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STATE ADVISORY COUNCIL ON MENTAL HEALTH  
*and Subcommittee on Children's Mental Health*

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February 6, 2020 – 10:00am-2:00pm, Work Groups 12:30-1:30pm

**Location:**

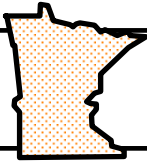
DHS Elmer L Andersen Building, Room 2360, 540 Cedar Street, St. Paul, MN 55101, **Parking Code: 7424**  
Vidyo telepresence upon request ELA 2360

**Attendees:**

Claudia Daml, Dave Johnson, Alison Wolbeck, Dave Lee, Jennifer Bertram, Maleenia Mohabir, Rozenia Fuller, Kimberly Baker, Meredith Jones, Jeff Lind, Michael Gallagher, Kim Stokes, Pa Kong, Ellie Miller, Stephanie Podulke, Jamaica Delmar, Elise Holmes, Melissa Balitz, Ken Moorman, Jennifer Pedersen, Tom Delaney, Lisa Hoogheem, Michelle Schmid-Egleston, Sam Smith, Nick Vega Puente, Mary Kjolsing, Joy Johnson-Lind, Noah McCourt, Stephen Huot, Jode Freyholz-London, BraVada Garrett-Akinsanya, Anna Lynn, Jeshua Livstrom, Tom London, Dave Hartford, Stephanie Hogenson, Shelley White, Helen Ghebre, Abigail Franklin, and via Vidyo: Addyson Moore, Kim Strand, Donna Lekander, Ashley Warling-Spiegel

**Joint Meeting Agenda**

- Welcome and Introductions:
  - Approved Minutes from 1/2/2020 and today's agenda
- PRTF Updates, Dave Hartford:
  - Cambia Hills of East Bethel. New 60 bed PRTF prepared to manage youth at higher risk for suicide, with hospital standard inpatient services in a residential setting. Targeted completion: 2/28 and training staff (2 weeks onboarding for 60-70 FTEs). Ribbon cutting scheduled for March 25. Admission criteria is Danger to self or others. Mental health providers or parents can make referral online <https://thehillisyfs.org/prtf>. Target goal is to admit within 72 hours of referral. Will prioritize the referrals based on individual needs. This PRTF is for active treatment where we believe we can make improvements in the child. There is no max length of stay. Partnership with Alina Health system to offer substance use services and primary care for chronic medical conditions. Question: How do you balance all of the needs and not take the "easier" kids? Will look at "active treatment" if we are able to make a difference for the child. Cambia Hills has already received 40 referrals. There is a research advisory committee to study the referrals. PRTF is a healthcare benefit, there is no county funding. Question: What is the plan for engaging parents? Built in technology with telepresence rooms and will have weekly family engagement at a minimum as written into legislation. Question: Where should children go if they are not having success in a residential program? We have a huge shortage of long term services for children. We need to increase community supports.
- RFP Process Planning: Jeshua Livstrom, Operations Manager Behavioral Health Division
  - The Behavioral Health Division (BHD) at DHS has a goal to engage community members in the grant making process and we have a need to establish a blueprint to do so. We



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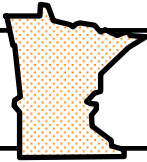
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have over 60 staff involved in the grant making / grant monitoring process with 700+ active contracts totaling approximately \$300 million. We have a decentralized process and each grant manager has a different style. We are currently in the process of writing a policy that requires community engagement in the Request for Proposal (RFP) process. We also need to develop a process for how to solicit and receive feedback on RFP development. RFPs must be posted for 3 weeks, community says this needs to be longer. We strive to have at least 3 members on the RFP application review team and want this to be as diverse as possible. The grant manager selects the review team. Tools and checklists are being developed to help with this process. Question from Council: Can we know who is on the review team? We need further discussion about this as there is a need to protect anonymity, may be able to provide demographics and role (community, provider, person with lived experience, DHS staff, etc.). Question: Are Q & A webinars required? Not at this time, but a bidders conference will be required in the future. Question: During the development phase for RFPs, how likely will feedback be incorporated into the RFP? BHD should be receptive to the feedback. BHD needs to improve the process for notifying contractees of status after proposals have been reviewed. There is a wealth of knowledge on the Council and Subcommittee and we want to be more active in the entire RFP process. How do we operationalize the process? We have networks that would also be interested in reviewing RFPs. Idea: invite grant managers to attend Council/Subcommittee meetings to brainstorm development of RFP. See presentation materials below.

- Next Step: members will self-identify to participate in conference call / in person meeting to draft a partnership plan. Abbie will schedule meetings. Continue discussions at future Council/Subcommittee meetings.
- Governor's Children's Cabinet: Stephanie Hogenson
  - The Governor's Children's Cabinet is an interagency vehicle to improve life in Minnesota. Only 2 state agencies are not involved in the cabinet. High level state agency staff are involved in each priority area. Question: Are communities represented in the cabinet action teams? No, they are all state agency staff. See presentation materials below.
- Day on the Hill and MHLN Update: Sam Smith
  - Mental Health Day on the Hill is scheduled for Thursday, March 12. Key issues include expanding supportive housing and employment programs, enforcing health insurance parity for mental illnesses, increasing residential and crisis programs for children and adults, addressing work force shortages, promoting suicide prevention efforts, and more. Anyone interested in mental health issues is encouraged to attend; no registration is needed. More information can be found on [NAMI Minnesota's website](#). Rozenia Fuller will represent SAC at Day on the Hill and would like to provide a testimonial.



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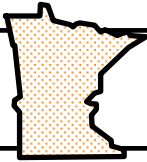
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- Other business: Membership updates, upcoming conferences, celebrations, 1:50-2:00pm
  - NAMI is hosting mental health day at MOA, Saturday Feb 15 afternoon, Governor Walz will be there; PACER will have a booth at the event; live demos of Telehealth; and resources for families. This is specific to Children's Mental Health
  - Will continue to meet as a joint group through 2020; researching another location for our meetings
  - State fair planning has begun for the 3<sup>rd</sup> Annual Mental Health Awareness Day at the Minnesota State Fair, Monday, August 31. Planning meetings will be held the first Wednesday of the month from 2-3pm at NAMI-MN. [See meeting minutes below.](#)
  
- Report back from Workgroups: 1:30-1:50pm
  - Juvenile justice: early intervention – BraVada will draft language; transition back to home
  - Education: each member will share info prior to next meeting to plan, will refine in March.
  - Integrated Care & Access: new appointments, inpatient beds, training prescribers, prior authorizations, support telemedicine network; provider groups and agencies coming together to fund loan forgiveness for culturally specific providers; increase reimbursement rates to meet costs
  - Recovery support: focus on 3 recommendations to support increased funding for IPS; expand support for housing; creation of a peer respite
  - Family Systems: transition age youth, post-partum; provider training to screen for well-being; faith based and Y how to build capacity of these systems to promote well-being
  - Culture – please identify workgroup members to be represented on the Outreach to Cultural Diversity workgroup.

### Next Meeting:

Date: March 5, 2020  
Time: 10am-2:00pm  
Location: DHS Elmer L Andersen Building, Room 2360  
540 Cedar Street  
St. Paul, MN 55101  
Vidyo telepresence upon request ELA2360

**Reminder:** More information about the State Advisory Council on Mental Health and Subcommittee on Children's Mental Health, including meeting minutes, reports, and membership lists, can be found online: <https://mn.gov/dhs/mh-advisory-council/>



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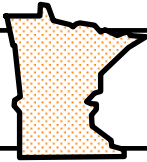
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## Planning Meeting for Mental Health Awareness at the State Fair

Feb. 5, 2020  
NAMI Minnesota Office

### Minutes

1. **Introductions**
2. **2020 Date**
  - a. Aug. 31, 2020
3. **2019 Review - Feedback From Fair Staff**
  - a. There will not be a police escort in 2020 – Same process as last year was followed. Cars will be searched and there will be metal detectors.
  - b. Banners, when reprinted, need logos flipped with wording
  - c. Nate suggested having bands share equipment if possible
  - d. Nate will check with Ntl Guard to see if we can share tents again
  - e. Please get banners to Nate before fair begins
  - f. Provide more time between acts to give stand hands a break
  - g. On-site broadcasting needs to pay union wages
  - h. Assign numbers and put in sequential order on the day of event
  - i. Consider activity and need for activity space when placing booths
4. **Budget**
  - a. Sara is going to work with the bookkeeper at NAMI to determine 2019 income and expenses and report back to the planning committee.
5. **Exhibitors**
  - a. Exhibitors will be able to apply again in 2020 throughout March. NAMI will send out invites and application. Planning committee will choose 58 exhibitors based on the activity they provide and what it brings to enhance the experience of the fair goer.
  - b. Will seek quality over quantity.
  - c. Statewide will also be a consideration in determining who will be invited to attend, along with some specialty groups as determined by the planning committee.
  - d. Cost was \$250 for nonprofit and state and \$500 for for-profit. Will determine if that amount is the same after the budget is re-examined.
  - e. Invites can be sent once we have received the fair book and know 2020 update rules, plus have the fee “go ahead” from the planning committee
6. **Stage acts and emcees**
  - a. Dave will get cost estimate from Cedar Creek Drummers for opening the event again, possibly having dancers with them at this time.



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- b. The other entertainers will also be invited back again for this year, as the afternoon ones were not able to perform due to weather. Fidgety Fairy Tales will perform once this year to allow for new performers to be added or more time to be allotted between acts.
  - c. Dogs were a hit and should be brought back.
  - d. Equine therapy might be another option to consider. Would be a draw. Since this discussion, we have learned the fair won't allow for horses unless they have been cleared by a vet, so it will not likely be an option.
- 7. Next Steps and Roles**
- a. Sara presented a timeline and task list. See attached. TBD dates on many items that will come from fair.
- 8. Misc.**
- a. The planning committee would like to spend more on t-shirts and get them to be lighter weight as the regular t-shirts were too hot
  - b. The suggestion was made to allow the public to order t-shirts using social media
  - c. Abbie will ask Melissa Balitz for her help in designing the shirts and social media campaign again
  - d. Abbie would like to have the American Indian Mental Health Advisory Council more involved in the coming year. Kim was on the call and stated they may not have the capacity to take on a planning portion of the event, but they would like to be involved. Dave suggested a table with info for all tribes at event.
  - e. The activity will be one project this year instead of two similar tree projects like last year. Ideas are needed.
  - f. Abbie is going to work to invite Lt. Gov. Peggy Flanagan to the event to speak.
- 9. Next Planning Meeting**
- a. First Wednesday of the month at NAMI Minnesota Office at 2 pm.
    - i. Dave Lee will try to call in as he will be out on vacation.