



STATE ADVISORY COUNCIL ON MENTAL HEALTH
and Subcommittee on Children's Mental Health

June 3, 2021 – 10am-1pm

Attendees:

State Advisory Council on Mental Health members: Al Levin, Alison Wolbeck, Amy Jones, Angie Schmitz, Ashwak Hassan, Claire Courtney, Cynthia Christensen, Dave Lee, David Nathan, Ken Moorman, Mary Kjolsing, Michael Trangle, Robert Bosl, Rozenia Fuller, Sam Smith, Abigail Franklin

Subcommittee on Children's Mental Health members: Addyson Moore, BraVada Garrett-Akinsanya, Cecilia Hughes, Corey Harland, Danny Porter, Jeff Lind, Kim Stokes, Lisa Hoogheem, Maleenia Mohabir, Meredith Jones, Michael Gallagher, Michelle Schmid-Egleston, Tom Delaney

Guests: Ama Boumi, Ari Dionisopoulos, Dawn Baumgartner, Eren Sutherland, Heron Abegaze, Hilary Hadfield, Joy Johnson-Lind, Melissa Dau, Sarah Dunne, Shannon Rud, Tanya Carter

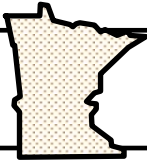
Joint Meeting Minutes

Welcome, Approved Minutes, Approved Agenda

- Comments/Announcements:
 - Stair Step Foundation is sponsoring 21 Days of Peace with advocates out in the community, at street corners where violence has occurred, standing with business owners, offering resources to help meet the social, spiritual, and mental health needs of the community in Minneapolis and St. Paul. Resources include pathways to get out of gangs and info on mental health and resilience trainings.
 - The Health Commons, a partnership between Redeemer Center for Life and Fairview, located in the Harrison Neighborhood of Minneapolis is providing mental health emergency training. Community Health Worker Sharon Peterson shared information about this during the LAC workgroup meeting.
 - rozeniafullergoodnews@gmail.com email Pastor Rozenia with any questions about the advocacy work that is happening throughout Minneapolis and St. Paul
 - Would like to work with the Minnesota History Center to note the creation of Mental Health Awareness Day at the State Fair as an event that came from the Council.
- Registration has opened for [Minnesota's First All Peer Specialist Conference!](#) Peers, Purpose, Passion: Uniting Our Voices. Virtual event July 23-24.
- Introduced new Behavioral Health Division Promotion, Prevention, and Infrastructure Development (PPI) Manager – Ama Eli Boumi

Federal Block Grant: Heron Abegaze, DHS Behavioral Health Division

- See posted presentation
- Minnesota receives 2 Federal Block Grants administered by the Substance Abuse and Mental Health Services Administration: Substance Abuse Prevention and Treatment Block Grant (SABG) and Community Mental Health Services Block Grant (MHBG). Full applications are submitted in September of odd numbered years. Next application due September 2021.



STATE ADVISORY COUNCIL ON MENTAL HEALTH
and Subcommittee on Children's Mental Health

- Red Lake Nation receives its own Substance Abuse Block Grant separate from funding received by DHS
- Minnesota is not a designated HIV state (page 5 of presentation). This is a federal designation and assigned to states based on the number of HIV cases in the state. DHS does have a team dedicated to HIV/AIDS education and support within the Disability Services Division (DSD). Heron will provide more information about this to the Council.
- There is a 5% Crisis Services Set Aside in the MHBG.
 - Question: Can the crisis set aside be used for alternative 911 services?
 - There is some flexibility in how this money is used. Will need to have the BHD Crisis team speak about how these funds are being used in Minnesota.
 - Council/Subcommittee members are very interested in hearing from the Crisis team at a future meeting
- The Behavioral Health Planning Council (BHPC) reviews and comments on the application and annual report to SAMHSA. Public comment is also required. BHD Leadership can get feedback from other groups besides BHPC. To view and comment on the Federal Block Grant:
 - <https://bgas.samhsa.gov/Module/BGAS/Users>
 - Username: citizenmn
 - Password: citizen
- There are more spending flexibilities with the funds awarded to states through the Coronavirus Response and Relief Supplement and the American Rescue Plan Act (pg 10 of presentation).
 - BHD held listening sessions via WebEx with community members to determine how to spend some of these funds
- Council would like to see a more detailed breakdown of how the Federal Block Grants are spent.
 - Heron will provide this information

Mental Health Legislative Network (MHLN) Legislative update: Sam Smith

- The Council and Subcommittee have a seat on the MHLN. NAMI-MN and Mental Health Minnesota co-chair the MHLN, this is why they are asked to provide the legislative update during council meetings.
- Session ended with no budget passed. Anticipate a special session.
- There is an influx of federal funding coming to DHS which creates opportunity for Council/Subcommittee to continue to push our recommendations
- We are waiting for a compromise on the budget between the House/Senate. They are also working through complicated policy decisions.
- Some things did pass with the omnibus bill: Uniform Service Standards (USS), Mobile Crisis updates to engage family members during child/adolescent crisis situations, updates to Certified Community Behavioral Health Clinics (CCBHC) and Community Access for Disability Inclusion (CADI) Waivers
- Expanding BIPOC workforce proposal is still in discussions



STATE ADVISORY COUNCIL ON MENTAL HEALTH
and Subcommittee on Children's Mental Health

Decision-making process

- We recognize there is a process issue with how report recommendations were made with a lack of transparency. We hope to improve on our process and ensure we have transparency in decision-making.
- This should be a safe space. Everyone should feel heard, should be able to advocate for what they believe is right, and feel comfortable speaking up in meetings
- Recommendations came from workgroups once workgroups reached consensus about the recommendation. There was a need to prioritize what went into the legislative report. We are learning from our challenges and will improve the process.
- Remember, the Report is not the only way of communicating with the legislature. We continue to send letters to the Governor, Legislature, and state agency leadership with our priorities.

Workgroup Updates

- Integrated Care & Access: sent letter to legislative committee re: shortage of psychiatric beds
- LAC: interviewed a community health worker who is focusing on supporting individuals and their self-care. Working hard to get community members involved in the LAC workgroup.
- MH and Juvenile Justice: goal for next meeting to come up with ideas about topics and speakers, would like more people involved in the workgroup
- MH and Schools: are bringing representatives from school districts to meetings to discuss mental health plans in school. Mounds View district shared [resources](#)
- Outreach to Cultural Diversity: dreaming about outreach needs, if we had \$1M to do whatever we want, we would increase access to services and receptivity, breakdown stigma/shame, focus on early intervention, social emotional learning, prevention, more flexible funding, racial reckoning – how to support each other in our work, create video library of presentations. We've also been involved in the RFP review process development
- Recovery Supports: important to continue meeting, would like Wellness in the Woods to present about the Virtual Peer Support Network

RFP Process Update

- Piloting a process to review the RFP application before it is posted with Housing Supports for Adults with Serious Mental Illness (HSASMI) grants
- The Council/Subcommittee are being cautious with getting the RFP review underway so we have a clear process in place and are not overwhelmed by the number of grants.
- If you are participating in the RFP Review, remember to submit an invoice to receive your per diem.

Future Priority Topics

- Crisis Services
- Family First Legislation
- Supported Employment
- BIPOC Workforce
- Supported Housing MA benefit



STATE ADVISORY COUNCIL ON MENTAL HEALTH
and Subcommittee on Children's Mental Health

- Please complete the survey about meeting topics that was sent to you (link made available during meeting). Abbie will follow up about results of survey and share at future meeting

Other

- Discussion about potential for a state government shut down if a budget is not passed. Council/Subcommittee voted to write a letter to legislative leadership stressing the importance of passing a budget before the June 30 deadline so not to disrupt mental health supports and services in our state. David Nathan and Cici Hughes will draft letter.
 - If there is a shutdown, state employees (including Abbie) will not be at July 1 meeting.
- Council/Subcommittee voted to sign onto the Mental Health Legislative Network (MHLN) letter to pass the Mental Health Workforce bill.

Next steps and closing

- Abbie will follow up with Governor's Office about when councils can meet in person again
 - DHS is closed to the public until further notice
- Submit meeting invoices to mhadvisory.council.dhs@state.mn.us as soon as possible; remember you can submit invoices for workgroup meetings. All invoices must be submitted electronically – cannot process invoices mailed/faxed to the office. Please reach out to Abbie if you have questions about invoices
 - If unable to sign invoice, include the following in body of email: "I hereby certify that the services and/or expenses listed on my invoice have been rendered or incurred, are correct and just and that payment has not already been received."

Next Council/Subcommittee Meeting:

Date: July 1, 2021
Time: 10:00am-1:00pm
Location: [WebEx Only](#)

Request:

Submit written updates from your Agency/Organization/Community about current mental health activities by 9am on the day of Council and Subcommittee meetings. These written updates will be included in meeting minutes.

Reminder:

More information about the State Advisory Council on Mental Health and Subcommittee on Children's Mental Health, including meeting minutes, reports, and membership lists, can be found online: <https://mn.gov/dhs/mh-advisory-council/>



STATE ADVISORY COUNCIL ON MENTAL HEALTH
and Subcommittee on Children's Mental Health

Updates from state agencies:

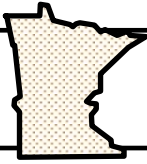
DEED / Vocational Rehabilitation Services (VRS):

- Vocational Rehabilitation Employment Services (VRS) and State Services for the Blind (SSB) Workforce Development teams will return to providing in-person service on a limited basis. The Pandemic has impacted the way we serve our customers over the last year. While our entire agency has developed innovative ways to provide services remotely, we know that some customers are best served in person. We are moving first with VRS and SSB because people with disabilities are a particular customer group for which in-person services are critical. The teams will be focusing only on services that cannot be provided virtually: job placement and on the job supports for Minnesotans with disabilities, as well as training and assessment on assistive technologies and adjustment to blindness. The teams have a process in place to schedule and screen customers, as well as protocols to keep both customers and employees safe.
- On April 30, DEED convened a special Roundtable Event that focused on the business impact of hiring people with disabilities. The recording of the 45-minute event can be found on [DEED's YouTube page](#). It is worth a look to see how people with disabilities are helping to power Minnesota businesses and rebuild the economy. The roundtable event featured DEED Commissioner Steve Grove, who was joined by staff and directors from VRS and SSB, along with Minnesota employers and workers discussing how people with disabilities represent an untapped talent pool for rebuilding the state's economy.
- A new study released by the Minnesota Department of Employment and Economic Development (DEED) presents early findings about Minnesota workers who were laid off during March through June of 2020 and the most up-to-date information we have about their employment status. The information about how different groups of workers fared is analyzed by part-time/full-time and regular/seasonal status, as well as by wage level, racial and ethnic background, industry and occupation. This article, points to steps that could be taken to help address these challenges and connect Minnesotans who need work with the employers who need them. See the entire article [Reemployment After COVID-19 Layoffs in Minnesota: Early Findings](#) for greater detail and further analysis.

DHS:

Direct Care and Treatment (DCT) is preparing to launch a newly enhanced and integrated model of client care in all DHS-operated programs. The model will be implemented in DHS's psychiatric hospitals and other mental health treatment facilities, inpatient addiction treatment centers, dental clinics, group homes, vocational services programs, and sex offender treatment facilities later. *Core 4* is an innovative model that intertwines four best practices for care:

- **Person-centered thinking**, which recognizes the unique needs of each client and uses power with them, not over them
- **Positive behavior support**, which aims to better understand behavior and helps clients to build and use skills
- **Motivational interviewing**, which gives clients the tools they need to examine and change their own behaviors and solve their own problems as much as possible
- **Trauma-informed care**, which recognizes how physical, emotional, and psychological trauma affects clients



STATE ADVISORY COUNCIL ON MENTAL HEALTH
and Subcommittee on Children's Mental Health

Department of Corrections (DOC):

No updates shared

MDE:

- MDE and DHS are training school districts across the state on Medicaid coverage of certain mental health services provided by schools to students who do not have Individualized Education Programs (IEP's) or Individualized Family Service Plans (IFSP's), e.g. students with 504 Plans or other students. The covered services also include certain mental health services provided to students with disabilities when these services are not part of their IEP or IFSP. These services are Outpatient Mental Health Services covered under School-based Community Services, and include: Children's Therapeutic Supports and Services (CTSS); Diagnostic Assessments; Explanation of Findings; Family Psychoeducation; Health and Behavioral Health Assessments; Psychotherapy for Crisis; Psychological Testing; and Psychotherapy. For more information contact Julie Neururer (MDE) at julie.neururer@state.mn.us.
- As part of the Children's Cabinet Mental Health Action Group, MDE and DHS co-chair a workgroup comprised of school district mental health professionals and community care and treatment providers to find opportunities for improving the current Children's Therapeutic Services and Supports (CTSS) system in ways that will increase student and family access, provide services and supports more effectively for children and youth, and build local partnerships between schools and community providers that increase the capacity of both and result in communitywide supports for children and youth. For more information, contact Tom Delaney (MDE) at thomas.delaney@state.mn.us.
- The MDE School Climate Center invites school district teams to apply for participation in the third Collaborative Improvement and Innovation Network (CoIIN) annual cohort. This third CoIIN focuses on making measurable improvements in the mental health and well-being of students during the 2021-22 school year, and will be facilitated by MDE in partnership with the Minnesota Department of Health Suicide Prevention Unit and the Midwest Center for School Mental Health. Teams will work together to advance effective comprehensive school mental health systems that contribute to improved student and school outcomes, including greater academic success, reduced exclusionary discipline practices, improved school climate and safety, and enhanced student social and emotional behavioral functioning. For more information, contact Lisa Hoogheem (MDE) at lisa.hoogheem@state.mn.us.
- The 2021 Virtual Minnesota Positive Behavioral Interventions and Supports (PBIS) Summer Institute and Film Festival is June 16 and 17, 2021. PBIS is an evidence-based framework of practices in a multi-tier system of supports (MTSS) for behavior, one component of a comprehensive school mental health system. There is no cost for the Institute, but registration is required. This year's keynote will be Dr. Tamika La Salle, University of Connecticut (UConn), the school climate and culture coordinator for the Center on PBIS. Breakout sessions will focus on connecting PBIS with practices that promote equitable outcomes in education, and aligning initiatives in the PBIS framework. More information and registration can be found on the Summer Institute webpage (<http://pbismn.org/summer-institute/index.php>), along with the request for Film Festival Submissions. For more information, contact Tom Delaney (MDE) at thomas.delaney@state.mn.us.



STATE ADVISORY COUNCIL ON MENTAL HEALTH
and Subcommittee on Children's Mental Health

MDH:

No updates shared

Minnesota Housing Finance Agency (MHFA):

No updates shared

Governor's Office:

No updates shared

Governor's Children's Cabinet:

No updates shared

Minnesota Safety Council

The Minnesota Safety Council has launched a new [mental health webinar series](#) in collaboration with [NAMI Minnesota](#) (National Alliance on Mental Illness). The series features mental health educators who will discuss various challenges and concerns brought about by the COVID-19 pandemic as well as share resources to support mental well-being.



STATE ADVISORY COUNCIL ON MENTAL HEALTH
and Subcommittee on Children's Mental Health

Workgroup Minutes:

Family Systems, Prevention, Intervention, & Supports

N/A

Integrated Care & Access

Attendees: Claire Courtney, Cynthia Christensen, David Lee, Ken Moorman, Mary Kjosling, Michael Trangle

1. Minutes were approved as is.
2. Unbeknownst to us during our workgroup meeting, legislative leaders had just agreed to global budget targets. Each legislative conference committee has until June 4 to finish their negotiations between Senate and House bills and budgets. We shared our latest intelligence regarding the status of:
 - the telehealth bills
 - PsyPact Bills
 - Bed Moratorium bill
 - USS Uniform Services bill
 - Parity situation (there is no new state bill but a recently enacted federal one)
3. We shared the letter which was sent to legislative leaders and members of the relevant conference committee.
4. We spent the remainder of our time discussing the severe shortage of psychiatric beds in greater MN, its impact, and brainstorming potential solutions.

Next Meeting: June 15, 8am

Local Advisory Council

Date: WEDNESDAY JUNE 2

Chair: PASTOR ROZENIA HOOD FULLER, MDIV

Attendees: 2

Workgroup Goals: HEAR FROM FOLKS WITH MH LIVED EXPERIENCE RE: UNMET NEEDS DURING PANDEMIC. THIS INFO INFORMS THE WORK OF SACMH LAC

Agenda / Current Tasks: INTRO TO SACMH/LAC WORKGROUP ACTIVITIES

Discussion: LAC AWARENESS- PART 1 CONCERNS-PART 2 CELEBRATIONS

Decisions made: FOLLOW UP WITH NANCY RAMON- PATRICIA SIEBERT- SHARON P.

Action items:

Action Steps	Person Responsible	Due Date
CONTINUE TO RECRUIT FOLKS FROM THE URBAN /RURALCOMMUNITY TO THE SACMH LAC	PASTOR ROZENIA	8/1/21
CONTINUE TO ENCOURAGE TRI VALLEY INVOLVEMENT VIA NANCY RAMON	PASTOR ROZENIA	8/1/21



STATE ADVISORY COUNCIL ON MENTAL HEALTH
and Subcommittee on Children's Mental Health

CHECK IN WITH KAY AGAIN AT NAMI REGARDING HOARDING INFO/CONFERENCE	PASTOR ROZENIA	
CHECK IN WITH ABBIE REGARDING WEBEX?		
SUBMIT SACMH LAC MINUTES	PASTOR ROZENIA	
PHONE CALL / EMAIL/TO NANCY RAMON	PASTOR ROZENIA	6/2/21

Next meeting: WEDNESDAY BEFORE 1ST THURSDAY JULY 2021, 3:30PM

Mental Health & Juvenile Justice

Chair: Cici Hughes **Co-Chair:** Melissa Dau

Attendees: (Members bolded were in attendance) **Cici Hughes**, Linda Hansen (rep to cultural diversity), **Corey Harland**, **Melissa Dau**, Stephanie Podulke, Rod Peterson, BraVada Garrett-Akinsanya, Jeffrey Lind, Angie Hirsch, **Michael Gallagher**, Eren Sutherland

Agenda / Current Tasks:

1. Question if this is an open group can we invite other we know that would be a good fit. Lisa Becking, DOC licensing Interim director was brought up.

Discussion:

1. If members have contacts that would be good fits for the workgroup they will bring them up during a meeting and get agreement to invite them. All agreed to have Lisa Becking invited to join the workgroup, Melissa Dau will invite to next meeting.
2. Next meeting members are to come with ideas for topics and speakers we would like at our meetings. Will also brainstorm this at next meeting and prioritize.
3. Discussed due to the lack of agenda items we would end the meeting early. Cici offered to send an email to group the week before the meeting to gather agenda items. Group thought this would be helpful.
4. Other topics discussed None

Action items:

Action Steps	Person Responsible	Due Date
Senate file 116 research and bring back up to WG	Rod Peterson	Not set
Send email to group about coming to next meeting with topics and speakers they would like to hear from.	Cici Hughes	6/3/2021
Send email to group the week before meeting to gather agenda items	Cici Hughes	On going

Next meeting: *Date:* 7/1/2021, *Time:* 9:00 am (Prior to full Council/subcommittee meeting)



STATE ADVISORY COUNCIL ON MENTAL HEALTH
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Mental Health & Schools

N/A

Outreach to Cultural Diversity

N/A

Recovery Supports

N/A

State Fair Planning

N/A