

# DBT IOP SURVEY RESULTS- National Certification

## January 2019

Total number of teams surveyed - 53

Total number of teams responded- 38 (72%)

### INDIVIDUAL CERTIFICATION

**Does your team have Linehan Board of Certification (L-BOC) certified individual therapist?**

No: 30

Yes: 6

**How many therapists on your team are certified by L-BOC?**

1: 4

2: 2

3: None

4: None

**Please select the choice that best selects your status for L-BOC certified individuals in your program**

Someone is working on certification process: 24

No one on team is currently interested: 5

Clinician in planning on starting process: None

**Please select any barriers/challenges you encountered during this process.**

Overwhelming process: 21

Passing case formulation: 13

Cost: 10

Passing written test: 2

Not supported by team: None

Not supported by organization: None

### TEAM CERTIFICATION

**Is your team certified by Linehan Board of Certification (L-BOC)**

No: 35

Yes: 3

**Is your team planning on applying for L-BOC National Certification?**

Team anticipates starting this process: 27

Unable due to circumstances: 3

Team is currently in application process: 2

We are not interested at this time: 2

**Team anticipates starting application process**

Within 6 months: 14

Within 1 year: 11

Within 2 years: 2

**Please select any barriers/challenges you encountered during this process (Based on 3 teams certified and 2 in process)**

No individual certified: 5

Overwhelming process: 4

Cost: 4

Passing desk review: 2

Passing site visit: 1

Not supported by team: None

Not supported by organization: None

**Unable to apply due to circumstances: (copied exactly as submitted)**

We have had members attempt to pass Linehan certification standards to no avail.

We are still analyzing the cost of sending someone through training and associated non billable time

**Please list an additional barriers or comments: (copied exactly as submitted)**

Cost, Time, overwhelming process are barriers making this difficult to do for the Program Certificat

Time commitment and loss of revenue for the organization.

Need to have one individual therapist to become nationally certified, cost is a factor.

team lead has attempted and was not able to pass the case formulation

Cost, also concerned about how closely related the L-BOC and the Linehan Institute are, seems fishy.

Cost, time commitment required, age of providers, current work load

Day to day time to prepare

Cost of startup, maintenance cost, CEU requirements at unknown price, unknown future costs

schedule; certification is done outside of work; 5 wk response with initial cert applic from LBOC

Concern r.e. waiting many months for case or video review. May hold up team application process.

Waiting period to hear back from LBC on case concept. and video coding is long: 3-6 months.

Our therapist has not failed the test/case formulation but many colleagues who have so concerned.

The Linehan standards seem vague and they provide no feedback to applicants who "fail" the standards

Case conceptualization failed twice, and feedback was not given, so difficult to know how to fix

It would be helpful to have more direction on how to prepare/study for the test

I have been waiting over 3 months for results of video review. It has been a two year process.

none; our team recently secured funding, and 2 team members are working toward certification

Linehan board is taking a long time to respond to each component of the certification -up to 90 days

\$845 for individual and about 4k for program. Time

Turn over costs. Certified individuals will demand a higher salary due to new value of the training

The cost is extremely prohibitive

Loss of productivity due to meeting the necessary training and certification guidelines.

My videos from submission to finding out I passed was nearly 6 months of a wait.

Cost and commitment

**What is your team's name?**

Lighthouse Child and Family Services

Highland Meadows Counseling Center

South Central Human Relations Center

Headway Emotional Health Services.

Southwestern Mental Health DBT Program

Psych Recovery Inc.

DBT Associates, LLP

Independent Management Services DBT Team

Highland Park Counseling Associates

The Lakes Area DBT consultation team

LMHC Alexandria

DBT Clinic RADIUS Health

Nystrom and Associates

Life Development Resources

Nystrom & Associates, LTD.

RADIUS Health

Omni Mental Health

Minnesota Center for Psychology

Nystrom and Associates- New Brighton, MN

Hennepin Healthcare (formerly HCMC) DBT IOP

Nystrom and Associates, LTD

Associated Clinic of Psychology

Olmsted County

Sioux Trails Mental Health Center

Canvas Health

Natalis

Nystrom and Associates

Western Mental Health Center

Nystrom and Associates (I am currently in Coon Rapids, hoping to start a team in Minnetonka)

St. Anthony Park, New Beginnings DBT program

Life development resources

HP Psychological Associates, PC

DBT Professionals