participation Level

Logging in SSIS

Continued in SSIS

1) 2) 3)

SSIS Note Patient

Continued in SSIS

SOFS-St. Peter
Competency Restoration Program
SOCIAL SERVICES WEEKLY TREATMENT PROGRESS NOTE
DOE, John MREC #00000 , 2010

PROGRAM: Competency Restoration -

GOALS ADDRESSED:
Rational/Factual Understanding: Patient will rationally and factually understand pending criminal charges, legal proceedings, and develop the ability to rationally cooperate and consult with defense counsel.

Weekly Summary of Group and Individual Treatment Programming:

PLAN and TREATMENT FOCUS: remains in the Group for Competency Restoration treatment. He was encouraged to sign up for individual sessions. He has not been referred for a Rule 20.01 subd. 7 evaluation.

Lisa Vanderveen, MS, LPC
Clinical Director
SOFS Competency Restoration Program

Program: Competency Restoration Program
Patient Name: DOE, John
MREC #: 00000
Date of Birth:
Unit: Shantz 1 East

SOFS-SP #10-132

INDIVIDUAL PROGRESS NOTE - X/X/2010 - Page

Passed Final Test!!!

- Complete Report and Documentation that individual appears to be competent.
- File report with the Court.
 - Should roughly be about the same time as the new Rule 20 evaluation is complete.

Reporting to the Court

COMMUNITY COMPETENCY RESTORATION TREATMENT REPORT TO COURT

TO: Crow Wing County District Court

FROM: _____ Case Manager

DATE: _____

RE: _____

DOB: _____

Court File No.: _____

Criminal Court File No.: _____

In conformance with the Court Order dated _____ regarding Competency Restoration, this report is submitted by _____, Crow Wing County Case Manager, of the above-named individual's progress in the Community Competency Restoration Programing.

1. The diagnosis of Respondent with supporting data:

2. Whether the administration of neuroleptic medication is clinically indicated, whether the Respondent is able to give informed consent to that medication, and the basis for these opinions:

3. The date Respondent was discharged to the community or released from the facility and current status in the community:

4. The summary of Respondent's individualized treatment plan and progress:

5. Whether the Respondent is in need of further Competency Restoration programing, care and treatment, and the treatment facility which is needed and evidence supporting this response and potential time frame:

6. Recommended Disposition:

If there are questions or a need for additional information, please feel free to contact me at, _____

Report Prepared and submitted by:

Crow Wing County Case Manager

Date

Crow Wing County Social Services Supervisor

Date

Accompanying Documents:

Individual Competency Restoration Plan
Rule 20 Competency Training Tracking Forms

cc: Crow Wing County Attorney's Office
Case Manager's File
Client's Attorney
Client

Connect with original Rule 20 evaluator to set up and discuss 2nd evaluation.

- Time
 - Location
 - Rate
 - When next Hearing is.
 - Records, if needed.
- Continue to meet and review with client if there is a gap between dates.

Failed tests/Evaluations/ or Decline in Mental Health.

- If decline in Mental Health or further Criminal Charges discuss with attorney's office regarding violation/revocation and look at a full commitment.
 - This is dependent on how the attorney's office addresses.
 - Or could be dependent if the individual is PD'd from a state facility.
- If there are failed tests at either the CRP area or by the Rule 20 evaluation.
 - Go back to RCP/ICSP and reevaluate what areas may need to be focused on.

Staff time

- According to the training for Competency Restoration the County received we should be meeting with individuals two to three times a week. The three cases we did averaged to approximately 49.4 hours over six months. This compares to the average TCM case in the same time span only taking approximately 18.9 hours.
- This calculates to about 2.6 times the amount of time of a normal a Community TCM case, and about a .049 FTE in additional needed staff time per case.
 - i.e. – We ran two cases at once. It took roughly 7.84 hours of staff time in a two week period.
 - Just as comparison – if AMRTC did 3 hour long groups a week to meet 49.4 hours it would take roughly 16.46 weeks, which is 115.26 days potentially someone didn't need to be there. Which is also up to \$159,635.10 in costs.
- It should be noted that this is not a mandated service of the County or Community Services.

Thank You!

- Questions
- Comments
- Other????