

HCBS Final Rule Evidentiary Package

Green Pine Acres Adult Day Services



Setting information

Setting name: Green Pine Acres Adult Day Services	ID # 186
Street address: 427 Main Street NE Menahga, MN	Phone: 218-564-4101
Setting website, if applicable: Green Pine Acres Adult Day Services (http://www.greenwoodconnections.com/pages/services/adult_day_services.php)	Date of site visit: 7/17/2018

Waiver service type

Waiver service	Service type
<input type="checkbox"/> Alternative Care (AC) <input checked="" type="checkbox"/> Elderly Waiver (EW) <input type="checkbox"/> Brain Injury (BI) <input checked="" type="checkbox"/> Community Access for Disability Inclusion (CADI) <input type="checkbox"/> Community Alternative Care (CAC) <input type="checkbox"/> Developmental Disabilities (DD)	Adult Day Service

Reason for heightened scrutiny

Prong type	Category	Type of setting
Prong 1 Located in a Public or Private Institution	Name of Institution Green Pine Acres Nursing Home	Nursing Facility

Note: The term people/person (resident for residential settings) refers to people receiving Medicaid HCBS waiver services.

General summary

Green Pine Acres Adult Day Services is located in the rural town of Menahga located in central Minnesota. The population of Menahga is 1,306 according to the 2010 U.S. census. Green Pine Acres Adult Day Services is located on the northeast side of Main Street, near other residential neighborhoods and less than a mile from retail shops, restaurants, churches and schools.

Green Pine Acres serves five older adults and people with disabilities from multiple payer sources (waiver, private pay, veteran's benefits, LTC insurance). There are three people receiving services funded through the HCBS waiver programs.

Adult day provider standards/qualifications

Licensure requirements and other state regulations for adult day services clearly distinguish these services/settings from institutional licensure or regulations.

Adult day services provided in center-based facilities are licensed directly by the Department of Human Services. Adult day services serve functionally impaired adults on a regular basis for periods of fewer than 24 hours during the day in a setting that is not a residence.

Adult day service definitions that support the setting requirements

Minnesota's Community-Based Services Manual (CBSM) provides the following requirements for [Adult day services](http://www.dhs.state.mn.us/id_002205#) (http://www.dhs.state.mn.us/id_002205#):

Adult day services must:

- Be based on the person's assessed needs
- Be directed toward the achievement of specific outcomes identified in the person's support plan
- Offer opportunities to participate in community groups (e.g., senior citizen centers or clubs, generic service organizations, adult education)
- Provide age-appropriate tasks and materials
- Provide community integration opportunities to enhance the person's social and physical interaction with people without disabilities
- Provide the supports necessary either to maintain or improve the person's ability to care for him or herself.

Prong 1 and Prong 2 settings

Meaningful distinction between the facility and HCBS setting

States must submit strong evidence that the setting presumed institutional has the characteristics of a HCBS setting and not an institutional setting.

Determination	Summary
<input checked="" type="checkbox"/> Met	Interconnectedness between the facility and the setting in question, including administrative or financial interconnectedness, does not exist or is minimal.
<input type="checkbox"/> Unmet	
<input type="checkbox"/> Not applicable	

	<p>five people receiving adult day services). The adult day program has service-specific policies that meet HCBS requirements on which staff are trained.</p>
<input checked="" type="checkbox"/> Met <input type="checkbox"/> Unmet <input type="checkbox"/> Not applicable	<p>To the extent any facility staff are assigned occasionally or on a limited basis to support or back up the HCBS staff, the facility staff are cross-trained to meet the same qualifications as the HCBS staff; (staff training materials that speak of the need to support individuals’ chosen activities), (person centered planning) (the staff is trained specifically for home and community-based support in a manner consistent with the HCBS settings regulations)</p> <p>On occasion, activity staff from the nursing home will fill in during activities. These staff are trained on adult-day-service-specific policies and requirements.</p>
<input checked="" type="checkbox"/> Met <input type="checkbox"/> Unmet <input type="checkbox"/> Not applicable	<p>Participants in the setting in question do not have to rely primarily on transportation or other services provided by the facility setting, to the exclusion of other options; (Describe the proximity to avenues of available public transportation or an explanation of how transportation is provided where public transportation is limited.)</p> <p>The adult day program has a van that is used for community events/activities and to transport people to and from the program. The program coordinator arranges transportation options after discussing with the person and his/her family.</p>
<input checked="" type="checkbox"/> Met <input type="checkbox"/> Unmet <input type="checkbox"/> Not applicable	<p>The setting provides HCBS services in a space that is distinct from the space that institutional services are provided.</p> <p>The main entrance into the Green Acres Adult Day program is separate from the nursing home, and there is a clear, designated space for the adult day program.</p>

Community engagement opportunities and experiences

It was evident in observation and interviews with people, staff and the administrator that person-centered practices are at the forefront of service delivery by:

- Respecting and honoring the things each person thinks are important and encouraging informed choice and creativity
- Supporting activities are flexible and work around the person's preferred schedule (people are not following a "set schedule")
- Encouraging people to share ideas and make choices about setting activities based on their own personal preferences and interests
- Ensuring people have opportunities and supports they need to be included fully in their community, individually and in groups, as desired
- Assisting people with developing meaningful relationships with other members of the community.

It was reported by the program administrator, staff and people receiving services that they are asked about interests and preferences regarding onsite and offsite activities every month to inform the monthly calendar of events, including offsite community activities. The monthly calendar is posted a bulletin board in the adult day program space.

Staff and people receiving services reported that off-site community activities are planned one time per week. The off-site activities are listed on a monthly calendar that people receive each month and is posted in a common area of the day program space. Staff noted that they check in with people on a regular (weekly/daily) basis on their preferences related to daily activities.

Community activities mentioned by administration, staff and people receiving services include:

- Circus
- Shopping
- Out to eat
- Zoo
- Pontoon rides
- Garden
- Garage sales
- Picnics
- Visits with community members/friends.

Onsite activities include church, music, bingo, crafts, patio time and puzzles.

The program administrator reported that people are offered a choice if they opt not to participate in a scheduled event. Individual activities will be offered as an alternative per interests.

HCBS characteristics

<p>This section is a summary of the individual HCBS characteristics required in the HCBS rule. The findings for each characteristic are identified through the setting attestation documentation, on-site observation or both.</p>	
<p>HCBS Rule requirement</p>	<p>Compliance status (Please select)</p>
<p>The setting provides opportunities for people to seek employment and work in competitive integrated settings.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input type="checkbox"/> Observation made during on-site visit</p> <p>Policy indicates that people have the option to choose their schedule for attending day services. Scheduling is flexible, and the person and/or caregiver/representative can determine the number of days he/she would like to attend each week. Days of participation can be change to accommodate a person’s work schedule.</p>	<p>Compliant</p>
<p>The setting is physically accessible to the individual.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>It was observed that doors are accessible and people are able to access rooms and move around without any barriers.</p>	<p>Compliant</p>
<p>The setting provides people opportunities to access and engage in community life.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>Policy indicates that people are offered opportunities to participate in a variety of recreation/leisure activities while attending the adult day program. People are also encouraged to contribute ideas for future activities and outings.</p> <p>See “community engagement” section for more information.</p>	<p>Compliant</p>
<p>The setting supports the person’s control of personal resources.</p> <p><input type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input type="checkbox"/> Observation made during on-site visit</p>	<p>Not applicable</p>

<p>Green Pine Acres Adult Day does not provide personal resource management. People receiving services manage their own spending money (if needed on occasion for specific community activities).</p>	
<p>The setting ensures people’s right to privacy.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>Direct care staff and people who receive services are oriented to privacy policies and procedures. These policies include the person’s right to health and personal privacy.</p>	<p>Compliant</p>
<p>The setting ensures people’s dignity and respect.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>Direct care staff and people who receive services are oriented and regularly trained on dignity and respect policies and procedures.</p> <p>Respectful treatment of people served was observed during the site visit.</p> <p>People also reported in their interviews that they enjoyed participating in the program.</p>	<p>Compliant</p>
<p>The setting ensures people’s freedom from coercion and restraint.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>Direct care staff and people receiving services are oriented to policies and procedures related to the person’s freedom from maltreatment and trained on the Vulnerable Adults Protection Act.</p> <p>Respectful treatment of people served was observed during the site visit.</p>	<p>Compliant</p>
<p>The setting optimizes individual initiative, autonomy and independence in making life choices, including daily schedule and with whom to interact.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p>	<p>Compliant</p>

Policy indicates that people have the option to choose their schedule for attending day services. Scheduling is flexible, and the person and/or caregiver/representative can determine the number of days he/she would like to attend each week. Days of participation can be change to accommodate a participant's community activities, appointments and/or work schedule.

Policy indicates that known interests and strengths of people who receive services are taken into consideration by the program administrator and staff when developing the monthly calendar and that each person may choose which activities to participate in or choose not to participate.

Pictures of the HCBS setting



Public comment summary

The Minnesota Department of Human Services (DHS) did not receive public comments for this setting.

DHS sought public comment for 30 days (Feb. 6-March 7, 2019) before submitting settings to the Centers Medicare & Medicaid Services (CMS) for heightened scrutiny.

We sought public comments using the following methods:

- Evidentiary packages posted online on the [Home and Community Based Services Rule transition plan page](#)
- Evidentiary packages specific to each setting posted in a common area of the setting
- Notice of public comment period via [Feb. 6, 2019, eList announcement](#)
- Notification to lead agencies via regional resource specialists
- Notification to providers via email
- Notification to managed care organizations and Area Agencies on Aging (AA) via email
- Notification to long-term care ombudsman office via email
- Disability Hub MN virtual insight panel.

Minnesota's recommendation

Date of recommendation: 4/1/2019

Minnesota supports that this setting overcomes the institutional presumption and meets the requirements of a home and community-based setting. Provider is required to maintain on-going compliance with all HCBS requirements.