

March 2017

MINUTES

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Subcommittee on Children's Mental Health

Meeting Date: 3/2/2017

Meeting Time: 10:40am – 12:00pm

Meeting Location: Elmer L. Andersen Human Services Building (ELA), 540 Cedar Street, St. Paul, MN 55101, ELA 2380

Present: Thomas Delaney, Maggie Diebel, Cynthia Fashaw, Sarah Fuerst, BraVada Garrett-Akinsanya, Steve Hansberry, Linda Hansen, Cecelia Hughes, Dave Johnson, Peggy Larkin, Donna Lekander, Jeffrey Lind, Joy Lind-Johnson, Noah McCourt, Renelle Nelson, Richard Oni, Cynthia Slowiak, Jenifer Thomas

Absent: N/A

State Advisory Council on Mental Health Member(s): Steve Hansberry

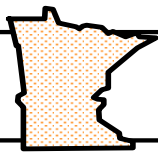
Department of Human Services: Heron Abegaze, Shelley White, Bill Wyss

Guest(s): N/A

Subcommittee on Children's Mental Health meeting was called to order at 10:43am.

1. Call to Order, Mission Statement, Introductions

- Dave Johnson, Co-Chair of the Subcommittee on Children's Mental Health called the meeting to order at 10:43am.
- Dave Johnson, Co-Chair of the Subcommittee on Children's Mental Health read the mission statement of the Subcommittee.
- Donna Lekander, Co-Chair of the Subcommittee on Children's Mental Health asked members and guests to introduce themselves.



2. Approval of December, January and February Minutes and Announcements

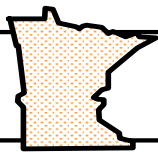
- **Approval on Minutes**
 - Subcommittee members reviewed the December 1, 2016 Subcommittee on Children's Mental Health Minutes. Minutes were approved and submitted.
 - Subcommittee members reviewed the January 5, 2016 Subcommittee on Children's Mental Health Minutes. Minutes were approved and submitted.
 - Subcommittee members reviewed the February 2, 2016 Subcommittee on Children's Mental Health Minutes. Minutes were approved and submitted.
- No announcements from Subcommittees members during this meeting.

3. Mental Health Division Updates, Bill Wyss, Children's Mental Health Supervisor

- **Mental Health Division Updates**
 - Behavioral Health Division Director Position has been posted.
 - This position will be responsible for overseeing the Mental Health Division and Alcohol and Drug Abuse Division at DHS.

4. Council and Subcommittee Meeting Protocol Review and Discussion

- Dave Johnson, Co-Chair reviewed the State Advisory Council on Mental Health and Subcommittee on Children's Mental Health – Meeting Protocols
- Meeting Protocols reviewed are below. Subcommittee members did not have further changes to the meeting protocols at this time.
 1. Meeting will begin and end on schedule.
 2. Unless modified by the Council/Subcommittee, each meeting will follow the order of the printed agenda.
 3. The meeting table is reserved for members, presenters and Council Staff.
 4. An attempt will be made to recognize people in a fair and orderly manner. Members should raise their hand and be acknowledged by the chair before speaking, unless brief follow-up or clarification is necessary.
 5. We shall value everyone's voice at the table and be cognizant to allow for the participation of all members.



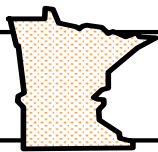
6. We will be conscientious to stay on task. We recognize that in some circumstances the importance of an issue requires flexibility in the agenda at the discretion of the chairs.
7. Non-member's will take responsibility to arrive on time and attend for the duration of the meeting.
8. A modified form of Roberts Rules of Order will be followed for decision making on items of importance and those that may require action from the Council.

5. Subcommittee Strategic Planning Discussion, Dave Johnson and Donna Lekander, Co-Chairs, Subcommittee on Children's Mental Health

- **Question 1: What priority areas can the Subcommittee focus on in CY 2017 to improve the children's mental health system in the State?**

Go Around with Subcommittee Members

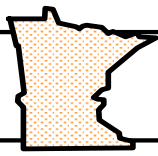
- Juvenile Justice focus for children and youth
- Schools and mental health
 - Tele-mental health
 - School based mental health issues – placements – more integration-between systems
- School based and school linked mental health grants are being utilized effectively
- Educational neglect- kids are being put into child protection – looking at gaps and unmet needs
- Priorities are hard to focus on for kids. There are a lot of systems that are fragmented
 - Focusing on coordinated system of care for kids
 - Looking at service gaps for kids and youth from the mental health system and juvenile justice system
- High fidelity WRAP around services
 - School linked services
 - CTSS Services
 - Find other ways to support families and children in the mental health system
- World's Best Workforce priorities
 - K- 12 education – all kids in the state- serve kids in the most inclusive settings
 - Address Equity with access to mental health services
 - Outcomes with providing mental health services to children – Look at gaps
 - Transition and graduation- getting kids through school and getting them to the next step- higher education and beyond
- Overarching access to services for kids- pre adolescents (children younger than 12 and kids 5 and younger and families that support them)



STATE ADVISORY COUNCIL ON MENTAL HEALTH
and Subcommittee on Children's Mental Health

- Focus on early intervention
- Focus on early access
- Improving collaboration between all systems that kids are involved in
- Increase funding for mental health
- WRAP around services for children and youth- how to best support kids and families
- More comprehensive discharge planning from inpatient settings to community settings
- Collaborating with schools since they spend most of their time there
- Looking at the mental health system and services- looking at it from an equity lens
- Focus on messaging and how we get the message across
 - What is the end product?
 - What are we trying to figure out?
- Creating more clarity of focus within the Subcommittee
- More services that address early intervention
- How do we serve the whole family at once- Creating and improving the system
- Focus more on workforce- building a workforce that can address the gaps in the system
- Focus on more services- Have funding that support services
- Focus on early identification and treatment
- Focus on simultaneously working on prevention and treatment
- More focus on access and equity in the children's services- comprehensive approach to address children's mental health concerns
- More resource devoted to school based mental health services
 - We know what works, we've seen the outcomes- we have an answer that school based mental health works – more focus on investments for this service
- Focus on appropriately training the workforce
- Have an different mindset than “putting our fires” instead let's do “fire prevention”
- Look at Substance Use Disorder from different lens – we are behind in addressing kids that have co-occurring disorders/concerns
- Early intervention – focus on children and infants but also focus on pre-morbidity
- How can we have preventative programs and services for families and parents
- Juvenile Justice- partnering with education needs to be stronger- we need analyze how we look at the cultural and equity perspective – sociocultural barriers have not been addressed in mental health- looking at these issues from ecological perspective and looking at the disproportionate numbers in the kids of color in the mental health and juvenile justice systems
- Cultural Minority Grants need to be increased and funded appropriately
- Family integrity and family unity – a lot of families that have been impacted significantly by mental illness – more focus on healing families

Question 2: In what other ways would you like to collaborate with the workgroup and the



Council?

Go Around with Subcommittee Members

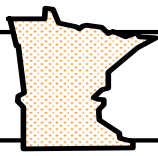
- Attending workgroup meeting where children's issues may not be currently represented
- Opportunities to collaborate with the Mental Health Division at DHS
- Opportunities to create a proposals that can be presented to the Mental Health Division at DHS
- Opportunities to expand on the multigenerational work that is occurring to include a family
- Opportunities to have a liaison to each workgroup

Question 3: How would you like to see the recommendations come together for 2018 Report to the Governor and Legislature?

- This question will be discussed in during the April 6, 2017 meeting.

6. Multigenerational Mental Health Task Force

- Sarah Fuerst, Chair of the Multigenerational Mental Health Task Force updated the Subcommittee on the history of why and how the Multigenerational Mental Health Task Force was created for the Council and Subcommittee.
- The Task Force was intended to be temporary for the 2014 report. However, the Task Force continued to work and address issues and concerns related to Mutigenerational Mental Health until the 2016 Report to the Governor and Legislature.
- The Task Force member proposed that this temporary Task Force become a workgroup with a more comprehensive focus on families systems, prevention, intervention and supports.
- Sarah Fuerst asked the Subcommittee members for feedback and for support in taking this to the State Advisory Council on Mental Health meeting on March 2, 2017 to get a vote on changing the Task Force to a workgroup and get approval on the focus and goal of the workgroup.
- Sarah Fuerst informed the Subcommittee that a member of the Task Force will attend the Council meeting to bring a motion forward to have the Task Force change to a workgroup. An update on this will be given to the Subcommittee during the April 6, 2017 meeting.



- Subcommittee members unanimously voted in support of changing the Multigenerational Mental Health Task Force to the Family Systems, Prevention, Intervention and Support Workgroup.

7. Workgroup Updates

- See March 2017 Workgroup Minutes.

Subcommittee on Children's Mental Health meeting was adjourned at 12:01pm

State Advisory Council on Mental Health

Meeting Date: 3/2/2017

Meeting Time: 1:00pm – 3:00pm

Meeting Location: Elmer L. Andersen Human Services Building (ELA), 540 Cedar Street, St. Paul, MN 55101, ELA 2380

Present: Melissa Balitz (Chair), Claire Courtney, Joseph DeBoer, Jode Freyholtz-London, Rozenia Fuller, Steve Hansberry, Stephanie Hogenson, Steve Huot, Dave Lee, Danielle Lien (Norby), Carrie Marsh, Patricia Siebert, Kenneth Ujifusa, Alison Wolbeck (Vice Chair), Allison Stolz, Ken Ujifusa, Emmanuel Oppong

Absent: Mary Kjolsing*, Amoke Kubat, Michelle Fournier, Jodi Martin*, Tarloh Quiwonkpa, John Yanish*, Steve Palmer*, Kenneth Moorman*, Anna Lynn*, Shannah Mulvihill, Michael Trangle

Subcommittee on Children's Mental Health Member(s): N/A

Department of Human Services: Heron Abegaze, Claire Wilson, Shelley White

Guest(s): Omar Hassan, Hodan Hassan, Ayan Hassan

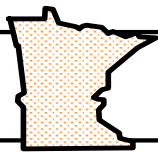
State Advisory Council on Mental Health meeting called to order at 1:00pm.

1. Call to Order and Introductions

- Melissa Balitz, Chair of the State Advisory Council on Mental Health called the meeting to order at 1:03pm.
- Melissa Balitz, Chair of the State Advisory Council on Mental Health asked members and guests to introduce themselves.

2. Approval of January and February Minutes and Announcements

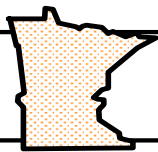
- Approval on Minutes
 - Council members reviewed the January 5, 2016 State Advisory Council on Mental Health Minutes. Minutes were approved and submitted.



- Council members briefly reviewed the February 2, 2016 State Advisory Council on Mental Health Minutes. Minutes were not approved.
 - Heron Abegaze, DHS will revise the minutes to make the motion made at the February 2, 2017 meeting more accurate.
- **February 2, 2016** minutes will be reviewed by the Council during the April 6, 2017 meeting.
- **Announcements**
- Mental Health Day on the Hill is on March 16, 2017. For more information, visit <http://www.mentalhealthmn.org/be-informed/calendar-of-events/mental-health-day-on-the-hill>.
- Rozenia Fuller, Council member, announced that the People of Color Career Fair will be held on April 27, 2017. For more information, visit, <https://www.eventbrite.com/e/people-of-color-career-fair-free-registration-candidates-registration-31581627498?aff=erelexpmlt>

3. Mental Health Division Update, Claire Wilson, Assistant Commissioner, Community Supports Administration

- **Mental Health Division Updates**
 - Behavioral Health Division Director Position has been posted.
 - The position will be responsible for overseeing the Mental Health Division and Alcohol and Drug Abuse Division
 - The Mental Health and Alcohol and Drug Abuse Division have started the integration process to become one division. The integration process will be a yearlong.
- **Comments and questions from the Council on Mental Health Updates**
 - Question: How will the leadership structure will work?
 - Answer: There will still be a Mental Health Deputy Director, Carol LaBine and an Alcohol and Drug Abuse Deputy Director, Brian Zirbes.
- **Mental Health Legislative Updates**
 - In the senate, governor's budget will be heard on March 7th, 2017.
 - Policy bills have passed the house committees and will be in the senate on March 7th, 2017.
 - Housing Reform is moving- it is being heard today (March 2, 2017).
 - Proposal to fund housing navigators
 - Rule 5 IMD Redesign- met first deadline in the house and is moving separately in the senate – will be heard in the senate on March 7, 2017
 - Psychiatric Residential Treatment Facilities (PRTFs) – passed on the house floor will be heard in the senate March 7th, 2017



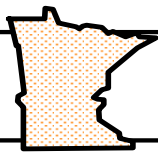
- EIDBI Benefits (Autism) - only about 50 kids are accessing this benefit- almost passed in 2016. It passed the senate committee and will be moving to house committee during this session.
- **SF1441**- Expand Individual Placement Services- this is moving forward through Department of Employment and Economic Development (DEED)
- Forecast came out. There is surplus in the budget. However, targets are not out yet and they are projected to be out early next week.

4. Mental Health Recommendations Crosswalk Presentation, Claire Wilson, Assistance Commissioner, Community Supports Administration

- Claire Wilson, Assistant Commissioner went through the 2016 Mental Health Recommendation Crosswalk.
- This crosswalk included the final recommendations submitted by the Governor's Task Force on Mental Health and the State Advisory Council on Mental and Subcommittee on Children's Mental Health in 2016.
- The purpose of the crosswalk walk is to see where parallels exist between the recommendations made by the Task Force, Council and Subcommittee and the active work the Mental Health Division is doing to carry the recommendations forward.
- Future discussion with the council will focus on the 2018 legislative session planning work that the Mental Health Division is doing.

5. Council and Subcommittee Meeting Protocol Review and Discussion

- Melissa Balitz, Chair and Alison Wolbeck, Vice Chair reviewed the State Advisory Council on Mental Health and Subcommittee on Children's Mental Health – Meeting Protocols
- Meeting Protocols reviewed are below. Council members has the following suggested changes to the meeting protocols.
- Council members suggested that there should be flexibility on how these meeting protocols are used by the chairs. Council members made some suggestions for language change for revising and adding to the meeting protocols.
- Other suggestions included:
 - **There should more checks and balances** –between the chairs and the members the council – making sure that we keep in mind our mission and purpose
 - **Suggestions for moving forward** – think about leaving 15 mins at the end for other agenda discussions – During the beginning of the meeting chairs should ask for new agenda items from members
 - Think about doing presentations during the lunch hour and take care of council business during the Council meeting times
 - There should be a more regular feedback loop with the Minnesota Legislative



Network from Council members

- Current State Advisory Council on Mental Health and Subcommittee on Children's Mental Health are listed below.
 1. Meeting will begin and end on schedule.
 2. Unless modified by the Council/Subcommittee, each meeting will follow the order of the printed agenda.
 3. The meeting table is reserved for members, presenters and Council Staff.
 4. An attempt will be made to recognize people in a fair and orderly manner. Members should raise their hand and be acknowledged by the chair before speaking, unless brief follow-up or clarification is necessary.
 5. We shall value everyone's voice at the table and be cognizant to allow for the participation of all members.
 6. We will be conscientious to stay on task. We recognize that in some circumstances the importance of an issue requires flexibility in the agenda at the discretion of the chairs.
 7. Non-member's will take responsibility to arrive on time and attend for the duration of the meeting.
 8. A modified form of Roberts Rules of Order will be followed for decision making on items of importance and those that may require action from the Council.

6. Mental Health Legislative Network Update, Melissa Balitz

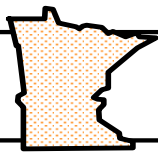
- Melissa Balitz, Chair, gave the Mental Health Legislative Network Update.
- Melissa informed the council that the Network has been focusing on the Mental Health Day on the Hill and the Blue Book.

7. Subcommittee on Children's Mental Health Update, Steve Hansberry

- Steve Hansberry gave a summary of the March 2, 2017 Subcommittee on Children's Mental Health meeting.
- See the March 2, 2017 Subcommittee on Children's Subcommittee minutes for more information.

8. Multigenerational Mental Health Task Force

- Danielle Lien and Stephanie Hogenson, members of the Multigenerational Mental Health Task Force updated the Council on the history of why and how the



Multigenerational Mental Health Task Force was created for the Council and Subcommittee.

- The Task Force was intended to be temporary for the 2014 report. However, the Task Force continued to work and address issues and concerns related to Multigenerational Mental Health until the 2016 Report to the Governor and Legislature.
- The Task Force members proposed that this temporary Task Force become a workgroup with a more comprehensive focus on families systems, prevention, intervention and supports
- Danielle Lien and Stephanie Hogenson informed the Council members that the group has already asked the Subcommittee members for feedback and they have voted unanimously in support of changing the Task Force to a workgroup.

- Stephanie Hogenson made a motion to change the Multigenerational Mental Health Task Force to the = Family Systems Prevention, Intervention, and Supports Workgroup. The mission of the workgroup will be “To support wellness of the family system and its individual parts”. The focus of the workgroup will be, “Individuals cannot be understood in isolation from one another, but rather as a part of their family, as the family is an emotional unit.”

- Melissa Balitz informed the Council members that there need to be a vote to dissolve the task force before Council member can vote on the motion.
 1. Melissa Balitz, Chair, made a motion to dissolve the Multigeneration Mental Health Task Force. The motion was seconded.
 2. Multigenerational Mental Health Task Force has been dissolved as of March 2nd, 2017.

- The Council was asked to review and discuss Stephanie Hogenson’s motion to create the Family Systems, Prevention, Intervention and Supports Workgroup.
 1. Council member suggested that the purpose should be clear and presented to the Council on April 6, 2017 meeting.
 2. Council members voted unanimously on the motion to approve the creation of the Family Systems, Prevention, Intervention and Supports Workgroup.
 3. The Family Systems, Prevention, Intervention and Supports Workgroup is created as of March 2nd, 2017.

9. Workgroup Updates

- See March 2017 Workgroup Minutes.

State Advisory Council on Mental Health meeting adjourned at 3:10pm.