

# Resident and Family Council Discussion Guide

## Elder Sexual Abuse in Care Facilities

This discussion guide accompanies a short video that can be accessed free on Youtube.

People who live in long-term care homes and their families are partners in preventing sexual abuse. The people who support you are being educated on abuse prevention and how to respond. Search on YouTube for “Elder Sexual Abuse in Care Facilities Discussion Guide Video” and share using this guide.

### Sexual Abuse - Identify It

Sexual abuse is the unwelcome intentional touching of another person’s intimate parts or the clothing covering those parts. It can also be another person talking you into doing something that feels uncomfortable. Sexual activity between staff and residents is illegal.

### Sexual Abuse - Report It

If something happens to you or someone you live with, report it. In an emergency, call 911. Report to staff those actions that make you feel uncomfortable. In Minnesota, call MAARC (MN Adult Abuse Reporting Center: 1-844-880-1574) or Adult Protective Services (APS) in your state.

### Sexual Abuse - Stop It

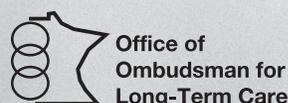
Stand up for yourself and each other. You may be afraid but you have the right to express your concerns about your care without fear of being treated differently. You are protected by state and federal law.

**You or your loved one have the right to be free from sexual abuse.**

**We are here to stand up for you, stand with you, and to help you!**

### Resident and Family Council Sharing Questions

1. What is the best thing about living here or having your loved one live here?
2. From the video, what stands out to you in Maya Fischer’s story about her mother?
3. In the video, you heard what sexual abuse is. Do you think sexual abuse could happen here?
4. Who would you tell if sexual abuse was happening to you or a loved one?
5. What does the “culture of silence” mean?
6. Have you ever been afraid to report something you saw, heard, or felt was wrong?
7. What is one thing you will do as a result of this sharing?



Office of  
Ombudsman for  
Long-Term Care

1-800-657-3591

**mn** DEPARTMENT OF  
HUMAN SERVICES  
NURSING FACILITIES  
RATES AND POLICY

1-800-657-3591

Attention. If you need free help interpreting this document, call the above number.

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ملاحظة: إذا أردت مساعدة مجانية لترجمة هذه الوثيقة، اتصل على الرقم أعلاه.

သတိ။ ဤတွဲရက်စာတမ်းအားအခမဲ့ဘာသာပြန်ပေးခြင်း အကူအညီလိုအပ်ပါက၊ အထက်ပါဖုန်းနံပါတ်ကိုခေါ်ဆိုပါ။

កំណត់សំគាល់ ។ បើអ្នកត្រូវការជំនួយក្នុងការបកប្រែឯកសារនេះដោយឥតគិតថ្លៃ សូមហៅទូរស័ព្ទតាមលេខខាងលើ ។

請注意，如果您需要免費協助傳譯這份文件，請撥打上面的電話號碼。

Attention. Si vous avez besoin d'une aide gratuite pour interpréter le présent document, veuillez appeler au numéro ci-dessus.

Thov ua twb zoo nyeem. Yog hais tias koj xav tau kev pab txhais lus rau tsab ntaub ntawv no pub dawb, ces hu rau tus najnpawb xov tooj saum toj no.

ပတ်သည့်ပတ်သားဘဉ်တကွန်. ဖဲန့မုၢ်လိၣ်ဘဉ်တၢ်မၤစၢၤကလီၤလၢတၢ်ကကျိးထံဝဲဒၣ်လံာ် တီၤလံာ်မိတခါအံၤန့ၣ်, ကိးဘဉ်လိတဲစီနီၢ်ဂံၢ်လၢထးအံၤန့ၣ်တကွန်.

알려드립니다. 이 문서에 대한 이해를 돕기 위해 무료로 제공되는 도움을 받으시려면 위의 전화번호로 연락하십시오.

ໂປຣດຊາບ, ຖ້າຫາກ ທ່ານຕ້ອງການການຊ່ວຍເຫຼືອໃນການແປເອກະສານນີ້ຟຣີ, ຈົ່ງໂທໂປສໂປສິໝາຍເລກຂອງເທິງນີ້.

Hubachiisa. Dokumentiin kun tola akka siif hiikamu gargaarsa hoo feete, lakkoobsa gubbatti kenname bilbili.

Внимание: если вам нужна бесплатная помощь в устном переводе данного документа, позвоните по указанному выше телефону.

Digniin. Haddii aad u baahantahay caawimaad lacag-la' aan ah ee tarjumaadda (afcelinta) qoraalkan, lambarka kore wac.

Atención. Si desea recibir asistencia gratuita para interpretar este documento, llame al número indicado arriba.

Chú ý. Nếu quý vị cần được giúp đỡ dịch tài liệu này miễn phí, xin gọi số bên trên.