

STATE ADVISORY COUNCIL ON MENTAL HEALTH
and Subcommittee on Children's Mental Health

March 5, 2020 – 10:00am-2:00pm, Work Groups 12:30-2:00pm

Location:

DHS Elmer L Andersen Building, Room 2360, 540 Cedar Street, St. Paul, MN 55101, **Parking Code: 7776**
Vidyo telepresence upon request ELA 2360

Attendees:

Alison Wolbeck, Dave Johnson, Kim Stokes, Jeff Lind, Michael Trangle, Jode Freyholtz-London, Stephanie Podulke, Claudia Daml, Addyson Moore, Elise Holmes, Claire Courtney, Ed Morales, Jennifer Bertram, Meredith Jones, Michael Gallagher, Jennifer Pedersen, Linda Hansen, Lisa Hoogheem, Sarah Fuerst, Ellie Miller, Melissa Balitz, Jamaica DelMar, Maleenia Mohabir, Jennifer Giesen, Rozenia Fuller, BraVada Garrett-Akinsanya, Kimberly Baker, Tom Delaney, Shelley White, Abigail Franklin, and via Vidyo: Cici Hughes, Donna Lekander

Joint Meeting Agenda

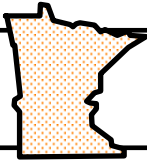
Welcome and Introductions, Approved Minutes from 2/6/2020 and today's agenda

MDH Updates

- Many staff duties have been shifted for [COVID-19 response](#). Agency wide strategic plan will be released soon for public comment. Major goal is to align with the 1 Minnesota Plan around the wellbeing of children and youth. Other priority areas: Forgoing needed care and health equity specifically focused on maternal health and post-partum depression. Council Members have interest in Conversion Therapy ban proposal; MDH is recommending the ban.

DEED Updates

- The Minnesota State Rehabilitation Council [Annual Report](#) is available online. Reach out to Claire Courtney with any questions about the report.
- Please consider applying for the [Minnesota State Rehabilitation Council](#) (SRC). SRC advises the Vocational Rehabilitation Services programming. Historically there have not been people with lived experience of mental health or substance use represented on the council. You do not have to have participated in VR to be on the SRC but knowledge of the service is helpful. Meetings are the 4th Thursday of the month from 9am-2pm. For more information, reach out to karla.f.eckhoff@state.mn.us or 651-259-7364. Apply for a seat online at the [Boards & Commissions](#) website.
- Workforce Centers have rebranded to [CareerForce](#). If you are trying to access services, ask for Vocational Rehabilitation (VR). How are VR services paid? Federal funding with a small state match. Who qualifies for VR services? Complex answer dictated by federal law. MN has 3 of the 4 eligibility categories closed due to lack of funding. Differences of waiver services and VR



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should be explored in a bigger presentation. MOU is being developed to bridge the gap between waiver services and VR.

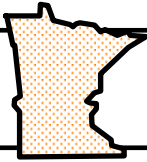
- The State Advisory Council pushes forward recommendations to the legislature about expanding Individual Placement and Supports. 36% of all the people served in VR have SMI/SPMI.
- Disability Law Center receives federal funding to help people who have been denied VR services. Call the [Client Assistance Project](#) if you have been denied services.
- Are there differences in services provided between the metro area and greater MN? Resources are limited for all of MN with specialized grants only covering 47 of all counties in the state.
- The Council and Subcommittee would like a future presentation about Vocational Rehabilitation Services, Individual Placement and Supports, and focus on transition age youth.

MDE Updates

- 2020 MN Safe and Supportive Schools Conference: Championing Transformative Learning Environments: Tuesday, March 10. This conference focuses on evidence-based strategies for improving school climate. Specific topics include: discipline policy and practices, restorative practices, Minnesota Student Survey Data, Trauma-informed practices, and Social Emotional Learning.
- Olmstead Local Improvement Grants focus on reducing the use of restrictive procedures for students with disabilities. Concept of student engagement, prevention of behavioral crisis will keep students engaged in the educational setting. Identifying things that can be done to prevent the need for restrictive procedures (physical holds, seclusion).
- Social Emotional Learning (SEL) Communities of Practice available through school climate centers. Question: what about the use of 911 calls? Will OLI grants be open to Charter Schools? Yes, in the future these grants will be available to charter schools. Are parents/students involved in these conversations? At this time we need to build that into the structure. Parent involvement is incredibly important. For SEL, what age range is this? How are disparities being addressed? Use data driven process to determine where our focus should be including which student groups and which school districts. Is there a children's advisory council for these programs? Restricted Procedures Workgroup is a legislatively mandated workgroup and the Special Education Advisory Council exists to advise on state policy related to special education. School districts need to have local special education advisory committee.
- Recommendation: In the future, when MDE is going for grants, please reach out to SAC/Subcommittee for involvement in the process.
- Graduation rates for Native American populations are getting worse...have there been things identified as to why this is? Check & Connect – ensures that every student has a caring adult who makes sure that kids are going to class and help problem solve challenges that keep them from the classroom. Need better partnership between MDE and Federal Bureau of Indian Education.

Housing Support Services, Bekah Kaufenberg-Satre, DHS

- Goal: increase access to housing and decrease homeless.



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- Criteria: must be on MA and have a disability or disabling condition, have need for housing services, and the disability must be reason for housing instability. Must show proof of disability: Professional Statement of Need (this shows all criteria and you would only need this document), medical opinion form, proof on SSI/SSDI.
- Conflict of interest requirement. This is a safety net to allow a person to be able to say “this process isn’t working, I need to switch providers.” Developing an exception process in geographic shortage area or cultural/language specific providers if there is a shortage of cultural/language specific providers in that geographic area.
- How long does it take for a person to be housed? Depends upon access. Not anticipating major barriers for a person to get into the program. What is the optimal timeline? This is person specific. It is important to know that the program has no funding to pay for housing, only pays to support the person in finding housing. We are planning to develop a training for case managers.
- MNHelp will have list of HSS providers. We need to identify more Housing Consultation providers...where are people going who might need the service? Need to imbed Housing Consultation within a variety of services. Must be enrolled as a Minnesota Health Care Provider in order to provide Housing Consultation. Need providers to understand this is not a mental health service. Providers must complete online training, have understanding of housing and complete a background check.
- This program does not address housing access for parents of children with disabilities; the adult must have the disabling condition.

RFP Follow up process planning:

- A small workgroup met this morning to draft a plan. Abbie will take notes/ideas from the discussions to create a proposal for how the State Advisory Council and Subcommittee would like to be involved in the RFP/grant-making process. The Workgroup will provide feedback on the proposal and then it will be sent to the entire membership for review. Discussion will continue at April 2, 2020 meeting.

Mental Health Day on the Hill is March 12.

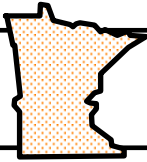
- See the [NAMI website](#) for more information.
- 9:30am Information Briefing at Christ on Capitol Hill Church
- 11-12pm Rally at the Capitol Rotunda

Mental Health Awareness at the State Fair Planning updates, Alison Wolbeck

- See [below](#) for minutes from the meeting

Other Discussion

- Children’s Defense Fund is supporting a proposal to provide grants to expand child care for children with disabilities. The funding would expand access to licensed family child care providers or licensed child care centers for children with disabilities including complex medical needs. The funding will all child care settings to become more accessible for physical and



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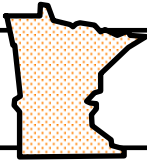
emotional/behavioral challenges. Please see the full Senate and House proposals: [SF3473](#) & [HF3693](#).

- [Understanding and Responding to Mass Incarceration](#) (URMI): from Mental Illness to Public Wellness Conference. Friday, April 17, 2020 at Metropolitan State University, 8am-4pm. The conference will examine the specific challenges faced by people with mental illness across the spectrum of mass incarceration. Pre-conference film screening, Thursday, April 16 from 6-8:30pm, The Released: The Cyclical Incarceration of Ex-cons with Mental Illnesses. The conference and pre-conference film are free events.
- **ACTION REQUIRED:** workgroups send your draft recommendations to mhadvisory.council.dhs@state.mn.us by Monday, March 30 to be included in the discussion at the April 2 meeting.

Next Meeting:

Date: April 2, 2020
Time: 10am-2:00pm
Location: DHS Elmer L Andersen Building, Room 2360
540 Cedar Street
St. Paul, MN 55101
Vidyo telepresence upon request ELA2360

Reminder: More information about the State Advisory Council on Mental Health and Subcommittee on Children's Mental Health, including meeting minutes, reports, and membership lists, can be found online: <https://mn.gov/dhs/mh-advisory-council/>



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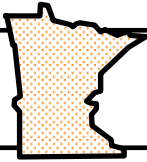
Planning Meeting for Mental Health Awareness at the State Fair

March 4, 2020

@ NAMI Minnesota Office

Minutes

- 1. Introductions** – Abbie, Clair, Courtney, Melissa, Dave Johnson & Sara
- 2. Budget**
 - a. 2019 Income & Expenses
 - i. Sara and the committee reviewed the 2019 income and expenses. The carryover from last year for this year is \$3967. The committee felt the table clothes were an important expense as it made the event look professional and well put together. They suggested either requiring or providing tablecloths of all exhibitors for the coming year. There was a concern expressed about the expense of the Cedar Creek Drummers. It was deferred so we could get Dave Lee's insight on this.
 - b. 2020 Projections
 - i. Tents, Tables & Chairs – This is a topic that Sara wanted to call out. While we seemed to benefit from partnering with the National Guard – likely by saving delivery, set up, take down, and pick up fees – this was not free. In fact, the use of the tents, chairs, and tables was about \$5,000. When Sara talked to the contact at the Guard, she didn't remember anything as free, only that we were going to split the cost of the pickup and drop off. Sounds like that may not have happened in the end, which may be where the "free" came from. The year before, it was done differently and much cheaper, but it was considerably more work and not as effective. The committee will need to decide how they want to go forward for the coming year.
- 3. Recruiting exhibitors**
 - a. Review invite
 - i. Sara presented a draft of the invite. She changed it up to highlight the emphasis on exhibitor selection criteria, with the main focus being on an engaging activity for fair goers. She still needs to confirm the official fee for state fair insurance before they can be printed and sent. The committee also needs to agree on space fees. It was \$250 for nonprofits and \$500 for companies last year, with breaks if an agency could not pay full price as approved by the committee. The committee felt it was important to regulate space, so if everyone pays the same they get the same space. If an agency wants more space, they should pay more. Sara pointed out the letter does not specify space size. Abbie and Sara are going to try to determine that so it can be put into the invite.
 - b. Review invitee list



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- i. Sara is going to send this list and ask everyone for updates to the invitee list. The goal is to send the invite out late in March and ask it be returned before the May committee meeting, so that we can make selections for participation at the May meeting.
- ii. Claire suggested all government agencies be grouped at the event together so as to save space and therefor allow more agencies to attend.

4. Recruiting stage acts and emcees

- a. Options and opportunities
 - i. The acts the committee would like to ask back are Fidgety Fairy Tales, North Star Therapy Dogs, Vail Place Renovators, Brains On, Elsa Lee & Desdemona. The Cedar Creek Drummers are popular but expensive. There were several new suggestions made including: Nora McInerney, Sam Miltich, Billy McLaughlin, and John Moe. The suggestion was made to try the panel and the proclamation again this year, possibly moving it slightly earlier.

5. Photographer

- a. Not discussed

6. Next Steps and Roles

- a. Sara & Abbie will explore booth dimension side
- b. Sara and Dave Lee will talk about tables, tents & booths
- c. Sara and Dave Lee will talk about Native American drum group and cost
- d. Sara will get cost of state fair insurance

7. Next Planning Meeting

- a. April 1 2:00-3:00pm at NAMI Minnesota (1919 University Ave W, St. Paul)