

## **Agenda: Health Services Advisory Committee**

*Date: Wednesday October 11<sup>th</sup>, 2023 – 5:30 – 7:30PM*

Link to meeting: <https://minnesota.webex.com/minnesota/j.phpMTID=mf0851f25dbeb40e2f82e2438aae8141d>

*Note: All council members and staff are meeting remotely*

If needing to join in person, there will be streaming of the meeting and limited staff available on site at:  
Elmer Andersen Building, 540 Cedar Street., St Paul, Minnesota 55101, Room 2360

### **Welcome**

- Welcome – Roll call and introductions

### **Housekeeping**

- Voting to approve September Minutes

### **Chiropractic Expansion**

#### **Additional Information Requested**

- Extrapinal
- Prior Authorization / Utilization of data
- Additional perspective

#### **Additional Presentation**

- Kathleen Picard, PT – Presenting on behalf of the American Physical Therapy Association

#### **Public Comment**

- Chuck Sawyer, DC – Northwestern Health Sciences University

### **Council Discussion and Recommendations**

- Evaluations / Re-evaluations per year
- Therapeutic exercise, Manual Therapy
- Neuromusculoskeletal conditions, acute, chronic pain
- PA for members under 12

### **Conclusion and Adjournment**

- Next meeting date/time: Wednesday November 8th, 2023

- Next meeting tentative agenda
- Adjournment

## Chiropractic Topic Definitions + Acronyms

- **Acute Pain:** pain that results from a specific injury, disease and/or inflammation. Generally, comes on suddenly and the cause of acute pain can be diagnosed.
- **Chronic Pain:** pain that lasts for over three months. The pain can come and go or be persistent. It can occur anywhere in the body.
- **Spinal Manipulation:** is a technique where practitioners use their hands or a device to supply a controlled thrust to the spine. The amount of force can vary but the thrust moves the joint more than it would on its own.
- **Subluxation:** a partial dislocation or slight misalignment of the vertebrae.
- **Therapeutic Exercise:** Therapeutic procedure, performed in either an active, or active assisted or passive approach, on one or more areas.
- **Manual Therapy:** Therapeutic techniques including manual traction, joint mobilization, myofascial release/soft tissue mobilization, manipulation, manual lymphatic drainage.
- **Neuromuscular:** relating to the nerves and muscles.
- **Neuromusculoskeletal:** describes the interactions between nerves, muscles, soft tissue, and bones.
- **MHCP:** Minnesota Health Care Programs (Minnesota Medicaid and MinnesotaCare)