



Seniors and People with Disabilities on Managed Care Advisory Committee Meeting

Special Needs Purchasing Team

November 13, 9:30am-11:30am

Welcome!

- Thank you for attending the Advisory Committee for Seniors and People With Disabilities on Managed Care!
- The Advisory Committee meets twice per year, approximately March and November
 - Meetings are held in-person and virtually. Paid parking is offered for those joining us in-person. We ask that you RSVP a few days in advance if you'd like to attend in-person
- The Advisory Committee welcomes anyone who is enrolled in MSHO, MSC+ or SNBC, their family, friends, caregivers, guardians or others who use these programs
- DHS staff use these meetings to gather input and ideas from members, and to share important updates
- Meetings are open to the public and we encourage attendance from anyone with an interest in these programs. We will hold space for public comment at the end of each meeting.

Agenda

- Welcome and Introductions (5 minutes)
- Updates (10 minutes)
 - Health Plan Updates for 2026
- Presentation on Medical Assistance Estate Recovery (30 minutes)
- SNBC Accessibility Survey Presentations and Feedback (45 minutes)
 - Hennepin Health
 - Medica
 - PrimeWest
 - SouthCountry
 - UCare
- Health Risk Assessment (HRA) Redesign – Discussion and Feedback (20 minutes)
- Advisory Committee Member Questions and Comments (10 minutes)
- Public Comment (time permitting)

Special Needs Purchasing (SNP) Team

- Chelsea Georgesen - Manager
- Sue Kvendru – Seniors Coordinator
- Deborah Maruska – SNBC Coordinator
- Tina Tran – Operations and MnCHOICES
- Ashley Hilbelink – Policy and Communications
- Gaushia Yang – Office and Administrative Specialist

Health Plan Updates for 2026

- 2026 Health plan contracts are still being finalized
 - Annual Health Plan Selection (AHPS) is being delayed until contracts are final
 - We anticipate having contracts finalized in the next week or two
 - MSHO and Integrated SNBC are allowed to make health plan changes on a monthly basis
- Part D Co-pays reinstated for MSHO and Integrated SNBC
 - The federal government is changing the way health plans can pay for additional benefits in 2026. This means that enrollees in MSHO and Integrated SNBC will now be required to pay a Medicare Part D copay in 2026. There are no other changes to copays.

Medical Assistance Estate Recovery

SNBC Accessibility Survey Presentations and Feedback

- Hennepin Health
- Medica
- PrimeWest
- SouthCountry
- UCare

Health Risk Assessment (HRA)

HRA is a:

- **Self-reported health care assessment**
 - Completed upon initial enrollment into managed care and annually thereafter.
- **Survey tool comprising of many healthcare related questions.**
 - Includes a broad range of questions covering various aspects of health and wellness.

Purpose of the HRA is to identify

- **Immediate health needs or concerns**
 - Detect any urgent health issues that require immediate attention and intervention.
- **Health risks and supports**
 - Identify potential health risks and provide necessary support to ensure people receive the proper health care they need.
- **Impact of Disabilities**
 - Assess how any disability affects their ability to carry out daily activities, participate in health-promoting activities, and access healthcare.

Benefits of Completing an HRA

- Preventive and Proactive Care
- Personalized Care
- Improved Health Outcomes
- Long-term Health Maintenance
- Personalized education

The HRA is conducted

- In person
- Telephone
- Mail
- Or combination of the above

Previous discussion

- Reviewed purpose of HRA
- Discussed need for questions to be relevant
- Discussed option for length of HRA
- Asked for feedback on current HRA

What we heard

- Low engagement with existing HRA tools
- Low response rate results in missed opportunities for early intervention and personalized care
- Member participation could be enhanced by streamlining the HRA which would lay the foundation for improved health outcomes

MCO Workgroup to create shortened form

- Draft set of questions developed
- MCOs are piloting questions with care coordinators and member – response has been positive
- MCOs seeking feedback from their Advisory Committees
- Input requested on three questions/topic areas

Psychosocial Question

- **In the past 3 months**, have you: (Check all that apply)
- Been stressed or anxious
- Had little interest or pleasure in doing things that you normally like
- Been feeling down, depressed, or "blue" more than usual
- Been isolated from family and friends, community activities you enjoy (stopped spending time by choice)
- None of these
- Choose not to answer
- Comment

ADL Question – Option 2

- **In the past 12 months**, did you need help with any of the following day to day activities?
- Dressing Yes/No/ Choose not to answer
- Grooming Yes/No/ Choose not to answer
- Bathing Yes/No/ Choose not to answer
- Toileting Yes/No/ Choose not to answer
- Eating Yes/No/ Choose not to answer
- Bed Mobility Yes/No/ Choose not to answer
- Transferring Yes/No/ Choose not to answer
- Walking Yes/No/ Choose not to answer

ADL Question- Option 1

- Do you need help with day-to-day activities such as bathing, dressing, eating, transferring and walking ?
- I don't need any help
- I get all the help I need
- I could use a little more help
- I need a lot more help.
- Choose not to answer
- Comments

Overall/open-ended question

- **In the past 3 months**, did you have any health needs that were not met?
 - Yes
 - No
 - Choose not to answer
 - Comment (may list unmet needs)

Your voice is needed in this continuing conversation

- As we continue to finalize an HRA that provides more engagement we invite people to continue to share their thoughts and ideas at DHS.SNP.Stakeholders@state.mn.us
- Thank you for your contributions.

An engaging HRA can empower people to take control of their health and make informed decisions.

Advisory Committee Member Questions and Comments



Public Comment

- We will limit public comment to 5 minutes (time permitting)