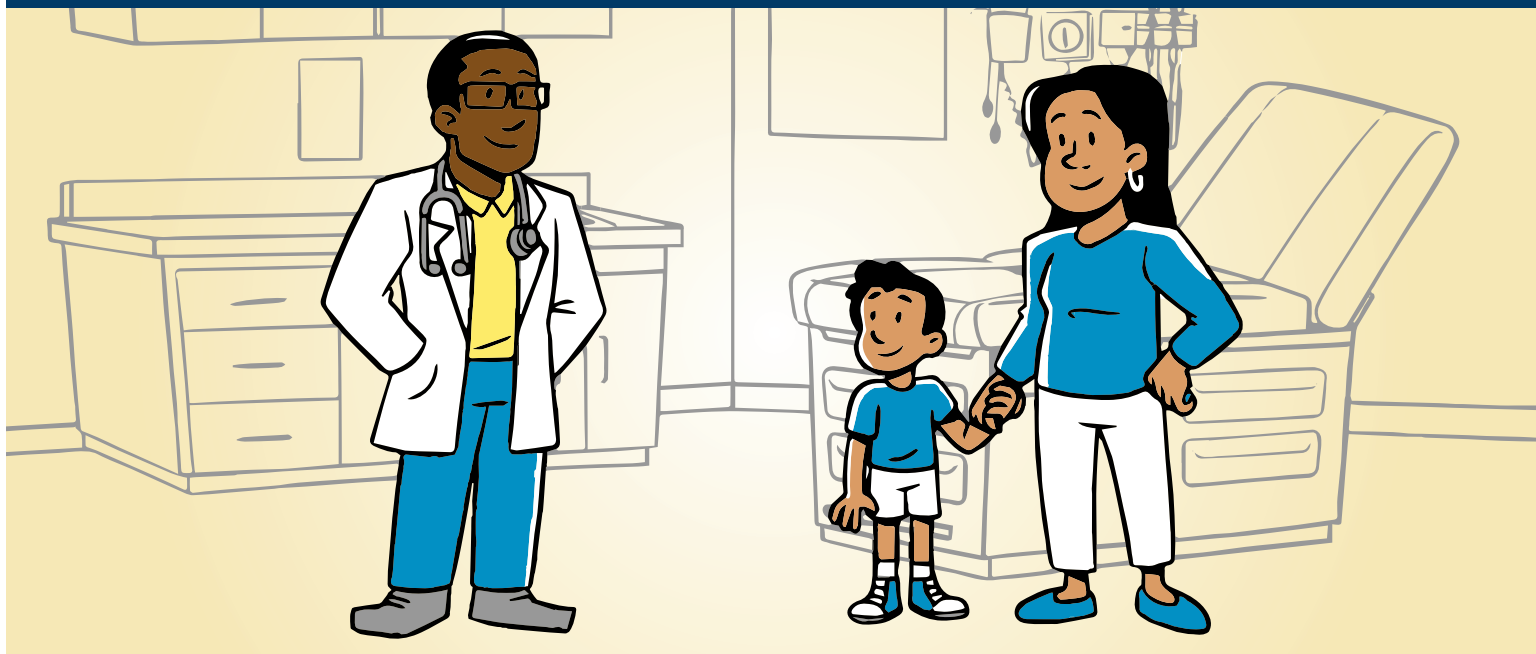


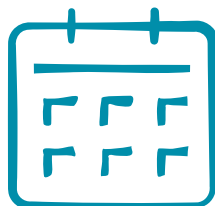
# Npaj kom txhij rau kev txuas hnuv nyooog



## Txog lub sij hawm txuas hnuv nyooog koj li kev duav roos kev saib xyuas kev noj qab haus huv lawm

Koj kev tuav pov hwm kev noj qab haus huv yuav tsum tau txuas hnuv nyooog raws ncuaj sij hawm kom tsis txhob plam kev nkag siv tau cov kev pab cuam saib xyuas kev noj qab haus huv uas tus nqi pheej yig thaum koj thiab koj tsev neeg xav tau.

Khaws koj qhov Medical Assistance los sis MinnesotaCare los ntawm kev npaj kom txhij rau kev txuas hnuv nyooog.



### Kos koj daim zwj qhia hnuv

Paub koj lub sij hawm hnuv kawg ntawm kev txuas hnuv nyooog thiab teeb kev ceeb toom qhia paub.



### Txog lub sij hawm pib lawm

Tsis txhob muab tso tseg. Txuas hnuv nyooog koj li kev duav roos kom sai li sai tau.

[mn.gov/dhs/renewmycoverage/hmong](https://mn.gov/dhs/renewmycoverage/hmong)

# Kev pab tsuas yog hu los sis nyem tam sim ntawd



## Medical Assistance

Hu rau koj lub cheeb tsum nroog lub chaw ua hauj lwm los sis lub koom haum haiv neeg qhab. Nrhiav koj lub koom haum sawv cev: [mn.gov/dhs/health-care/county-tribal-offices](https://mn.gov/dhs/health-care/county-tribal-offices)

## MinnesotaCare

Hu rau cov txhawb nqa tub lag luam: 651-297-3862 los sis 800-657-3672

## Lub vev xaib Txuas Hnub Nyoog Kuv Li Kev Duav Roos

Nrhiav cov lus qhia ua ib kauj ruam zuj zus txhawm rau los rov sau npe dua tshiab: [mn.gov/dhs/renewmycoverage/hmong](https://mn.gov/dhs/renewmycoverage/hmong)

## Cov cuab yeej nrhiav hnub txuas hnub nyoog

Kawm paub thaum koj qhov kev txuas hnub nyug txog hnub teem: [mnrenewallookup.com](https://mnrenewallookup.com)



## Hu rau koj tus kws muab kev pab cuam tuav pov hwm kev noj qab haus huv

- Blue Plus: 866-518-8448
- HealthPartners: 866-885-8880 (PMAP/MNCare/SNBC/MS+) los sis 888-820-4285 (MSHO)
- Hennepin Health: 612-596-1036
- Itasca Medical Care: 800-843-9536
- Medica: 1-877-357-3157
- PrimeWest Health: 866-431-0801
- South Country Health Alliance: 866-567-7242
- UCare: 651-603-4360 (PMAP/MNCare) los sis 1-855-307-6978 (Connect, Connect+, MSHO, MS+)
- UnitedHealthCare-MN: 877-440-9946

## Rau kev pab ua kom tiav daim foos txuas hnub nyoog

Tus coj kev uas tau txais kev pom zoo los ntawm MNsure tuaj yeem pab tau. Nrhiav ib qho:

[mnsure.org/help/find-assister/find-assister.jsp](https://mnsure.org/help/find-assister/find-assister.jsp)



## Saib thiab kawm

Cov yeeb yaj kiab muaj los pab qhia koj los ntawm cov kev lis rau kev txuas hnub nyoog.

