



February 2017

MINUTES

State Advisory Council on Mental Health and Subcommittee on Children's Mental Health Joint Meeting

Meeting Date: 2/2/2017

Meeting Time: 11:00am – 2:30pm

Meeting Location: Public Employees Retirement Association Building (PERA), 60 Empire Drive, St. Paul, MN 55103, Training Room 106

Present: Melissa Balitz (Chair), Alison Wolbeck (Vice Chair), Patricia Seibert, Claire Courtney, Dave Lee, Jode Freyholtz-London, Allison Stolz, Rozenia Fuller, Steve Palmer, Ken Moorman, Mary Kjolsing, Michael Trangle, Danielle Lien, Stephanie Hogenson, Carrie Marsh, Anna Lynn, John Yanish, Suzanne Bachman (Surrogate for Shannah Mulvihill), Kim Stokes, Peggy Larkin, Jennifer Thomas, Jeffrey Lind, Donna Lekander (Co-Chair), Joy Johnson Lind, Thomas Delaney, Maggie Diebel, Dave Johnson (Co-Chair), Linda Hansen, Cecelia Hughes, Renelle Nelson, Bravada Garrett-Akinsanya

Absent: Richard Oni*, Sarah Fuerst*, Noah McCourt*, Cari Juarez, Cynthia Slowiak, and Joseph DeBoer*, Michele Fournier, Steve Hansberry*, Steve Huot*, Amoke Kubat, Jodi Martin*, Emmanuel Oppong, Tarloh Quiwonkpa, and Ken Ujifusa

Guests: Marielle Demarrias (Hennepin County Medical Center) and Jennifer Lundeberg (Southwest Health and Human Services)

Department of Human Services: Heron Abegaze, Shelley White, Bill Wyss, Matt Burdick, Claire Wilson

1. Call to Order | 11:00am – 11:05am

- State Advisory Council on Mental Health and Subcommittee on Children's Mental Health joint meeting was called to order at 11:04am.

2. Introductions and Announcements | 11:05am – 11:10am

Introductions

- Melissa Balitz, Chair, State Advisory Council on Mental Health asked all members to introduce themselves by answering the following questions:
 - Name
 - Where are from/what area of the state do you represent?
 - What/who do you represent on the council or subcommittee?
 - What was the best thing you did or what was the best thing that happened to you during the last month?
- All Council and Subcommittee members introduced themselves.

Announcements

- Melissa Balitz announced that the Subcommittee on Children's Mental Health has 5 new members and one member that has been reappointed.
- **Dave Johnson-** Representative of Educators currently working with Children with Emotional Disorder. Dave is a retired special education teacher who in his 20+ year teaching career taught in schools on two different Native American reservations. Dave is currently one of the co-chairs on the Children's Subcommittee and chairs the Mental Health and Schools Workgroup and is very focused on education and schools and how we better mental health services within schools.
- **Cecilia Hughes-** Representative of Providers of Children's Mental Health Services to Adolescents. Cecilia has been involved as a provider in various levels of the mental health continuum for over three decades.
- **Steve Hansberry-** Representative of the State Advisory Council on Mental Health. Steve is the current chair of the Local Advisory Council Workgroup for the State Advisory Council. Steve has personally seen the impact of poor mental health on his own children as they were growing up.
- **Noah McCourt-** Representative of Present or Former Consumer of Children Mental Health Services. Noah has had past and current political and advocacy involvement. Noah is currently a member of the Carver County Local Advisory Council and is a current consumer of mental health services.
- **Kimberly Stokes-** Representative of Parents of a Child with Emotional Disorders. Kim is a parent of a child with an emotional disorder who has, since her daughter started experiencing symptoms, worked to build up the availability of services in northeastern Minnesota, including co-founding the Iron Range Youth Behavioral Health Task Force.

- **Joy Johnson-Lind-** Representative of People Experienced in working with Minority Children with Emotional Disorders. Joy is the currently in charge of the departments, including interpreter services, who often provide a cultural bridge between the child and their parent and the provider of care. Additionally, she is a social worker at the largest pediatric safety net hospitals in the Minneapolis and Saint Paul area. Joy has numerous board and advocacy involvement in diverse communities.

3. Minnesota’s Legislative Process | Matt Burdick, Legislative and Stakeholder Relations, Department of Human Services | 11:10am – 11:40am

- Matt Burdick presented on the Minnesota Legislative Process and provided an overview of:
 - State Fiscal Year
 - July 1 to June 30
 - Budget setting timelines
 - This occurs during the odd year from Jan/Feb through May
 - Policy/bonding timelines
 - This occurs during the even years from Feb/Mar through April/May
 - Minnesota Department of Human Services Legislative Proposal Development Process
 - Legislative Process and Decisions made by the Governor

4. How to Talk to Your Legislator | Matt Burdick, Legislative and Stakeholder Relations, Department of Human Services | 11:40am – 12:00pm

- Melissa Balitz gave an overview of the MINNPOST article titled “A citizen’s guide to effectively engaging Minnesota Lawmakers” and encouraged Council and Subcommittee members to review this article for additional tips on how to talk to your legislator.
- For full article see, <https://www.minnpost.com/politics-policy/2016/12/citizens-guide-effectively-engaging-minnesota-lawmakers>
- Matt Burdick provided an overview of the House and Senate committee structures for the 2017 legislative session.
 - The House has a Health and Human Services Finance Committee and Health and Human Services Reform Committee
 - The Senate has a Health and Human Services Finance and Policy Committee and a Health and Human Services Reform Finance and Policy Committee
- Council and Subcommittee members were given the 2017 Directory and Committee assignments for the Minnesota Senators and 2017 – 2018 Minnesota House of Representatives Committee Information
- Matt gave a few suggestion on the best ways to connect and set up a meeting with legislators.
 - It best to meet with your legislator face to face but use technology and

other ways to connect as well

- Be nice and respectful when trying to get your point across
- Know your facts and topic areas
- Mental Health is a bipartisan issue
- Be persistent

5. Lunch | 12:00 – 1:00pm

- Lunch and networking with other members until 1:00pm

6. Governor Dayton’s Fiscal Year 18 – 19 General Fund Budget Recommendations | Claire Wilson, Assistant Commissioner, Community Supports Administration, Department of Human Services | 1:20pm – 1:50pm

- Claire Wilson, Assistant Commissioner, Community Supports Administration reviewed and provided summaries on the following change items (link to full human services budget recommendations below):
 - **Individualized Community Living** – See pages 20 – 27
 - Impact on individuals getting income supports for housing
 - Expands Minnesota Supplemental Aid (MSA)
 - Expands eligibility to MSA for individuals that are in congregant (i.e. Group Residential Housing) settings
 - Creates two services- housing transition and supportive housing – New service billable to Medicaid
 - Site specific rate reduction
 - **Substance Use Disorder Continuum of Care Redesign**– See pages 177 – 185
 - \$12 million investment in large reform in the Substance Use Disorder (SUD) system
 - Eliminates the need for Rule 25- comprehensive assessment - individual will have a choice on where to access services
 - Enhancing the detox and treatment services – licensing standards were passed in 2015 for withdrawal management
 - Providers will bill for recovery peer supports – MA billable
 - Certified Peer Specialists and Recovery Peer Supports will be aligned
 - Allows Licensed Alcohol and Drug Counselors or other appropriately licensed providers outside of a rule 36 setting (i.e. they can provide services in school settings, jails, etc.)
 - **Reinvesting County Share in Community Mental Health Infrastructure** – See pages 174 – 176
 - Proposal for \$6 million dollars back to the counties from the county share costs- proposes that up to 2.8 million will be invested

back to the counties to reinvent in their local system – this will be a Request for Proposal through the state. The proposal includes two full time positions included to manage these fund.

- **Redesigning Intensive Mental Health Services for Children-** See pages 186 – 189
- **MinnesotaCare Buy-In Option for Individual Market** – See pages 80 – 86
- **MA Rate Increase for Preventative Medical Care and Outpatient Mental Health Services** – See pages 107 – 108
- For more **full Human Services budget recommendations**, visit <https://mn.gov/mmb-stat/documents/budget/2018-19-biennial-budget-books/governors-recommendations-january-2017/human-services.pdf>
- For the **summary of Governor’s Budget recommendations**, visit http://mn.gov/gov-stat/pdf/2017_01_24_General_Fund_Budget_Rec.pdf

Questions and Comments from Council and Subcommittee members

- How would the counties’ roles change with the proposal to eliminating Rule 25 assessment? What would be the counties’ role if this occurs?
- Will there be a required training if the Rule 25 assessment is eliminated?

7. Mental Health Division Updates | Claire Wilson, Assistant Commissioner, Community Supports Administration, Department of Human Services | 1:00pm – 1:20pm

Updates

- The Mental Health Division has started having conversations about the System of Care Grant.
- There is continued coordination and conversations occurring between the Children and Families Services and Mental Health Division to address children’s concerns.

8. Council and Subcommittee Next Steps on the 2016 Report to the Governor and Legislature Discussion | Melissa Balitz, Chair State Advisory Council on Mental Health | 1:50 pm – 2:20pm

- Melissa Balitz presented on the Council and Subcommittee next steps for 2016 Report to the Governor and Legislature.
- Melissa updated the Council and Subcommittee members on her testimony on the 2016 Report to the Governor and Legislature to the House Health and Human Services Reform Committee on January 17th, 2017. The Summary of the 2016 State Advisory Council on Mental Health and Subcommittee on Mental Health Report to the Governor and Legislature was provided to the House Health and Human Services Reform Committee members.
- The Summary of the 2016 State Advisory Council on Mental Health and Subcommittee on Mental Health Report to the Governor and Legislature was provided to the Council and Subcommittee members.

- Council and Subcommittee member gave feedback on the summary of the report. Members suggested that the summary report would be a good document to have at the same time as when the full report is submitted.
- Council and Subcommittee members discussed how they can utilize the 2016 Summary report.
 - Mental Health Day on the Hill in March 16, 2017
 - Set up a one on one meeting with your legislators and bring the 2016 summary report with you
 - Ask your legislators for feedback on if they summary report was useful
 - Meeting with your workgroups and go through the summary report and highlight your workgroup's recommendations
- For more information on the State Advisory Council on Mental Health and Subcommittee on Children's Mental health 2016 report see the [2016 Report to the Governor and Legislature Full Report](#)

State Advisory Council on Mental Health and Subcommittee on Children's Mental Health Joint meeting was adjourned at 2:20pm

The State Advisory Council on Mental Health meeting was called to order at 2:20pm

- Jode Freyholtz -London informed the council chairs, Melissa Balitz and Alison Wolbeck that she wanted to discuss a letter that has been drafted by the Recovery Supports workgroup about the development of Peer Respite in Minnesota. Jode Freyholtz- London read the proposed letter to the council members and stated that she and the Recovery Supports workgroup are proposing that this letter be sent to legislators.
- Council members discussed the proposed letter to support the development of Peer Respite Services in Minnesota. There was no consensus amongst Council members to submit a letter to legislators on behalf of the Council.
- Some Council members suggested that either Jode or the Recovery Supports workgroup members can submit the proposed letter as citizens of the state without getting any approval from the Council.
- Claire Courtney- made a motion to the Council asking the State Advisory Council on Mental Health to support Peer Respite as a recovery service in the state without sending a specific letter from the Council. Council members voted unanimously in support of peer services in the state.

State Advisory Council on Mental Health meeting was adjourned at 2:35pm