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STATE ADVISORY COUNCIL ON MENTAL HEALTH  
*and Subcommittee on Children's Mental Health*

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## November 7, 2019 – 10:00am-2:00pm

Attendees: Alison Wolbeck, Jeff Lind, Steve Hansberry, Dave Lee, Ed Morales, Kim Stokes, Nick Puente, Cecilia Hughes, Claire Courtney, Elise Holmes, Aaron Garcia, Linda Hansen, Cindy Slowiak, Michael Trangle, Joy Johnson-Lind, Michelle Schmid-Egleston, Maleenia Mohabir, Rozenia Fuller, BraVada Garrett-Akinsanya, Sam Smith, Jode Freyholtz-London, Dave Johnson, Noah McCourt, and via phone: Jennifer Giesen, Donna Lekander, Danielle Norby Lien

## Location:

DHS Elmer L Andersen Building, Room 2380, 540 Cedar Street, St. Paul, MN 55101, **Parking code 7174**  
Teleconference number: 1-415-655-0003 access code: 966 818 192

## Next Meeting:

December 5, 2019

### Joint meeting 10am-12:30pm

DHS Andersen Building

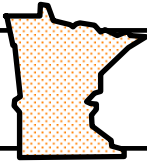
540 Cedar Street, St. Paul, MN 55101

Room 2360 with Vidyo Telepresence upon request – notify [Abigail.franklin@state.mn.us](mailto:Abigail.franklin@state.mn.us) for Vidyo

## Joint Meeting Notes:

Welcome and Introductions

- Minutes 10/5/19 agenda approved
- Other topics for discussions
  - will have special election in December for SAC Vice Chair. Steve is moving and no longer able to hold this role.
  - If your term is set to expire in January 2020, please reapply as soon as possible to be considered in this round of reviews. On October 7, Emails with instructions on how to complete the application and supplemental questionnaire were sent to those whose terms are ending.
- Public comments: Tiffany Kovaleski, MN State Coordinator, Building Healthy Military Communities – BHMC is a 7- State Pilot (Florida, Indiana, Maryland, Minnesota, Mississippi, New Mexico and Oklahoma) which aims to better understand and address the unique readiness and well-being challenges faced by geographically dispersed Service Members and their families. The State Coordinator (SC) is the key focal point to better understand the requirements, capabilities, and gaps to achieving readiness for service members and their families by aligning with the state community partners bringing a military lens to work within their local regional areas. A comprehensive strategic State Action Plan addresses these unique challenges in support of Total Force Fitness (TFF), which is DoD's framework for improving readiness and well-being.
- Letter to Behavioral Health Division Director Maisha Giles shared with Council/Subcommittee. Letter and response are included at the end of these minutes. The Council/Subcommittee have requested to be more involved in the grant process and would like to be included at the



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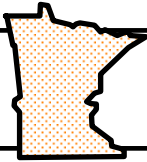
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development stage of RFPs. Discussion about the newly formed Behavioral Health Planning Council – this is a federally mandated council charged with oversight of the Federal Block Grant which includes both mental health and SUD funds.

- Future meeting topics requests:
  - What has DHS learned from the asset verification process for MA and how many individuals have lost MA as a result of this new form requirement?
  - Children's Crisis Housing Innovative Legislation Development CCHILD Work Group updates – what progress has been made to keep children from becoming wards of the county/state if they need residential services?
  - Updates on CCBHCs in Minnesota
- MDH Updates:
  - MN Thrives: Encourage your community partners to share their success stories <https://redcap.health.state.mn.us/redcap/surveys/?s=C4ADKRT8LH>
  - Statewide Health Improvement Partnership (SHIP) has historically focused on active living, healthy eating, and tobacco cessation. Now SHIP is including a focus on mental health in their work
  - Title V priorities: 11 workgroups are being formed. Strategy areas include: Care during pregnancy and delivery; Infant mortality; Comprehensive early childhood systems; Adolescent suicide; Access to services and supports for children with special health needs; Housing; Accessible and affordable health care; Mental well-being; American Indian family health; Parent and caregiver support; and, Boys and young men. More information about Title V can be found online <https://www.health.state.mn.us/communities/titlev/assessment.html>
  - NE MH Summit had over 100 participants and news coverage. Request for Anna Lynn to share her presentation at a future SAC/Subcommittee meeting
- DHS Updates: BHD information, Nick Puente: MN LifeSkills Training Project – 98 schools initially applied, after site visits, 78 schools finalized their application. 70 will be selected. Participant schools are being asked to participate in the MN Student Survey. PRTF RFP posted – proposals due 12/02/2019, Women with Substance Use Disorders RFP posted – proposals due 11/18/2019, Culturally-Responsive & Family-Centered Residential Treatment and Recovery Services for Pregnant and Post-Partum Women. To find more information about DHS posted RFPs visit: <https://mn.gov/dhs/partners-and-providers/grants-rfps/open-rfps/>
- State Advisory Council / Subcommittee on Children's Mental Health Work plan: This is a living document that may change with the various efforts of the Council and Subcommittee. All activities will be tied to a legislative charge. Please review the draft, make changes, comments, add your ideas and return your comments to [abigail.franklin@state.mn.us](mailto:abigail.franklin@state.mn.us) prior to our December 5 meeting. We will be discussing the work plan at length during the December meeting.
- Plan for 2020 Legislative Report:
  - Timeline and Process for submitting recommendations shared with everyone. Plan to have 3-5 priority recommendations for each workgroup; we will then prioritize these recommendations for the 2020 Report. Having recommendations finalized by May 2020



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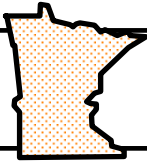
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will allow the Council/Subcommittee to have plenty of time to meet with other stakeholders and Legislators throughout summer/fall 2020.

- Discussion about workgroups. Want to keep all seven workgroups. Please commit to a workgroup and actively participate in the efforts. Meetings can be held via Vidyo, on days other than the Council/Subcommittee meetings. The chair of the workgroup should schedule meetings and update their members of the time/location of these meetings. Please take notes and return those to [abigail.franklin@state.mn.us](mailto:abigail.franklin@state.mn.us) for inclusion in minutes.
- Workgroup updates:
  - Mental Health & Schools: wants to engage school leaders in how discipline can have an impact on mental health in children. Need to use evidence based practices and trauma informed care in relation to school disciplinary actions. Will be looking at how to get more resources into schools. There is overlap between schools and Juvenile Justice.
  - Juvenile Justice & Mental Health: workforce is something the entire council should be working on, needs of top 15% of kids = these kids are in the correctional system which does not have the ability to meet mental health needs, PRTFs are not secure to meet the safety needs of these children, SUD prevention for parents and kids, early intervention = work on prevention with 3 year olds! What are we doing to create community resources so that children can remain in their community and succeed, why do some kids end up in residential services? Research around what communities do to keep kids out of residential, what is the service that is making these kids successful? Children's Intensive Mental Health Services Study from Wilder [https://www.wilder.org/sites/default/files/imports/DHSIntensiveMentalHealthServicesReport\\_3-19.pdf](https://www.wilder.org/sites/default/files/imports/DHSIntensiveMentalHealthServicesReport_3-19.pdf).
  - Cultural Diversity: creating an innovative, inclusive infrastructure for the entire Council and Subcommittee. Look at community members to participate in the workgroup. Create a solid date and time for ongoing meetings. BraVada will lead the efforts to integrate diversity into all workgroups. Recommendation to have a representative from each workgroup be part of this group.
  - Integrated Care and Access: outpatient access to care, appointments for CD, improve integration of BH and Primary Care, improve access to telemedicine, and improve access to psychiatric beds, Increase funding for loan forgiveness for mental health professionals, mental health rates should cover the cost of the service. Talking/meeting with DNR re: reduced rates for individuals with mental health needs just like the reduced rates for individuals with physical disabilities. Prescription Parks is a national campaign to have physicians prescribe access to nature. At the federal level, proof of disability equals discounted rates. For DNR to broaden their definition of disability is it a rules issue or does it require change in legislation? Sam will follow up on this.
  - LAC workgroup: Will continue to meet on the Wednesday prior to Council/Subcommittee meetings. Want to look at how we prove that counties have consumers on their LACs and are meeting their statutory charge. Also, when we have a request of DHS we want a timely response from DHS.



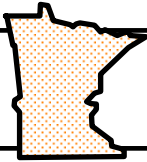
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- Recovery Supports: needs to recruit additional members, wants to have 9:15-10:30am meeting on day of Council/Subcommittee meetings.
- Family Systems: will look into how to incorporate Title V workgroup (MDH) recommendations into Council/Subcommittee efforts. Need to look at what data we have about families and determine plan on how to be trauma responsive.



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**From:** "Giles, Maisha I (DHS)" <[maisha.giles@state.mn.us](mailto:maisha.giles@state.mn.us)>

**Date:** November 6, 2019 at 9:20:22 AM CST

**To:** Dave Lee <[Dave.Lee@co.carlton.mn.us](mailto:Dave.Lee@co.carlton.mn.us)>

**Cc:** "Schmid-Egleston, Michelle (DOC)" <[michelle.schmid-egleston@state.mn.us](mailto:michelle.schmid-egleston@state.mn.us)>, "Jeffrey Lind ([jeffrey.lind@co.beltrami.mn.us](mailto:jeffrey.lind@co.beltrami.mn.us))" <[jeffrey.lind@co.beltrami.mn.us](mailto:jeffrey.lind@co.beltrami.mn.us)>, "Steve Hansberry ([stevehansberry@ymail.com](mailto:stevehansberry@ymail.com))" <[stevehansberry@ymail.com](mailto:stevehansberry@ymail.com)>

**Subject:** RE: Request from the Subcommittee on Children's Mental Health & State Advisory Council on Mental Health

Good Morning Dave,

Thank you for the letter. The Behavioral Health Division (BHD) values the work & role of the Subcommittee and State Advisory Council and looks forward to strengthening our partnership. I have a meeting set-up with my leadership team to further process the letter, along with your specific request.

Kindly,

Maisha

**Maisha Giles**

Behavioral Health Director | Behavioral Health Division

**Minnesota Department of Human Services**

PO Box 64981

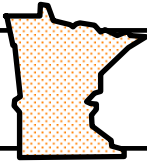
St. Paul, MN 55164-0981

O: 651-431-2326

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[mn.gov/dhs](http://mn.gov/dhs)





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**From:** Dave Lee <[Dave.Lee@co.carlton.mn.us](mailto:Dave.Lee@co.carlton.mn.us)>

**Sent:** Monday, October 21, 2019 9:06 AM

**To:** Giles, Maisha I (DHS) <[maisha.giles@state.mn.us](mailto:maisha.giles@state.mn.us)>

**Cc:** Schmid-Egleston, Michelle (DOC) <[michelle.schmid-egleston@state.mn.us](mailto:michelle.schmid-egleston@state.mn.us)>; Jeffrey Lind ([jeffrey.lind@co.beltrami.mn.us](mailto:jeffrey.lind@co.beltrami.mn.us)) <[jeffrey.lind@co.beltrami.mn.us](mailto:jeffrey.lind@co.beltrami.mn.us)>; Steve Hansberry ([stevehansberry@ymail.com](mailto:stevehansberry@ymail.com)) <[stevehansberry@ymail.com](mailto:stevehansberry@ymail.com)>

**Subject:** Request from the Subcommittee on Children's Mental Health & State Advisory Council on Mental Health

Good Morning Director Giles,

Please find attached a letter from the Subcommittee on Children's Mental Health and the State Advisory Council on Mental Health. We want to update you on changes within the Subcommittee and Council, along with requests for additional, regular information from the Department of Human Services that will allow us to better fulfill our statutory responsibilities.

Please let us know if you have any questions or need further clarification.

Sincerely,

Dave Lee

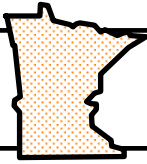
Dave Lee, MA, LP, LMFT, LICSW

Chair, Minnesota State Advisory Council on Mental Health

Director, Carlton County Public Health & Human Services

O) 218-878-2844

C) 218-221-6078



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**STATE ADVISORY COUNCIL ON MENTAL HEALTH**  
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October 18, 2019

Maisha Giles  
Behavioral Health Director  
Minnesota Department of Human Services

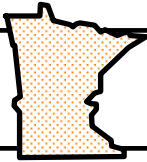
Dear Director Giles:

At the October joint meeting of the State Advisory Council on Mental Health and the Subcommittee on Children's Mental Health, we discussed the future strategic direction for both advisory groups. We have experienced many positive changes recently and have an increased level of interest and energy, leading to more proactive mental health work that we are doing on behalf of the citizens of Minnesota. As part of our realigned efforts, we are working more closely with the Governor's Office and the Secretary of State's Office to expedite the appointments from the Governor.

As you are aware, both the State Advisory Council and Subcommittee on Children's Mental Health are defined in [Minnesota Statute 245.697](#) and have been active since 1987 and 1989, respectively. Upon reviewing the duties as outlined in MN Statute, we are prioritizing the efforts of both the Subcommittee and Council, planning to meet more frequently in joint meetings, and will be more focused on statutorily required efforts with emphasis on the report to the Governor and Legislature. Subdivision 2 details duties in which our joint committee is ready to be more deeply involved and we are prioritizing points 1, 2, and 7.

Subd 2. Duties. The State Advisory Council on Mental health shall:

1. advise the governor and heads of state departments and agencies about policy, programs, and services affecting people with mental illness
2. advise the commissioner of human services on all phases of the development of mental health aspects of the biennial budget
3. advise the governor about the development of innovative mechanisms for providing and financing services to people with mental illness
4. encourage state departments and other agencies to conduct needed research in the field of mental health
5. review recommendations of the subcommittee on children's mental health
6. educate the public about mental illness and the needs and potential of people with mental illness
7. review and comment on all grants dealing with mental health and on the development and implementation of state and local mental health plans
8. coordinate the work of local children's and adult mental health advisory councils and subcommittees.



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Regarding Subd. 2, Part 7, we formally request to be included in the development and review of all Request for Proposals that the Department of Human Services issues related to both children's and adult mental health. We will plan to have a portion of our monthly agenda dedicated to this responsibility. We understand this will require some planning and process development and look forward to developing this in partnership with the Behavioral Health Division.

With the renewed commitments from our members, we have been able to expand on what we had historically accomplished. One of our most recent successes has been the development of Mental Health Awareness at the Minnesota State Fair event in 2018 and repeated in 2019. We have partnered with NAMI Minnesota to bring over 50 mental health exhibitors together for a daylong event in the center of the Minnesota State Fairgrounds. We already have over 100 organizations that are asking to be a part of this event next year! In addition to the successful education and awareness, we recently reviewed our 2018 Report to the Governor and Legislature and are very pleased to report that seven of our recommendations were included in statutory changes during the last legislative session.

Please let us know if you need any additional information from our leadership team on both the Minnesota Subcommittee on Children's Mental Health and the Minnesota State Advisory Council on Mental Health. We look forward to working with you more closely in the future to improve mental health services for all Minnesotans.

Sincerely,

Michelle Schmid-Egleston  
Co-Chair  
Subcommittee on Children's Mental Health

Dave Lee, MA, LP, LMFT, LICSW  
Chair  
State Advisory Council on Mental Health

Jeffrey Lind  
Co-Chair  
Subcommittee on Children's Mental Health

Steve Hansberry  
Vice-Chair  
State Advisory Council on Mental Health