

January 2017

MINUTES

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Subcommittee on Children's Mental Health

Meeting Date: 1/5/2017

Meeting Time: 10:40am – 12:00pm

Meeting Location: Elmer L. Andersen Human Services Building (ELA), 540 Cedar Street, St. Paul, MN 55101, ELA 2380

Present: Maggie Diebel, Sarah Fuerst, Linda Hansen, Donna Lekander, Renelle Nelson, Cynthia Slowiak, Jenifer Thomas

Absent: BraVada Garrett-Akinsanya*, Thomas Delaney, Sai Thao, Dave Johnson (Co-chair)*, Jeffrey Lind*, Richard Oni*, Cari Juarez, Peggy Larkin

State Advisory Council on Mental Health Member(s): Steve Hansberry

Department of Human Services: Bill Wyss and Heron Abegaze

Guest(s): N/A

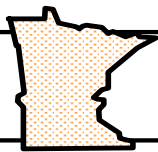
Subcommittee on Children's Mental Health meeting was called to order at 10:45am.

1. Call to Order, Mission Statement, Introductions

- Subcommittee on Children's Mental Health meeting was called to order at 10:45am.
- Dave Jonson, Co-Chair read the mission statement of the Subcommittee on Children's Mental Health.
- All members introduced themselves.

2. Approval of December Minutes and Announcements

- There was not quorum at the Subcommittee on Children's Subcommittee meeting. Donna Lekander, Co-Chair informed the Subcommittee members that the December minutes will be reviewed and approved during the March 2, 2017 Subcommittee meeting.



Announcements

- Heron Abegaze, DHS, informed the Subcommittee that there are six members that have been appointed or reappointed to the Subcommittee. More information will be sent via email to Subcommittee members. New members will attend meetings starting February 2017.
- Heron Abegaze, DHS reminded the Subcommittee that the February 2nd, 2017 meeting is a joint meeting between the Council and Subcommittee.
- Donna Lekander, Co-Chair, announced to members that Mental Health Day on the Hill will be on March 16, 2017.

3. Mental Health Division Updates, Bill Wyss, Children's Mental Health Deputy Director Updates

- The Mental Health Division is in the process of interviewing for the Mental Health Director position. Both external stakeholders and internal Community Supports Administration staff will be on the interview panels.
- The School Diversion Request for Proposal was reposted to due to only receiving one response from an out of state vendor. The division is hoping reopening the Request for Proposal and advertising it broadly will result in more reposes.

4. Subcommittee Strategic Planning Discussion, Dave Johnson and Donna Lekander, Co-chairs, Subcommittee on Children's Mental Health

- Donna Lekander, Co-Chair informed the Subcommittee that since there is no quorum during this meeting. This presentation will be moved to the March 2, 2017 meeting so that all Subcommittee members will have the opportunity to be a part of the discussion.

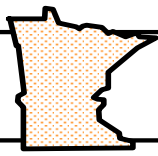
5. 2016 Report to the Governor and Legislature Next Steps, Dave Johnson and Donna Lekander, Co-Chairs, Subcommittee on Children's Mental Health

- Donna Lekander, Co-Chair gave an overview of the 2016 Summary of the State Advisory Council and Subcommittee on Children's Mental Health Report the Governor and Legislature.
- Handouts of the 2016 Summary report was handed out to the Subcommittee members and they were asked to provide feedback on the summary report.
- Subcommittee members shared that they liked the idea of a summary of the report, this is useful and something that was not available to them before. However, members shared that they find it hard to pick out their workgroup's recommendations.

6. Workgroup Updates

- See January 2017 Workgroup Minutes for workgroup updates

Subcommittee on Children's Mental Health meeting was adjourned at 11:54am



State Advisory Council on Mental Health

Meeting Date: 1/5/2017

Meeting Time: 1:00pm – 3:00pm

Meeting Location: Elmer L. Andersen Human Services Building (ELA), 540 Cedar Street, St. Paul, MN 55101, ELA 2380

Present: Melissa Balitz (Chair), Claire Courtney, Joseph DeBoer, Jode Freyholtz-London, Rozenia Fuller, Steve Hansberry, Stephanie Hogenson, Steve Huot, Dave Lee, Danielle Lien (Norby), Anna Lynn, Carrie Marsh, Kenneth Moorman, Suzanne Bachmann (Surrogate for Shannah Mulvihill), Patricia Siebert, Michael Trangle, Kenneth Ujifusa, Alison Wolbeck (Vice Chair), John Yanish, Allison Stolz, Ken Ujifusa, Steve Palmer, Emmanuel Oppong

Absent: Mary Kjolsing*, Amoke Kubat, Michelle Fournier, Jodi Martin*, Tarloh Quiwonkpa

Subcommittee on Children's Mental Health Member(s): N/A

Department of Human Services: Claire Wilson and Heron Abegaze

Guest(s): Natalie Matheson (Region 7E AMHI Planner)

State Advisory Council on Mental Health meeting called to order at 1:00pm.

1. Call to Order and Introductions

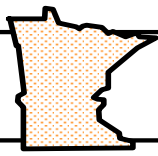
- State Advisory Council on Mental Health meeting was called to order at 1:00pm
- All members introduced themselves.

2. Approval of December Minutes and Announcements

- December 2016 minutes were reviewed by Council members.
- Ken Moorman stated that there is an error on the council minutes on item 2. It should say "November minutes were approved by Council" not Subcommittee.
- Heron Abegaze, DHS, will make that correction on the December Council minutes.
- December 2016 minutes were approved by the Council.

Announcements

- Heron Abegaze, DHS, informed the Council that there are six Subcommittee on Children's Mental Health members that have been appointed or reappointed by Melissa Balitz, Chair of the State Advisory Council on Mental Health. More information will be sent via email to Council members. New members will attend meetings starting February 2017.
- Heron Abegaze, DHS, reminded the Council that the February 2nd, 2017 meeting is a joint meeting between the Council and Subcommittee.



3. Mental Health Division Updates, Claire Wilson, Assistant Commissioner, Community Supports Administration

Updates

- The Mental Health Division is in the process of interviewing for the Mental Health Director position. Both external stakeholders and internal Community Supports Administration staff will be on the interview panels.
- The House Health and Human Services Reform Committee has asked state the Mental Health Division to present on the recommendations made by the Governor's Task Force on Mental Health.
- The Health and Human Services Reform Committee hearing to present on the Governor's Task Force on Mental Health's recommendation is tentatively scheduled for January 17, 2017. Council and Subcommittee members will be informed of the date and time of this hear and are invited to give public comment after the hearing.
- The Mental Health Division is working on a crosswalk that includes the recommendations from the Governor's Task Force on Mental Health and current initiatives and programs DHS is working on.

Questions and Comments from Council members

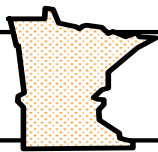
- Can the State Advisory Council on Mental Health and Subcommittee on Children's Mental Health recommendations be included on this crosswalk and presented to the Council during a future meeting?

4. Mental Health Legislative Network Update, Melissa Balitz, Chair, State Advisory Council on Mental Health

- Melissa Balitz gave an update about the Mental Health Legislative meetings
- Mental Health Day on the Hill is on March 16, 2017. This year Mental Health Minnesota will be leading in coordinating Day on the Hill.
- Member dues have increased for the Legislative Network. The Council and Subcommittee have submitted their dues to Shannah Mulvihill, Executive Director of Mental Health Minnesota.
- The Mental Health Legislative Network's Blue Book should be coming out soon. A specific date has not been provided on when the Blue Book will be available.

5. Peer Respite Presentation, William Parke-Sutherland and Kate Laird

- William Parke- Sutherland, Executive Director of Grassroots Wellness and Kate Laird, Director of Grassroots Wellness of Wisconsin presented on Grassroots Wellness Peer Run Respite & Learning Community.
- They provided an overview of:
 - Who is a Peer?
 - The gifts of Peer Support
 - Peer support is NOT
 - Peer Supports Guiding Principles
 - SAMHSAs working definition of Recovery



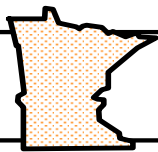
- State of Wisconsin's investment in developing Peer Run Respite in the state
 - Wisconsin invested \$1.2 million dollars to open 3 Peer Run Respite services from the in the 2013 – 2015 biennial budget.
- What is Peer Run Respite?
- For more information on Peer Run Respite services in Wisconsin see, <https://www.dhs.wisconsin.gov/peer-run-respite/index.htm>

Question and Comments from members

- How do people enter or get into peer respite?
- What is the base level for documentation?
- Is data gathered to support the progress of individuals receiving these services?
- Are their background checks on people who want to be in a Peer Run Respite?
- How long can someone stay in a Peer Run Respite program?
- How do the group sessions work? Who is leading/facilitating?
- What kind of situations are people coming out of when they enter a Peer Run Respite program?
- What worked in your advocacy for Wisconsin to pass and allocated funds to this type of service?
- How does it work from the hospital perspective? Do hospitals discharge directly to the Peer Run Respite program?
- Can you describe anything that doesn't go well in a program like this? Incidents, etc.?
- How is a service like this regulated? Does the state license the facility or program?
- Is this MA billable service?
- How do you mitigate incidents, especially incidents that can occur and have impact on vulnerable adults?
- What are some of the challenges? What if someone doesn't want to leave the program? How does "discharging" someone from this type of program work?
- What are some of the issues your state has seen with safety? What type of training do you provide to peers to keep themselves safe?

6. 2016 Report to the Governor and Legislature Next Steps, Melisa Balitz, Chair, State Advisory Council on Mental Health

- Melissa Balitz, chair gave an overview of the 2016 Summary of the State Advisory Council and Subcommittee on Children's Mental Health Report the Governor and Legislature.
- Handouts of the 2016 Summary report was handed out to the Council members and they were asked to provide feedback on the summary report.
- Council members shared that they liked the summary report and think that it will be useful to use when talking to their legislators and other local elected officials.
- Melissa Balitz suggested that this would be a document members can use to talk to their representative during the Mental Health Day on the Hill on March 16, 2017.



7. Workgroup Updates

- **Local Advisory Council Workgroup**

- Alison Wolbeck, Vice Chair, gave an update on the Local Advisory Council workgroup meeting.
- Alison Wolbeck made a motion and asked the State Advisory Council on Mental Health to support a letter to the Assistant Commissioner of Community Supports Administration, Claire Wilson, Deputy Directors of the Mental Health Division Carol LaBine and Bill Wyss requesting support and action in devoting funds and resources available toward the development and implementation of a two-year demonstration project to support, raise awareness, and assist Local Mental Health Advisory Councils (LACs) across Minnesota in providing the grassroots Mental Health advocacy at a local level. This recommendation was made in previous Reports to the Governor and Legislature and in the 2016 Report to the Governor and Legislature.
- The State Advisory Council on Mental Health voted and unanimously approved the letter to be sent to the Assistant Commissioner of Community Supports Administration, Claire Wilson, Deputy Directors of the Mental Health Division Carol LaBine and Bill Wyss from the State Advisory Council on Mental Health chair.

- **Integrated Care Workgroup**

- Claire Courtney gave an update and informed the council that they have decided to change their name from Integrated Care to Integrated Care and Access.
- Patricia Seibert made a motion and asked the State Advisory Council on Mental Health member to support a letter to the Minnesota Department of Human Rights from the State Advisory Council on Mental Health that highlights a problem with full access to public accommodations under state law. The letter points out that several sections of state law refer to service dogs for persons who are blind, deaf or have a physical disability, and do not address service dogs performing tasks for persons with mental illnesses.
- The State Advisory Council on Mental Health voted and unanimously approved the letter to be sent to the Commissioner of Minnesota Human Rights Department from the State Advisory Council on Mental Health chair.

- For additional updates, see **January 2017 Workgroup Minutes** for workgroup updates.

State Advisory Council on Mental Health meeting adjourned at 3:06pm.