

Cultural Resource List

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African American/African

Thad Wilderson and Associates

475 University Avenue

St. Paul, MN 55103

P: 651-225-8997

Services: Home-based services, individual psychological counseling, personal assessments, and group counseling.

Payment: Sliding fee scale. Fees are charged according to service provided. They can be paid by private health insurance, medical assistance (MA), or self-pay.

Intake Procedures: Self or agency referrals.

Minnesota Black Mental Health Resources

PO Box 11777

Minneapolis, MN 55411

<http://www.bmhr.info/contact-us-2/>

Services: Referrals to Psychologists, Therapists, Counselors and Consultants.

Angel Eyes Foundation

7710 Brooklyn Blvd, Suite 20F

Brooklyn Park, MN 55443

Serves the African Immigrant Community- programs for alcohol and substance abuse

African Community Services Agency

Director: Hassan Omar

1305 E. 24th St.

Minneapolis, MN 55404

612-721-9984

www.africans.org

Programs and services available: refugee employment services, refugee social services, MNsure navigator, Supplemental Nutrition Assistance Program outreach, job skill supports, Minnesota Family Investment Program services, housing assistance, transportation help. Employment

training offered: job club, cultural orientation, work ethic, job readiness

Languages staff speak: Arabic, English, Kiswahili, Oromo, Somali, Swahili.

Summit Guidance Center

Director: Ahmed Hassan

1821 University Ave. N

Suite 180

Saint Paul, MN

651-348-8073

ahmedhassan01@yahoo.com

Offers outpatient mental health services in Somali. Offers sliding scale fee option. Mon. - Fri. 8:00 am. - 7:00 pm. Sat. 9:00 am - 3:00 pm

Somali American Parent Association Agency

Director: Mohamed Mahamud

1433 E. Franklin Ave.

Suite 10

Minneapolis, MN 55404

612-636-6644

www.mnsapa.org

Programs and services available: parent education, cultural crossing trainings, immigration legal services, student success program.

Languages staff speak: Arabic, English, Somali

African Immigrants Community Services Agency

Director: Mustafa Hassan

1933 13th Ave. S.

Minneapolis, MN 55404

612-871-9481

www.aicsmn.org

Programs and services available: refugee employment services, refugee social services, job skill supports, English Language Learner classes, immigration legal services • Employment training offered: adult English classes • Languages staff speak: Amharic, Arabic, English, Somali

Center for Africans Now in America, Inc.

S.A.F.E: Student. Adult. Family. Empowerment Therapy Services

6000 Bass Lake Rd.

Crystal, MN 55429

952-356-2953

www.mncana.com

Student. Adult. Family. Empowerment (SAFE) Therapy Services is a team of cross-cultural mental health professionals, practitioners, behavioral aides, skills trainers, interns, and volunteers who are trained and specialized in providing culturally sensitive mental health services to multiple cultural groups, and minorities such as individuals, children, students, adults, families and couples throughout Minnesota and beyond. Screening and diagnostic assessment, out-patient clinical based services, long term health care services. Sliding fee; most insurance accepted.

Clinic hours: Mon. - Fri. 8:00 a.m. - 5:00 p.m., Sat. 10:00 a.m. - 5:00 p.m. All African languages including Amharic, Arabic, Burmese, French, Igbo, Hausa, Yoruba, Somali. Plus others: Hmong, Persian, and Spanish.

Volunteers of America - Mental Health Clinic

924 19th Ave. S.

Minneapolis, MN

763-225-4052

www.voamn.org

Somali & East African Behavioral Health Services Programs. Staff is fluent in Somali. Medical Assistance, third party insurance payers and contractual agreements with counties. Mon.- Fri.

8:00 am - 6:00 pm

Watercourse Counseling

3548 Bryant Ave.

Minneapolis, MN 55401

612-822-8227

www.watercoursecounseling.org

Provides individual, family, couples, and group counseling for adults and children of East Africans (one therapist provides services in Somali). Accepts most insurance plans and many EAP programs. Offers a sliding fee option. No interpreters but most insurance companies will cover interpreter fees. Mon - Thurs. 8:00 am - 5:00 pm. Fri. 9:00 am – noon.

Metro Behavioral Health

Director: Abdulahi Mohamed MSW, LICSW

2700 E Lake Street

Suite 2100

Minneapolis, MN 55406-1963

612-767-7770

www.metrobhealth.com

Metro Behavioral Health provides comprehensive, professional and culturally appropriate behavioral health services. Our purpose is to provide needed behavioral health services; such as mental health diagnosis. These services are tailored to individual/family capacity, current life context and cultural background. Services will be provided by using holistic, eclectic and strengths-based approaches. Services are provided by qualified and licensed mental health clinicians with many years of experiences in the field.

African American Counseling Center

2616 Nicollet Ave. S.

Minneapolis, MN 55404

Director: Lissa Jones

lissa@aafs.net

612-871-7878, ext. 123

www.aafs.net

The African American Counseling Center works to maintain family unity in the community through counseling and family preservation services, including individual, marital, and family counseling; parent education; family violence advocacy and counseling; male/female support groups; walk-in counseling; grief and loss support groups; and codependency support groups.

African-American Assistance Program

7714 Brooklyn Blvd.

Ste. 206

Columbia Heights, MN 55421

Director: John Tarley

admin@africanassistanceprogram.org

763-560-9643

www.africanassistanceprogram.org

The African Assistance Program (AAP) serves the needs of African immigrant and refugee families as they resettle in the United States, with the goal of empowering and helping immigrants and refugees to attain economic security. Services include an African Workers Center, economic self-sufficiency program, African Culture Center, and Better Health Alertness program.

African Women's Resource Center

450 N. Syndicate St.

Ste. 80

St. Paul, MN 55104

Chair: Philomina Mensah

awrc2000@hotmail.com

651-646-5657

The African Women's Resource Center (AWRC) was founded in 1997 by a group of African women advocates in Minnesota who recognized the need for a safe and culturally competent environment to provide community education, domestic abuse counseling, sexual assault advocacy, and other survival services to African women living in Minnesota. AWRC aims to empower African women's voices and raise awareness through education, resources, and referrals.

Confederation of Somali Community in Minnesota

420 S. 15th Ave.

Minneapolis, MN 55454

Director: Saeed Fahia,

saeed@cscmn.org

612-338-5282, ext. 216

www.cscmn.org

The mission of Confederation of Somali Community in Minnesota is to strengthen the capacity of Somalis to become contributing members of society, while preserving their native culture. The organization serves Somalis of all age groups and ethnicities. Services offered include youth and senior programs, employment services, advocacy and social service programs, education and outreach programs, community events, leadership training, tobacco cessation programs, and school support.

Immigrant Women’s Advocacy Project

420 15th Ave. S.
Brian Coyle Community Center
Minneapolis, MN 55455
Director: Rhonda Eastlund
eastlundr@puc-mn.org W
612-338-5282

www.puc-mn.org

Immigrant Women’s Advocacy Project serves East African women who need advice and assistance with domestic violence. The project also assists immigrant women in adjusting to life in the United States, and refers and connects women to basic need and self-sufficiency services. Programs and services include a women’s support group, domestic violence advocacy, housing and shelter services, immigration services, emergency assistance, legal services, food assistance, and employment and education services.

Institute On Black Chemical Abuse

2616 Nicollet Ave. S.
Minneapolis, MN 55404
612-871-7878, ext. 123

www.aafs.net

The Institute on Black Chemical Abuse offers adolescent and adult outpatient chemical dependency treatment programs licensed by Minnesota’s Department of Human Services.

Liberian Human Rights and Refugee Welfare Organization

5255 W. 82nd St.
Suite. 115
Bloomington, MN 55437
Kirkpatrick Weah
kirkpatrickweah@yahoo.com
763-438-5155

The Liberian Human Rights and Refugee Welfare Organization serves the Liberian community in Minnesota by providing free services in the areas of immigration/asylum, healthcare, housing, and employment.

Turning Point, Inc.

1500 Golden Valley Rd.
Minneapolis, MN 55411
612-520-4004

Turning Point’s mission is to provide comprehensive and collaborative services for African Americans, focusing primarily on excellence in personal and community health. Turning Point pursues its mission by providing prevention and intervention services in the areas of education, family empowerment, chemical dependency treatment, housing, public health, abuse protection, and employment

Somalian Women's Association

2101 Hennepin Ave.

Suite. 113

Minneapolis, MN 55405

Director: Amal Yusuf

amalyusuf@somalianwomenassociation.org

612-870-7001, ext. 14

www.somalianwomenassociation.org

The mission of the Somalian Women's Association is to strengthen the capacity of Somalian women immigrants to survive in their new country and become productive members of the Twin Cities community by helping them counter the negative impacts of isolation, poverty, violence, and discrimination on themselves and their children. The organization serves primarily low-income families, youth, and single Somali women. Programs and services include housing assistance, translation services, advocacy services, employment training and job search services, support groups, referral services, and English-as-a-second language programs.

American Indian-Native American

Ain Dah Yung (Our Home) Center

1089 Portland Avenue

St. Paul, MN 55104

P: 651-227-4184

F: 651-224-5136

Services: Advocacy, child welfare, crisis intervention, family services, shelter, children's mental health, housing, and tribal organization.

Payment: There are no fees, except for mental health services, which a co-payment may be required. They work with private and public health insurance; they also implement a sliding fee for clients without insurance.

Intake Procedure: Self-referrals, community-based referrals, and agency referrals.

Indian Health Board

1315 East 24th Street

Minneapolis, MN 55404

P: 612-721-9800

F: 612-721-2904

Services: clinical services, children's mental health, and human services. Medical, Counseling, support groups. Group, individual, and family counseling.

Payment: Most private plans accepted, primary care clinic for MA, GAMC, MHP, UCare, Health Partners, Medica, and sliding fee is available.

Intake Procedure: Contact clinics for appointments and walk-in hours. Primarily serve Native Americans but people of all races welcome.

Shakopee Mdewakanton Sioux Community-Mental Health Program

SMSC Community Center

2330 Sioux Trail NW

Prior Lake, MN 55372

P: 952-496-6168

F: 952-496-6180

Services: Individual, couples, group, adolescent, and family counseling. Psychological diagnostic evaluations.

Payment: No fees to Scott County residents.

Intake Procedure: Self or agency referrals. Serving Native Americans who live in Scott County

Peta Wakan Tipi (Sacred Fire Lodge)

459 N. Wheeler St.
St. Paul, MN 55104
Sally Auger
651-646-8167

Peta Wakan Tipi provides transitional housing and support services for homeless and recovering American Indians, as well as programs for the broader American Indian community. The goal of the organization is to help American Indian people achieve economic, emotional, and cultural balance. To reach this goal, the organization operates four programs: Sacred Fire Lodge (located at the address above), which provides transitional housing and support services for American Indian men; Mother Earth Lodge (54 W. King St., St. Paul, MN 55107, phone 651-255-4111), which provides 50 • Directory of Nonprofit Organizations of Color in Minnesota transitional housing and support services for American Indian women; a job training program for hard-to-employ American Indian people; and Wild Health Network, a cultural preservation project that educates people about plants in the ancient traditions of American Indian healing.

Upper Midwest American Indian Center

1035 West Broadway
Minneapolis, MN 55411
P: 612-522-4436
F: 612-552-8855

Services: Licensed foster homes, early Head Start program, alternative high school, case management, and a therapist working with adult mental health and children’s mental health.
Payment: sliding fee scale, accepts most insurance.
Intake Procedure: Self-referral and agency referral. Serves Native American community in Minneapolis.

American Indian Family and Children’s Services (AIFACS)

25 Empire Drive
St. Paul, MN 55103
P: 651-223-8526
F: 651-223-8529

Services: They are a private, non-profit Native American foster care licensing agency. They license Native homes for Counties and Tribes to place Native children in. They license emergency shelters, respite homes, and group family foster homes.
Payment: None.
Intake Procedure: Prospective foster parents need to contact the agency for further assistance.

Division of Indian Work

1001 E. Lake St.,
Minneapolis, MN 55407
612-722-8722

Serves the American Indian population with housing for homeless, teen mothers, domestic violence group, parenting groups, counseling and services for sexually exploited youth.

Indian Health Board

1215 East 24th Street
Minneapolis, MN 55404
612-721-9800

Provides medical, dental and counseling services to the American Indian community in Minneapolis.

American Indian Advocates

525 Portland Ave. S.
Minneapolis, MN 55415
Director: Gene Couture
612-348-8523

American Indian Advocates offers services in court advocacy, child protection, and welfare within the American Indian community.

American Indian Family Center

579 Wells St.
St. Paul, MN 55101
Director: LaVon Lee
aifc@aifc.net
651-793-3803

www.aifc.net

Indian Family Center (AIFC) primarily serves American Indian families with children aged 0–7. AIFC promotes positive child enrichment by supporting and preserving the family as the foundation for success of children. This is accomplished by offering early intervention and outreach through culturally relevant programs that promote traditional practices of American Indians concerning childbirth, child rearing, child health, parenting, and education. AIFC also provides mental health and youth services.

American Indian Housing Community Development Corporation

2020 S. Bloomington Ave.
Minneapolis, MN 55404
HR Manager: Marguerite Hanbery
aihcdc@aol.com

612-813-1610, ext. 125

The mission of American Indian Housing Community Development Corporation is to provide culturally unique housing, support services, and entrepreneurial programs that strengthen American Indian communities. The organization provides advocacy services, housing services, home construction and rehabilitation programs, a self-sufficiency program, and a detoxification program for chronic alcoholics.

Anishinabe Wakiagun

1600 E. 19th St.
Minneapolis, MN 55404
Kelby Grovender
wakiagun@earthlink.net
612-871-2883

Anishinabe Wakiagun, is a culturally specific program targeting American Indian men and women, is a board and lodging facility for latestage chronic inebriates. The facility provides housing for 40 individuals. It is not a shelter; it is a permanent housing facility that encourages long-term residency to maximize stability in the individual's life. The philosophy of Anishinabe Wakiagun is to reduce the public cost of providing services while at the same time providing a more stable living environment for the resident.

Community Advocacy Program

73 Leech St.
St. Paul, MN 55102
Jocelyn Brieschke
651-251-1621

Community Advocacy Program (CAP) complements the Women of Nation's Eagle's Nest Shelter (see separate entry) by providing advocacy services to battered women and their children after they leave the shelter. Additionally, the CAP program meets the needs of battered women in the community who do not want to go to the shelter. CAP provides support groups, one-on-one sessions, home visits, legal advocacy, support, and referral services. CAP also offers 24-hour access to an advocate through its crisis line when a battered woman is in a crisis situation. CAP provides community education presentations on domestic violence, teen dating violence, and new laws throughout the American Indian community and the community at large.

Department of Indian Work

1671 Summit Ave.
St. Paul, MN 55104
Sheila White Eagle
swhiteeagle@spacc.com
651-644-2768

The Department of Indian Work (DIW) offers youth enrichment and parent education, emergency assistance with food and clothing, and cultural awareness of and advocacy for American Indian issues. The organization also offers after-school programs at Mounds Park, parent programs, summer youth programs, holiday programs, clothing, and layettes.

Division of Indian Work

1001 E. Lake St.
Minneapolis, MN 55407
Noya Woodrich
noya@gmcc.org
612-722-8722
www.gmcc.org/diw

The Division of Indian Work (DIW) is a social service and social change agency initiated by the church community to serve the Minneapolis–St. Paul American Indian community through culturally based programs that provide emergency assistance and nonjudgmental support systems for individuals and their families, and that foster and encourage self-direction and self-determination for American Indian individuals, families, and the community as a whole. DIW serves as an advocate and interpretation linkage among the reservation, the city, the non-American Indian community, the church community, and the American Indian community. Programs address family violence, emergency assistance, youth leadership development, and teenage American Indian parents.

Eagle’s Nest Shelter

73 Leech St.
St. Paul, MN 55102
Rhonda Ezeli
rezeli@women-of-nations.org
651-251-1603

Eagle’s Nest Shelter is an American Indian emergency shelter for battered women and their children. Services for women include 24-hour crisis line; 24-hour advocacy; safe and confidential housing; parenting groups; support groups; Talking Circles; legal and systems advocacy; transportation to legal, medical, and other appointments (accompanied by an advocate); social activities; and referrals to other agencies when needed. Services for children include school registration, counseling, childcare, and community education presentations.

Ho-Chunk Nation-Minneapolis/St. Paul Branch Office

2314 University Ave. W.
Suite 12
St. Paul, MN 55114
Annette R. Littlewolf
612-879-9443

The Ho-Chunk Nation-Minneapolis/St. Paul Branch Office provides the following services for tribal members: housing resources, education, health, Indian Child Welfare Act (ICWA) services, enrollment, tribal courts, insurance, and youth activities.

Indian Child Welfare Law Center

1113 E. Franklin Ave.

Suite. 600

Minneapolis, MN 55404

Heidi A. Drobnick

hdrobnick@email.com

612-879-9165

www.glrain.net/ICWALC/index.html

Consumer protection, legal aid Organization Description: The Indian Child Welfare Law Center litigates in American Indian child welfare cases.

Juel Fairbanks Chemical Dependency Services

806 N. Albert St.

St. Paul, MN 55104

Executive Director: Jan Lindstrom

lindstromj@juelfairbanks.org

651-644-6204

www.glrain.net/jfairbanks/index.html

Juel Fairbanks Chemical Dependency Services provides prevention, intervention, and aftercare services for chemical using, abusing, and dependent individuals. Services provided include outreach, outpatient, youth prevention/intervention, halfway house intermediate care, 3/4-way house for men/women, transitional housing and shelter services for the homeless, information and referral, drop-in center services, short-term counseling, Alcoholics Anonymous groups, support groups, and Rule 25 assessments. The organization has a drop-in center at 1068 Payne Avenue, St. Paul 55101, phone 651-774-3726 or 651-793-0090.

Kateri Residence

2408 4th Ave. S.

Minneapolis, MN 55404

Lynn Fitzgerald

612-871-0477

Kateri Residence is a resident living facility for American Indian women with chemical dependency problems. It offers a supportive living environment while the resident is attending outpatient treatment or aftercare. Services available include supportive counseling, information and referral, independent living skills, peer support group, and a culture group. Residents are encouraged to continue their education, prepare for employment, and participate in other community-based programs. The organization serves all counties and reservations in Minnesota.

Thunder Spirit Center

4432 S. Chicago Ave.
Minneapolis, MN 55407
Coordinator: Karen Johnson
kjohnson@chrysaliswomen.org
612-870-2415
www.chrysaliswomen.org/tsc.html

Thunder Spirit Center provides education, case management, youth programs, and professional mental health and therapy services for children and families affected by fetal alcohol spectrum disorder (FASD), which includes fetal alcohol syndrome and fetal alcohol effects. Education on FASD is also provided to support professionals.

Little Earth of United Tribes Housing Corporation

2501 Cedar Ave. S.
Minneapolis, MN 55404
Tina Eckman; Jackie Dionne
Tina.dionne@learth.org
jackie.dionne@learth.org
612-729-9361, 612-721-2174

Little Earth of United Tribes Housing Corporation is a family housing development consisting of 212 rental units, ranging in size from efficiency apartments to 5-bedroom townhouses. The development is the only urban American Indian housing development in the country, and it provides preference to American Indian families.

Minnesota Indian Women's Resource Center

2300 15th Ave. S.
Minneapolis, MN 55404
Suzanne Koepplinger
skoepplinger@miwrc.org
612-728-2000
www.miwrc.org

Minnesota Indian Women's Resource Center (MIWRC) is a multiservice agency that serves the needs of American Indian women and their children. Its programs include: chemical dependency assessment; family service for reunification and prevention of separation; training and library clearinghouse program; 14 second-stage apartments for women and children making transitions; and a licensed early childhood development center.

Women of Nations

73 Leech St.

St. Paul, MN 55102

Ann-Marie Kishel

akishel@women-of-nations.org

651-251-1603

www.women-of-nations.org

The mission of Women of Nations is to provide supportive services for American Indian and other battered women, their children, and (when appropriate) other family members. Services include crisis intervention, advocacy, and shelter. The organization also educates the public about domestic abuse issues.

Native American Community Clinic

1213 E. Franklin Ave.

Minneapolis, MN 55404

Executive Director: Dr. Lydia Caros

lcaros@nacc-healthcare.org

612-872-8086

The mission of the Native American Community Clinic is to promote wellness and regular health maintenance for American Indian families, and to decrease health disparities of American Indians in the Twin Cities metropolitan area. The organization provides family healthcare for all ages, primarily to American Indians, and provides care regardless of ability to pay.

Asian- Southeast Asian

Amherst H. Wilder Foundation

451 Lexington Pkwy N,
St Paul, MN 55104
P: (651) 280-2000

Services: Adult mental health, children's mental health, clinical services, crisis intervention, family services, and human services. Provides both adults and youth with mental health assessments, individual, group and family counseling, case management, and school-based youth services.

Payment: Private or public insurance, sliding fee.

Intake Procedure: Call. Self or agency referrals: Potential clients can speak with bi-cultural workers from their language group.

Association for the Advancement of Hmong Women in Minnesota, Inc.

4403 E. Lake St.
Minneapolis, MN 55406 C
Executive Director: Ly Vang,
aahwminfo@aahwm.org
612-724-3066

The mission of the Association for the Advancement of Hmong Women in Minnesota is to strengthen Hmong families through education and leadership development for women, girls, and families. Services include job training, early childhood development, health and wellness, leadership development, and family support and referral.

Association of Cambodian Refugees in Minnesota and Friends

1304 Burr St.
St. Paul, MN 55101
Punna Vin Koy
651-774-1676

The Association of Cambodian Refugees in Minnesota and Friends serves the Cambodian community. The association's goals are to help Khmer people preserve their cultural values, customs, and traditions; to protect the interests of its members; to provide material support; to improve ties of mutual respect, love, understanding, and solidarity; and to provide humanitarian assistance to Khmer nongovernmental organizations inside Cambodia

Face-to-Face Health and Counseling

1165 Arcade St.
St. Paul, MN 55106
P: 651-772-5555

Services: Family planning, general medical care, mental health counseling, and mental health groups (staff includes therapists and licensed social workers). Intensive home therapy, individual counseling, and support groups.

Payment: Ages 11-23, most insurance accepted and sliding fee

Intake Procedure: Call. Self or agency referrals.

Fellowship of Lien-Truong

3103 Farnum Dr.
Eagan, MN 55121

Chair: Thai Kinh,

kmhthai@hotmail.com

651-452-1244

Fellowship of Lien-Truong is a human service organization that provides support to Vietnamese refugees living in the Twin Cities metropolitan area.

Lao Advancement Organization of America

2648 W. Broadway Ave.

Lao Cultural Center Bldg.

Minneapolis, MN 55411

Executive Director: Khao Insixiengmay

laoptamn@laopta.org

612-302-9048

www.laopta.org

Lao Advancement Organization of America (L.A.O. America) builds on the strengths and traditions of Lao culture, while giving Lao families in north and south Minneapolis and in Twin Cities suburbs the tools they need to succeed in their new community. The mission of L.A.O. America is to help children and youth succeed in school and stay out of the criminal justice system by assisting parents to become fully engaged in their children's education, and by organizing productive activities for children and youth. Programs and services for youth include academic tutoring; chemical dependency and crime prevention; support groups; leadership training; sports activities; and classes in the Lao language, history, and culture. Senior programs and services include parental skill development; support groups; legal assistance and referral; outreach activities; translation and interpretation; citizenship classes; English language learner classes; business development workshops; parent-child mediation; and recreational activities.

Lao Family Community of Minnesota, Inc.

320 West University Avenue

St. Paul, MN 55103

P: 651-209-6807

Email: admin@laofamily.org

Services: English Education Program (including GED, Intensive English for Work, family literacy, and after school homework help), Youth and Families Program (including teen pregnancy prevention and young parents components, in-home parenting, and after school activities), Employment (including Dislocated Worker and employment services to refugees), and Chemical Health (including Rule 25 assessments and a recovery maintenance group)

Payment: None

Intake Procedure: Call. Low income Southeast Asian refugee and immigrant population; serve mainly Hmong.

Social Adjustment Program for Southeast Asians

450 Syndicate St. N.
Suite. 285
Bigelow Building
St. Paul, MN 55104
Director: Linda Gensheimer
lcg@wilder.org
651-647-9676
www.wilder.org

The Social Adjustment Program for Southeast Asians was established in 1983 as a multicultural provider of mental health services for Southeast Asian refugees. Services are provided to Hmong, Cambodian, Vietnamese, and Laotian refugees, primarily through bilingual and bicultural human services counselors (who are refugees themselves) trained in Western mental health practices and equipped with cultural expertise. Clinical supervision and ongoing training is provided by Western mental health professionals on staff representing the fields of psychiatry, clinical psychology, clinical social work, and public health. The program attempts to combine Western mental health practices with the traditional healing methods of the cultures it serves to ensure effective, clinically sound, culturally appropriate, and individualized services.

Hmong American Partnership

1206 42nd Ave. N.,
Minneapolis, MN 55407
612-236-9061

Programs and services designed to empower Hmong families to build knowledge and skills needed to become successfully educated and employed, while retaining their cultural heritage and identity.

Southeast Asian Community Council

1827 44th Ave. N.,
Minneapolis, MN 55412
612-521-4859

Support services, language training and youth development services to Southeast Asians.

Karen Organization of Minnesota

2353 Rice Street #240
Roseville, MN 55113
651-788-7593

Provides support for Karen refugees in Minnesota. The Karen Organization offers a variety of programs to help refugees transition to life in a new country and achieve their goals. This includes social services, employment counseling, and outreach services. We also provide resources to help organizations learn how to work with this growing community.

Southeast Asian Program

3401 S. Chicago Ave.
Minneapolis, MN 55407
Director: Paj Yang
pyang@reubenlindh.org
612-825-8384, ext. 100
www.reubenlindh.org

The Southeast Asian Program serves children of Southeast Asian descent who are at risk for, or have been diagnosed with, health problems or developmental delays. Family support services provide families with a Southeast Asian family worker whose role is to advocate for and empower families through education, information, and support provided by weekly in-home visits and parent support and education groups.

Vietnamese Social Services of Minnesota

277 University Ave W
St Paul, MN 55103
651-632-8927

Dedicated to maintaining the identity of the Minnesota Vietnamese community. The Vietnamese Social Services of Minnesota works with low-income immigrants and refugees of diverse backgrounds to meet their basic needs without public or private assistance. Our organization facilitate access to work supports for families and enable individuals to design strategies and budgets that enable them to reach self-sufficiency and self-confidence. VSS of MN partners with a range of government, non-profit organizations and community-based groups, from workforce councils to state and federal agencies, as well as a variety of economic opportunity initiatives.

Centre for Asians and Pacific Islanders (CAPI)

5930 Brooklyn Boulevard
Brooklyn Center, MN 5542
612.721.0122
info@capiusa.org

Assists Southeast Asian and East African immigrants and refugees in becoming self-sufficient and contributing members of the community. The agency's employees collectively speak 10 languages and offer services from several Minneapolis locations.

Hmong American Mutual Assistance Association, Inc.

1130 N. 7th St.
Minneapolis, MN 55411
Executive Director: Yee Yang
hamaa@hamaa.org
612-374-2694

The Hmong American Mutual Assistance Association provides employment, children/youth services, crime prevention activities, mediation advocacy, and business/economic development to the Hmong American community.

Bhutanese Community Organization Of Minnesota Agency

Director: Puspa Bhandari

1394 Jackson St.

Suite 200

St. Paul, MN 55113

651-202-3715

www.bhutaneseemn.org

Programs and services available: elderly support service, Supplemental Nutrition Assistance Program outreach, job skill supports, English Language Learner classes, immigration legal services, housing assistance, transportation help, citizenship preparation, employment training offered: job readiness orientation, interview, resume development, job search and application, job placement. Bhutanese, English, Hindi, Nepali

Lao Assistance Center of MN

505 Irving Ave. N

Minneapolis, MN 55406

612-374-4967

www.laocenter.org

Provide direct services. Help with employment, housing and chemical dependency care. Mon - Fri: 9:00 am - 5:00 pm.

True Thao Counseling Services

796 E. 7th Street

St. Paul, MN 55106

651-771-2155

<http://www.mnchurches.org/refugee/healing/?p=1856>

Trauma-informed and evidence-based treatment modalities; individual, couples, and family counseling; understanding of new refugees' lives and the issues affecting them. Services provided by therapists in Hmong, Nepali, Hindi, and Tibetan.

Asian Women United

PO Box 6223

Minneapolis, MN 55406

612-724-0756

www.awum.org

Asian Women United offers programs for domestic violence victims and their children, and the community at large. We help empower Asian women and girls to support each other. We also give volunteers and others a meaningful way to get involved in ending domestic violence. Safe shelter for women and children affected by domestic violence, 24-hour, multilingual crisis line and helpline, courtroom advocacy and orders for protection (OFP) & harassment restraining orders (HRO), personal and group support, help with housing, money and employment, immigration assistance and programs for children.

Korean Service Center

630 Cedar Ave. S.
Suite. B1
Minneapolis, MN 55454
Director: Yoon-Ju Park
612-342-1344, 612-342-1345

The Korean Service Center was established to provide a variety of services needed by Korean immigrants, especially newly arriving families and elderly Korean immigrants whose needs include bilingual professional services in Korean and English

Southeast Asian Refugee Community Home

1113 E. Franklin Ave.
Minneapolis, MN 55404
President: Hoang Tran
search-mn@visi.com
612-673-9388

Southeast Asian Refugee Community Home (SEARCH) provides employment training services, economic and cultural development services, and pro bono legal services to Southeast Asians.

United Cambodian Association of Minnesota

1101 Snelling Ave.
N. St. Paul, MN 55108
Executive Director: Sotheary Duong
651-222-3299

United Cambodian Association of Minnesota (UCAM) currently provides the following social services to the Cambodian population of Minnesota, particularly in the Twin Cities metropolitan area: family self-sufficiency, education-based programs for youth and elementary students, elders' and women's programs, legal services, and chemical dependency prevention and intervention programs.

Vietnamese Minnesotans Association

1030 University Ave.
Suite. 160-C
Hubb Life Long Learning Center
St. Paul, MN 55104
Executive Director: John Tranberg
vma@rptanet.org
651-290-4791

www.vmna.org

The mission of the Vietnamese Minnesotans Association (VMA) is to promote the self-sufficiency and well-being of Southeast Asian refugees and Asian Minnesotans, particularly the Vietnamese and their integration into American society. The association provides emergency assistance along with counseling, information/referrals, and advocacy in the areas of employment, legal aid, youth training and leadership, AIDS and HIV prevention, and victim services.

Latino-Chicano

Amherst H. Wilder Foundation- Southeast Asian Services

450 North Syndicate

Suite 285

St. Paul, MN 55104

P: 651-647-9676

F: 651-644-1170

Services: Adult mental health, children's mental health, clinical services, crisis intervention, family services, and human services. They provide both adults and youth with mental health assessment; individual, group and family counseling; case management; and school-based youth services. Payment: Private or public insurance, sliding fee. Intake Procedure: Call. Self or agency referrals: Potential clients can speak with bi-cultural workers from their language group.

Centro Cultural Chicano Social Service

1915 Chicago Avenue South

Minneapolis, MN 55404

P: 612-874-1412

F: 612-874-8149

Services: Centro Cultural Chicano is a community meeting place for Latino families and their children. Centro's Mental Health Services provides individual, couples and family therapy. They make diagnosis assessments as part of the therapy treatment, but psychological testing is not their specialty (these are conducted by licensed psychotherapists). The program's psychotherapist employs a three-step process in which children are assessed, diagnosed, and treated for any social and/or emotional needs they may have. Payment: The mental health program charges \$20 for the first session and \$10 for the following ones. Some people qualify for coverage with Hennepin County assistance. They work private and public health insurance as well. Intake Procedure: Agency or self-referred.

Chicano Latinos Unidos En Servicio (CLUES)

720 E. Lake Street

Minneapolis, MN 55407

612-871-0200

Services: Advocacy, children's mental health, child welfare, clinical services, crisis intervention, family services, human services, and social action. Individual and family counseling. They provide outpatient treatment programs and support groups for chemical health.

Payment: Self payment, Private health insurance, Military insurance, or sliding fee.

Intake Procedure: Call or walk in.

La Familia Guidance Center

155 South Wabasha Street

Suite 120

St. Paul, MN 55107

P: 651-221-0913

F: 651-221-0785

Email: dir@lafamiliaguidance.org

Services: Marriage and family therapy, individual psychotherapy, diagnostic assessments, family services, and clinical services (licensed mental health professionals).

Payment: Sliding fee scale. Fees are charged according to service provided. They can be paid by private health insurance, medical assistance (MA), or self-pay.

Intake Procedures: Referrals. Serving Latino youth and families.

CLUES

720 East Lake St.

Minneapolis, MN 55407

612-746-3500

Services to the Latino community: Education programs for children, youth and adults; Family, economic advancement, mental health, chemical health and behavioral health.

MIRA

7145 Harriet Ave. S. #400

Richfield, MN 55423

612-243-3084

Latino Resource Center

Casa de Esperanza

PO Box 40115

St. Paul, MN 55104

651-646-5553

Confidential 24 Hour Bilingual Domestic Violence Crisis Line

651-772-1611

Casa De Esperanza works to eliminate violence against women and children in the Latino community and the community at large. Offers family and court advocacy, bilingual 24-hour crisis response and shelter.

Hispanos en Minnesota

155 S. Wabasha
Suite. 128
St. Paul, MN 55107
Jerry Guevara
651-227-0831

Hispanos en Minnesota provides statewide comprehensive chemical dependency treatment and prevention services and HIV/AIDS prevention services to Latinos, as well as employment preparation, DWI/DUI classes, and Rule 25 Risk Assessments. The organization's Minneapolis office is located at 3501 Chicago Avenue South, Minneapolis, MN 55407, phone 612-824-0708, fax 612-827-5818.

Centro Inc.

1915 Chicago Avenue
Minneapolis, MN 55404
612-874-1412

<http://www.centromn.org>

Centro provides information about and referrals to existing social services to Spanish speaking people, offers individual and class advocacy and counseling services, and promotes Spanish cultural awareness. Its primary goal is to provide help to Latino/Latina individuals where age, poverty, language, or cultural barriers may prevent the delivery of available social services.

Centro Legal, Inc.

2610 University Ave N
Suite 450
St. Paul, MN 55114
Jorge Saavedra

saavedra-jorge@centro-legal.org

651-642-1890

Centro Legal provides civil legal services to low-income Latinos in Minnesota. Areas of law in which the organization specializes include immigration, family, domestic violence, housing, consumer, government benefits, and representation for children who are abused or neglected.

Discapacitados Abriéndose Caminos

107 7th Ave S, South
St. Paul, MN 55075
651.293.1748

<http://www.dacfamilycenter.org>

Discapacitados Abriéndose Caminos provides services in Spanish for families who have children with disabilities. Services include home visits, referrals, advocacy, interpretation and translation, training and orientation about the Individualized Education and Family Service Plans, assessing eligibility for entitlements and other services, and educational workshops.

Migrant Health Service, Inc.

810 4th Ave. S

Suite 1230

Moorhead, MN 56560

Joan Altenbernd

jaltenbernd@fargocity.com

218-236-6502

Migrant Health Service provides primary healthcare to migrant farmworkers and their families through health assessments, vouchers, referrals, an evening clinic, and health education. In addition to primary healthcare, the agency works with battered women and children and persons affected by chemical dependency. It serves Minnesota and South Dakota

Refugee, Immigrant and Migrant Services

1101 N. Snelling Ave

St. Paul, MN 55108

Jennifer Stohl

jennifer.stohl@smrls.org

651-291-28370

Immigrant and Migrant Services provides free legal services to eligible refugees and immigrants in citizenship and immigration matters. Services available for migrant farmworkers include employment law, public benefits, and immigration assistance. Spanish-speaking staff are available.

West Side Health Center (La Clinica)

153 Cesar Chavez St.

St. Paul, MN 55107

info@westsidechs.org

651-222-1816

www.westsidechs.org

West Side Health Center (La Clinica) provides the following medical services: adult medicine, pediatrics, prenatal care, family planning, senior health program, X-rays, health screening and education, and HIV/STD prevention and care.

Multicultural- European American

Center for International Health: Health Partners

451 N Dunlap St

Saint Paul, MN 55104-2595

General Information: 651-999-4740

Medical Appointments: 952-967-7201

Services: behavioral health services, mental health services, individual, group, and family counseling.

Payment: Accept most medical coverage programs and insurance plans.

Intake Procedure: Call. Agency or self-referrals.

Children's Home Society and Family Services

1605 Eustis Street

Saint Paul, MN 55108-1219

P: 651-646-7771 or 800-952-9302

F: 651-646-8676

Services: Adoption, Early Childhood Education, and family support services. Individual and family counseling.

Staff: Skilled and licensed therapists (LP, LICSW, LMFT).

Payment: Many types of insurance will cover fees, and adjusted fees are available for those without insurance.

Intake Procedure: Call intake.

Chrysalis, A Center for Women

4432 Chicago Avenue South,

Minneapolis, MN 55407

Appointment: (612) 871-0118, and select option 1

Email: info@chrysaliswomen.org

Services: Individual, group, family and couples counseling, legal services, mental health services, chemical dependency services, Psychiatric assessment & medication, Rule 25 assessment and DBT therapy.

Staff: Licensed Psychologists, Licensed Independent Clinical Social workers, Licensed Marriage & Family Therapists, Psychiatrist, and a Clinical Nurse Specialist.

Payment: insurance/HMO, Medical Assistance, Medicare, sliding fee, and self pay.

Intake Procedure: Call. Agency or self-referrals.

Community-University Health Care Center: Refugee and Immigrant Mental Health Program

2001 Bloomington Avenue South
Minneapolis, MN 55404
Main: 612-301-3433
Dental: 612-301-0918
Nurse and Weekend: 866-492-7055
Pregnancy Call Line: 612-27307111
Fax: 612-627-4205

Adult Services: Individual, group, family, and couples counseling, Psychiatry and medication management, culturally competent diagnostic assessments, Intellectual and personality assessments, Neuropsychological screenings, Case management services for adults with serious and persistent mental illness, Individual and group adult rehabilitative mental health services for adults with serious mental illness; Medical Care, Dental Care, Legal Services; Multi-Lingual Services provided.

Payment: Based on need, sliding fee available

Intake Procedure: Call mental health intake.

Work with children and low-income families' from south Minneapolis.

Community-University Health Care Center: Variety Children's Clinic

2001 Bloomington Avenue South
Minneapolis, MN 55404
P: 612-638-0700
F: 612-627-4205

Child and Adolescent Services: Individual, group and family therapy, medication management, culturally competent diagnostic assessments, child mental health targeted case management, and advocacy services for victims of child abuse

Payment: Sliding fee scale, medical assistance and insurance. Free treatment services for individuals or families with incomes below poverty.

Intake Procedure: Call ext. 209 and request mental health intake. Serving generally any Hennepin County residents although residents of other counties may be eligible for certain services.

Family & Children's Service, Northwest Hennepin Branch

6900 78th Avenue North
Brooklyn Park, MN 55445
P: 763-560-4412
F: 763-560-4187

Services: Family service agency providing professional mental health counseling and family support services. Services include an adolescent domestic abuse program, counseling services, employee assistance program, family violence program, and a youth intervention and counseling program. Special programs have developed to meet the needs of a growing W. African community.

Payment: Sliding fee based on ability to pay for those who are uninsured or underinsured, third party reimbursement

Intake Procedure: Call. Serving anyone who lives or works in the Twin Cities metro.

Family Service, Inc

166 4th Street East

Suite 200

St. Paul, MN 55101

P: 651-222-0311

F: 651-222-8920

Email: familyinc@compuserve.com

Services: A multi-service counseling organization specializing in strengthening multiculturally diverse, low-income, and disadvantaged families. Services include individual, couple and family counseling, education and training programs, financial counseling, a family violence program, in-home parent education, and student support services.

Payment: Based on ability to pay, vary by program.

Intake Procedure: Call (walk in intakes at Downtown St Paul office only)

Hamm Memorial Psychiatric Clinic

408 St. Peter Street, Suite 429

St. Paul, MN 55102

P: 651-224-0614

Email: hamm@hammclinic.org

Services: Individual, group, family, and couples counseling, psychiatric medication and therapy, and psychotherapy.

Staff: Private, nonprofit outpatient mental health facility with a staff of psychiatrists, clinic psychologists and clinical social workers.

Payment: Health plans and insurance, Medical Assistance, and a sliding fee scale based upon family income and number of dependents.

Intake procedure: Call for appointment for an initial assessment. Appointment with a professional staff member is arranged at the earliest possible time. Serving any adult person 18 years and older is eligible.

Institute for Minority Development

1710 Douglas Dr. N.

Golden Valley, MN 55422

P: 763-544-2748

Services: Culturally relevant residential home-based services, parent education leadership training, assessment of developmentally disabled and MI services, crisis intervention service, counseling—family and individual, information and referral, parenting support, psychiatric services, behavioral health services, and nursery health care.

Payment: Services are paid for by the county (which determines eligibility), Medical Assistance, or private medical insurance.

Intake Procedure: Agency or self referrals. Anyone who requires services because of a Developmental Disability.

Lutheran Social Services of Minnesota

2485 Como Avenue
St. Paul, MN 55108
P: 651-642-5990
1.800-582-5260
F: 651-969-2360

Services: Crisis nursery, individual, group, and family therapy, child and adolescent therapy, diagnostic assessments, psychological and psychiatric testing and evaluations.

Staff: Licensed Psychologists, licensed Independent clinical social workers, licensed marriage and family therapists, board-certified psychiatrists, and chemical dependency professionals.

Payment: Charges based on ability to pay. They accept private and public health insurance, they also provide a sliding fee for clients without insurance.

Intake Procedure: Self or agency referrals.

Mental Health Collective

3548 Bryant Avenue South
Minneapolis, MN 55408
P: 612-822-8227

Services: Nonprofit, community-based mental health center that provides a variety of mental health services including psychotherapy, education and support services. Services include AIDS support groups, and counseling services for individual, family and couples as well as mental health testing and assessment.

Payment: Health plans and insurance, Medical Assistance, and Sliding fee scale ranging from \$10 to \$90.

Intake Procedure: Call for intake. Serving anyone in need of mental health services.

Metro Social Services

St. Paul Office:

345 University Avenue W.
Suite A
St. Paul, MN 55103
P: 651-647-0647 or 651-647-4330
F: 651-647-1075

Cottage Grove Office:

7571 Immanuel Avenue South
Cottage Grove, MN 55106
P: 651-459-9046

Email: information@metrosocialservice.org

Services: Family counseling, Face-to-face treatment of mental health and related issues through psychological, psychiatric, or interpersonal methods.

Payment: We work with public and private paid clients. We also accept medical assistance, private insurance and private pay.

Intake Procedure: Clients must be involved in social services, corrections, child welfare, or in a permanent long-term placement setting (foster care). They must also be referred by one of the following systems: family, county workers, physicians, schools, or other health professionals.

Pathways (Rise, Inc)

Calvary Church

3708 Nicollet Ave.

Avenue South

Minneapolis, MN 55405

P: 612-872-7720

F: 612-872-7679

Services: Provides culturally sensitive outreach, career development, employment, and mental health support for members of minority groups who are unemployed and have a mental health disability or a handicapping condition to employment. Target populations include Southeast Asians, African Americans, Native Americans, and other minorities (i.e. Russian, Sudanese, Ethiopian refugees).

Payment: Contact the program for more information

Intake Procedure: Call. Serving persons who have developmental disabilities, mental illnesses or other disabilities, who are 16 and older and who require specialized training.

Northpoint Health & Wellness Center

1313 Penn Avenue North

Minneapolis, MN 55411

P: 612-348-4622

F: 612-348-4773

Email: sy.gross@co.hennepin.mn.us

Services: Provides crisis intervention, mental health services, and therapy groups. Counseling and psychotherapy are provided to children, adolescents, couples and families, including home visits.

Payment: Sliding fee schedule. Accepts MA, GAMA, UCare, MinnesotaCare, Medicare, Metropolitan Health Plan, Medica (UBH), HealthPartners, traditional fee for service health insurance and those with no health coverage.

Intake Procedure: Self-referrals as well as referrals by professionals. Serving Hennepin County residents.

St. David's Child Development Family Services

3395 Plymouth Road

Minnetonka, MN 55305

P: 612-939-0396

F: 612-939-9266

Email: bbrogaard@stdavids.net

Services: Children's mental health, individual and family counseling, family assessments, and family services.

Staff: Licensed Mental Health Professionals.

Payment: Children's mental health case management services are paid for through the county or medical assistance. Subsequent services may be funded by insurance, medical assistance, or on a sliding fee scale.

Intake Procedure: Referral

Washburn Center for Children

Main Office:

2430 Nicollet Avenue South
Minneapolis, MN 55404

West Site:

810 First Street South
Suite 210
Hopkins, MN 55343

Northwest Site:

9100 85th Avenue North
Suite 100
Brooklyn Park, MN 55445

P: 612-871-1454

F: 612-871-1505

Services: chemical health services, in-home therapy, case management, counseling and support services for families and children.

Staff: An experienced staff of social workers, psychologists, marriage and family therapists, mental health practitioners, child psychiatrists and teachers.

Payment: Washburn Center for Children works with most health insurance plans to ensure that services are available and affordable to all. Sliding fee scale based upon household income and family size. Third party reimbursement. No fees for Family Focus, Outreach, Chemical Health or programs intake procedure. Contact intake worker at South Minneapolis office for all sites. Serving children birth to 14 for intervention Children birth through high school for all diagnostic services.

General Community Based Cultural Resources

Community Action Partnership of Hennepin County

8800 Highway 7, Suite 401

St. Louis Park, MN 55426

952-933-9639

Citizenship and immigration services, housing counseling, food support, energy assistance, financial literacy and tax assistance.

Immigrant Law Center of Minnesota

450 N. Syndicate St., Suite 200

St. Paul, MN 55104

651-641-1011

Legal representation and advocacy services for immigrants and refugees.

Lutheran Social Services

Various locations

1-800-582-5260

Refugee services

Office of Multi-Cultural Services: Hennepin County

1201 East Lake Street

Minneapolis, MN 55407

612-348-2193

Connects immigrants and refugees to resources and services offered in Hennepin County

The Exchange

A partnership of Minnesota health care organizations, public health agencies, community groups, and health plans formed to share information and resources about health communication and multilingual health materials. Most Exchange resources and information are freely available. The online library of translated health materials is only available to Exchange members.

Healing Resources for Refugees

A collection of services, programs, activities, and places that can help refugees with emotional, psychological or spiritual healing needs. A Service of Minnesota Council of Churches Refugee Services.

Center for Victims of Torture

Works locally, nationally, and internationally to heal the wounds of torture on individuals, their families and communities and to stop torture worldwide.

Community-University Health Care Center

2001 Bloomington Avenue S.

Minneapolis, MN 55404

612-301-3433

<https://www.cuhcc.umn.edu/patient-care-services/mental-health-care>

CUHCC has specialized programs for Somali and Southeast Asian refugees that includes psychiatry, day treatment, case management, and women's advocacy services. Bilingual staff speak Somali, Spanish, Hmong, Lao, Cambodian, and Vietnamese.

Center for International Health Clinic

Providers at the HealthPartners Center for International Health are trained in tropical and travel medicine and cross cultural health. The clinic also offers behavioral health services for adults: anxiety disorders, post-traumatic stress disorder, serious and persistent mental illness, torture victims services, and women's mental health services. Bilingual behavioral health staff speak Russian, Vietnamese, and Spanish, with interpreters readily available for other language.

Office of Multicultural Services

oms@hennepin.us

612-348-2193

1201 East Lake Street

Minneapolis, MN 55407

New Americans bring a myriad of languages, cultures and skills that create a vibrant multicultural environment, but that often creates challenges in understanding the complexity of government programs. They must learn to communicate in English and understand values that sometimes conflict with their own. Speaking 32 languages, this office connects immigrants and refugees to resources and services offered by the county and our community partners.

International Institute of Minnesota

651 647 0191

1694 Como Avenue

Saint Paul, MN 55108

This social service agency assists new Americans in their transition to a new homeland by providing critical programs and services for integration into a new community.

List of low-cost and pro bono attorneys serving immigrants in Minnesota

<https://mnliteracy.org/educators/citizenship-instruction/legal-resources-for-citizenship>

Project for Pride in Living (PPL), "Immigrant Resources and Citizenship"

<http://www.ppl-inc.org/the-hub/immigrant-refugee/immigration-orientation-legal-assistance/>

Mid-Minnesota Legal Aid Agency

Director: Drew Schaffer Contact

430 1st Ave. N.

Suite 300

Minneapolis, MN 55401

612-332-1441

www.mylegalaid.org

Programs and services available: immigration legal assistance in the areas of housing, government benefits, taxes, seniors and youth law, family law, disability law, citizenship preparation, services to victims of trafficking • Languages staff speak: Amharic, English, Hmong, Russian, Somali, Spanish

Minnesota Council of Churches - Refugee Services Agency

Director: Ben Walen

122 W. Franklin Ave

Suite 100

Minneapolis, MN 55404

612-874-8605

www.mnchurches.org/refugeeservices

Programs and services available: resettlement, matching grant employment, immigration legal services, intensive case management, community orientation, MNsure navigator, job skill supports, immigration legal services, housing assistance, transportation help, services to victims of trafficking • Employment training offered: employment counseling, job readiness training, resume writing • Languages staff speak: Arabic, Amharic, Burmese, Bhutanese, English, Hindi, Hmong, Italian, Nepali, Oromo, Somali

Rise Inc. Agency

Director: Truc Pham

3708 Nicollet Ave. S.

Minneapolis, MN 55409

612 872 7720

www.rise.org

Programs and services available: job skill supports, computer classes, Minnesota Family Investment Program services, transportation help • Employment training offered: job orientation, soft skills training, job development, job placement and intensive support services, language interpretation and translation, transportation assistance, individualized employment counseling, follow-up support visits at employment site or off-site, identification of other educational programs in the community • Languages staff speak: Amharic, Arabic, English, French, Hmong, Italian, Oromo, Somali, Vietnamese

Watercourse Counseling Center Agency

Director: Martha Olsen
3548 Bryant Ave. S
Minneapolis, MN 55408
612-822-8227

www.watercoursecounseling.org

Programs and services available: counseling services for refugee youth and families, student success program.

Languages staff speak: English, Somali, and Spanish

Arrive Ministries Agency

Director: Bob Oehrig
1515 E. 66th St.
Richfield, MN 55423
612-798-4332

www.arriveministries.org

Programs and services available: refugee resettlement, refugee employment services, refugee social services, English language tutoring, connections to community gardening and other services, MNsure navigator, job skill supports, English Language Learner classes, immigration legal services.

Languages staff speak: Arabic, English, French, Lingala, Russian, Spanish, Swahili, Ukrainian

Pangea Care Behavioral Health Services

1 Water Street W.
Suite 288
St. Paul MN 55107
651-414-0063

www.pangeacare.com

Adult substance use disorder treatment, adolescent and adult mental health services. Individual and group MI/CD treatment, outpatient mental health therapy, ARMHS, trauma therapy, Driving with Care. Interpreter services available in Hmong, Spanish, and Karen. Mon. - Fri. 8:00 a.m. - 4:30 p.m. Sat. 9:00 a.m. - 1:00 p.m., some evening appointments.

Pathways Counseling Center Inc.

1919 University Ave. W.
Suite 6
Saint Paul, MN 55104
612-616-9189

www.pathwayscounselingcenter.org

Pathways understands the importance of utilizing culturally-appropriate methods when engaging with refugees, honoring cultural systems and values to foster recovery and resilience processes.

Women’s Advocates

588 Grand Ave.
Saint Paul, MN 55104
651-227-8284

www.wadvocates.org

Free shelter hotline, interpreters available.

People’s Center Behavioral Health Services

425 20th Ave. S.
Minneapolis, MN
612-332-4973 55406

www.peoples-center.org/cedar-riversideclinic/

Assessments, individual and family therapy, and referrals. Offer sliding fee program option and assistance with applying for state and federal assistance programs. Mon. & Fri. 8:30 am.- 5:00 pm, Tues.- Thurs. 8:30 am - 8:00 pm.

Day One MN Domestic Violence

1-866-223-1111
Text 612-399-9995

safety@dayoneservices.org

<http://dayoneservices.org/>

Crisis service for domestic violence, sexual assault and human trafficking. Resources, options and support to help you make decisions that impact your safety. Calls to the crisis line are free and available 24 hours a day, 365 days a year.

PACER Center: Family to Family Health Information Center (F2FHIC)

8161 Normandale Blvd.
Minneapolis, MN 55437
952-838-9000

www.pacer.org

Families of children, ages 0-22, with disabilities or special health care needs. Information on insurance, government programs, supplemental security income, health resources and advocacy, special education resources and advocacy, referrals to services. Culturally specific services: Multicultural advocates are available to meet with and provide individual assistance to parents and family members who have children with disabilities or special health care needs. Translated publications, webinars, and workshops. Spanish, Hmong, Somali. Mon. - Fri. 8:00 am - 5:00 pm

Associated Clinic of Psychology

6950 W. 146th St.

#100

Apple Valley, MN 55124

952-432-1484

1633 S. Robert St.

West St. Paul, MN 55118

651-450-0860

www.acp-mn.com

Open to clients of MA, Minnesota Care, GAMC, Medicare; sliding fee scale also available. Appointments usually arranged in advance by client or social service professionals working with the client. Clinic based services include: Individual Psychotherapy, Family Counseling, Marriage/Relationship Counseling, Group Therapy, Neuropsychological/Psychological Testing, Psychiatric Evaluations, Medication Management, Training, Consultations, Workshops, In-Home therapy, CTSS, ARMHS. Many other specialty services available, as well as in home services and long term care services. Culturally Specific Services: Somali Youth Family Services, CTSS, ARMHS. Mon. - Fri.: 8:00 am - 5:00 pm

Parent Warmline

612-813-6336

Parent Warmline is a FREE telephone service sponsored by Children's Hospitals and Clinics of Minnesota. The Warmline provides you with person to person support, practical advice and resources about parent- child relationships and the behavior and development of children from infants to teens. Leave your name, number, and a brief message about your problem. Questions range from how to stop a child from biting to how to handle the death of a child's friend or family member.

Natalis Counseling & Psychology Solutions

1600 University Avenue W.

Suite 12

Saint Paul, MN 55104

651 379-5157

www.natalispsychology.com

Individual counseling with providers adept in working across cultures and committed to working with newly arriving refugees. Several providers in the agency with various approaches. Psychiatrist on site to refer for prescription management. Mon - Fri: 9:00 am - 5:00 pm

Progressive Individual Resources, Inc.

992 South Robert St.

Suite 400

West St Paul, MN 55118

651.222.6567

www.pirimn.org

MA, major insurances. Provide services to families, caregivers to children, youth and adults – 18 years and over – with severe emotional disturbances, behavioral challenges and developmental disabilities.” Some services include in-home family support for children with SED, providing children rehabilitative services through Children Therapeutic Services of Supports, respite services for SED children/ youth, short-term transition living arrangements for juvenile delinquent youths, ARMHS, and much more. Intellectual and/or developmental disability (IDD).