

HCBS Final Rule Evidentiary Package

Camilia Club – Adult Day Center



Setting information

Setting name: Camilia Club Adult Day	ID # 800295
Street address: 11800 XEON BLVD NW, Coon Rapids, MN	Phone: (763)755-8400
Setting website, if applicable: Camilia Club Adult Day (http://www.camiliarose.com/camilia_club.php)	Date of site visit: 5/21/2018

Waiver service type

Waiver service	Service type:
<input checked="" type="checkbox"/> Alternative Care (AC) <input checked="" type="checkbox"/> Elderly Waiver (EW) <input checked="" type="checkbox"/> Brain Injury (BI) <input checked="" type="checkbox"/> Community Access for Disability Inclusion (CADI) <input type="checkbox"/> Community Alternative Care (CAC) <input type="checkbox"/> Developmental Disabilities (DD)	Adult Day Service

Reason for heightened scrutiny

Prong type	Category	Type of setting
Prong 1 Located in a Public or Private Institution	Name of Institution	Name of Institution Camilia Rose Care Center

Note: The term people/person (resident for residential settings) refers to people receiving Medicaid HCBS waiver services.

General summary

Camilia Club is located in a metropolitan area of Minnesota where community activities, shopping, public transportation and other public venues are accessible and within close proximity (churches, parks, retail businesses).

Camilla Club serves 40 people receiving Medicaid waiver HCBS and offers health and nutritional services and therapeutic recreation, including but not limited to coffee socials, celebration of special events, opportunities for social interactions both onsite and in the community.

Adult day provider standards/qualifications

Licensure requirements and other state regulations for adult day services clearly distinguish these services/settings from institutional licensure or regulations.

Adult day services provided in center-based facilities are directly licensed by the Department of Human Services. Adult day services serve functionally impaired adults on a regular basis for periods of fewer than 24 hours during the day in a setting that is not a residence.

Adult day service definitions that support the setting requirements

Minnesota's Community Based Services Manual (CBSM) provides the following requirements for [Adult day services](#)

(http://www.dhs.state.mn.us/main/idcplg?IdcService=GET_DYNAMIC_CONVERSION&RevisionSelectonMethod=LatestReleased&dDocName=id_002205#)

Adult day services must:

- Be based on the person's assessed needs
- Be directed toward the achievement of specific outcomes identified in the person's support plan
- Offer opportunities to participate in community groups (e.g., senior citizen centers or clubs, generic service organizations, adult education)
- Provide age-appropriate tasks and materials
- Provide community integration opportunities to enhance the person's social and physical interaction with people without disabilities
- Provide the supports necessary either to maintain or improve the person's ability to care for him or herself.

Prong 1 and Prong 2 settings

Meaningful distinction between the facility and HCBS setting

States must submit strong evidence that the setting presumed institutional has the characteristics of a HCBS setting and not an institutional setting.	
Determination	Summary
<input checked="" type="checkbox"/> Met <input type="checkbox"/> Unmet <input type="checkbox"/> Not applicable	<p>Interconnectedness between the facility and the setting in question, including administrative or financial interconnectedness, does not exist or is minimal.</p> <p>Staff are hired by Camilia club administration and receive adult day specific employee orientation and ongoing training.</p> <p>Therapy services are offered at Camilia care center, however people need to request to have these services provided. Upon intake the administrator informs people of their options for therapy services both onsite and in the community. The program administrator also reported that Camilia club helps set up outside transportation for people to go to medical and therapeutic appointments.</p>
<input type="checkbox"/> Met <input type="checkbox"/> Unmet <input type="checkbox"/> Not applicable	<p>To the extent any facility staff are assigned occasionally or on a limited basis to support or back up the HCBS staff, the facility staff are cross-trained to meet the same qualifications as the HCBS staff; (staff training materials that speak of the need to support individuals' chosen activities), (person centered planning) (the staff is trained specifically for home and community-based support in a manner consistent with the HCB settings regulations.)</p> <p>Camilia club staff are not scheduled to work with people at the care center on the same shift. There is one staff that is an on-call receptionist at the care center during times she is not scheduled to work at Camilia Club.</p>
<input checked="" type="checkbox"/> Met <input type="checkbox"/> Unmet <input type="checkbox"/> Not applicable	<p>Participants in the setting in question do not have to rely primarily on transportation or other services provided by the facility setting, to the exclusion of other options; (Describe the proximity to avenues of available public transportation or an explanation of how transportation is provided where public transportation is limited.)</p> <p>There are a variety of transportation options used by the people receiving services at Camilia Club. During the admission process people are informed of transportation options and needs are determined. The adult day program has vans that are used between for transporting people to and from the program and to provide access to community events/activities. People also use Metro Mobility and family members for transportation. For people who have requested to take a metro bus on their own, staff have driven the person to the metro bus pickup hub.</p>

<input checked="" type="checkbox"/> Met <input type="checkbox"/> Unmet <input type="checkbox"/> Not applicable	<p>The setting provides HCBS services in a space that is distinct from the space that institutional services are provided.</p> <p>People receiving Adult Day services access the adult day program through a separate and distinct entrance. There are 3 designated spaces within the setting for the adult day services.</p>
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Community engagement opportunities and experiences

Camilla Club Adult Day program is located within a residential neighborhood located near schools, churches, parks and retail stores.

Upon admission to Camilia Club, a person’s activities and interests will be assessed and document on the “participant interest form” and filed in their case file. Participants are asked for suggestions on outings/community events at monthly “Participant Council Meetings”. Staff take suggestions for outings/community events throughout the month as participants voice desires and bring these suggestions to the council meetings. Outings/community events are alternated per days of the week to provide opportunities for all participants to access and engage in community life as they choose and desire

Administration, staff and people receiving services mentioned the following community activities they have participated in:

- Picnics
- Movies
- Retail stores (e.g., Cabela’s, Dollar Store, etc.)
- Concert hall
- Out to eat
- Church services
- Bowling
- VFW.

Staff noted that they check in with people on a regular (weekly/daily) basis on their preferences related to daily activities. It was observed that people are offered a variety of activities to participate in on a daily basis, people have choice of what to participate in and schedules are varied between each person attending. Onsite activities include trivia, bingo, crafts, cards and exercise. In addition to group activities (crafts, games, etc.), Camilia Club adult day also offers the option for people to choose solitary activities (puzzles, coloring, books). If someone chooses not to participate in a community activity, they either change the schedule for the week or stay back with staff.

HCBS characteristics

<p>This section is a summary of the individual HCBS characteristics required in the HCBS rule. The findings for each characteristic are identified through the setting attestation documentation, on-site observation or both.</p>	
<p>HCBS Rule requirement</p>	<p>Compliance status (Please select)</p>
<p>The setting provides opportunities for people to seek employment and work in competitive integrated settings.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>Administration reported that staff assist as needed with arranging appropriate rides for people that are going to work. Activities in the adult day center can change if people want to participate and is at work at the time.</p>	<p>Compliant</p>
<p>The setting is physically accessible to the individual.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>Some people in the program were observed accessing different areas of the settings using wheelchairs and walkers.</p>	<p>Compliant</p>
<p>The setting provides people opportunities to access and engage in community life.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>Policy indicates that people are offered opportunities to participate in a variety of recreation/leisure activities while attending our adult day program. People are also encouraged to contribute ideas for future activities and outings. These activities are designed to promote and stimulate intellectual, physical and recreational well-being and accommodate personal interests of current participants. More information under “community engagement”.</p>	<p>Compliant</p>

<p>The setting supports the person’s control of personal resources.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input type="checkbox"/> Observation made during on-site visit</p> <p>Camilla Rose does not provide personal resource management.</p>	<p>Compliant</p>
<p>The setting ensures people’s right to privacy.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>Direct care staff and people receiving services are oriented to dignity, respect and privacy policies and procedures. These policies include the person’s right to be treated with dignity and respect, health and personal privacy and freedom from coercion and restraint.</p> <p>It was observed that the right to privacy is respected among staff.</p>	<p>Compliant</p>
<p>The setting ensures people’s dignity and respect.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>Direct care staff and people receiving services are oriented to dignity, respect and privacy policies and procedures. These policies include the person’s right to be treated with dignity and respect, health and personal privacy and freedom from coercion and restraint.</p> <p>Respectful treatment of people served was observed during the site visit. People also reported in their interviews that they enjoyed participating in the program.</p>	<p>Compliant</p>
<p>The setting ensures people’s freedom from coercion and restraint.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>Direct care staff and people receiving services are oriented to dignity, respect and privacy policies and procedures. These policies include the person’s right to be treated with dignity and respect, health and personal privacy and freedom from coercion and restraint.</p> <p>Respectful treatment of people served was observed during the site visit.</p>	<p>Compliant</p>

<p>The setting optimizes individual initiative, autonomy and independence in making life choices, including daily schedule and with whom to interact.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>The administrator reported that people receiving services known interests and strengths are taken into consideration by the program director and staff when developing the monthly calendar and that each person may choose which activities to participate in or choose not to participate. Independent activities offered to people that choose not to participate in group activities. This was verified by staff and interviews with people.</p>	<p>Compliant</p>
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Pictures of the HCBS setting



Public comment summary

The Minnesota Department of Human Services (DHS) did not receive public comments for this setting.

DHS sought public comment for 30 days (Feb. 6-March 7, 2019) before submitting settings to the Centers Medicare & Medicaid Services (CMS) for heightened scrutiny.

We sought public comments using the following methods:

- Evidentiary packages posted online on the [Home and Community Based Services Rule transition plan page](#)
- Evidentiary packages specific to each setting posted in a common area of the setting
- Notice of public comment period via [Feb. 6, 2019, eList announcement](#)
- Notification to lead agencies via regional resource specialists
- Notification to providers via email
- Notification to managed care organizations and Area Agencies on Aging (AA) via email
- Notification to long-term care ombudsman office via email
- Disability Hub MN virtual insight panel.

Minnesota's recommendation

Date of recommendation: 4/1/2019

Minnesota supports that this setting overcomes the institutional presumption and meets the requirements of a home and community-based setting. Provider is required to maintain on-going compliance with all HCBS requirements.